

MAY 2023

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TORBAY

Long Bay Okura Torbay Waiake Lifestyle Magazine



Janie & Brent Wilson
on 'giving back'

Celebrating our mothers
Glenvar Road update
Plus much more

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Janie & Brent Wilson— Committed in Love, Work and to Supporting Locals

Just over 14 years ago a coffee guy matched up two of his customers and JANBRE is the result. That's JAN for Janie and BRE for Brent. Janie was a Chartered Accountant and Brent was a successful businessman. After a few years, they decided they wanted to do more together. They looked for a business they could own and work as a couple and this led them to apply to become a McDonald's franchisee. With their combined financial and business expertise, it's no surprise Janie and Brent have just been named among some of the top McDonald franchisees in the country.

McDonald's like their franchisees to live close to their stores. So, when Janie and Brent were offered three stores on the Shore (McDonald's next to the Warehouse in Albany and in Westfield Albany Foodcourt, as well as McDonald's Constellation Drive) they moved from Whakatane to Browns Bay, fell in love with Torbay and bought a home in Waiake. That's lucky for us locally because Janie and Brent have a strong commitment to supporting local businesses and the community.

Firstly, they provide jobs for over 300 people across their five stores on the

Shore. Their stores also provide work experience for high school students through the Oasis Programme. Secondly, they support local businesses. All the contractors they need to clean the stores, or look after the gardens, or fix the plumbing are found locally. Thirdly, as a part of "giving back" to the communities where their stores are situated, they sponsor numerous sports teams including North Harbour Netball, Hockey and the Senior NPC Rugby men's and women's teams. They also sponsor the North Shore based Senior A League Basketball, and they support Westpac Chopper.

One new event Janie and Brent conceived of to raise funds for the Ronald McDonald House next to Starship Hospital is *Champagne on the Shore* to be held at Mercedes-Benz, Takapuna on June 8 (see pg 18). Sounds glam and it will be. There'll be champagne of course, canapés and cocktails, live entertainment and a silent auction. So, dust off your glad rags and join MC Megan Alatini, Brent and Janie for a fun night with a great outcome – ensuring families can stay close to their hospitalised child.



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1/28 Auld St	\$980,000
Units 2-5 Nerita Pl	(4) @ \$995,000 ea
3 Cashel Pl	\$1,000,000
Units 1 & 6 Nerita Pl	(2) @ \$1,048,000 ea
1 Cranston St	\$1,080,000
1/4 Mawson Ave	\$1,090,000
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BARFOOT & THOMPSON



Chair's Letter

By Steve Piner, Chairperson
Torbay Business Association

It's not hard to get lost in all the reminders, 'calls to action', and noise we are surrounded by. The older I get the more I come to realise just how much passes us by before we have a chance to understand its importance. Waitangi is often mired in controversy. ANZAC seems to be holding its own in the national conscious. Both are without question foundational in our beliefs in who we are as people of this place. Equally important on both a grand and personal scale – to remember and acknowledge – is Mother's Day. When you stop to think about what our mums do and the effect they have on and

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throughout our lives, there is no question (in my mind) they do not get paid enough!

Margie, Pat and Marewa, it's never enough, but thank you!

This month we have several contributing mums and grandmothers. Welcome to Prachi Mittal (pg 5). Kath Knight of Objects in my room (pg 7), RAFT (pg 21) and Plunket (pg 24) also reflect on the gifts and needs of mums. On the cover we have Janie with husband Brent. Janie is a model of women who are also mothers succeeding in business, as are many of our advertisers.

He's not a mum, but Laurence Van Dam of The Beer Spot was last month's guest speaker. It was a lively night with loads of insights and generous discussion. Thanks Laurence, you did an awesome job! And Alfio, giving up your night off to host our event at Piatti Italiani is deeply appreciated by all!

It's great to hear from Oliver this month about the Glenvar Road repairs. Still, I'm pretty annoyed that something can't be done to alleviate the loss of custom Long Bay businesses have suffered since Glenvar Road was closed. Quite simply, the result of decades of empty promises from politicians both local and central. We MUST do better! It's extremely frustrating that the Vaughan to Long Bay section of road can't be opened even if on a temporary relief basis. In rural areas around the country there are numerous narrow unsealed gravel roads without footpaths. All the excuses for why Vaughan Road can't be opened don't wash with me.

Torbay Kindergarten whose plight we published last month is to get some 'slow down children crossing' signs soon, and a crossing later. Let's hope "later" is not like the promises politicians have been making for years about the Glenvar Road upgrade. In the meantime, thank you to all of you who are slowing down as you near and pass the kindy.

Four mums I want to especially thank, for without them we wouldn't have this Magazine, business networking events or the community group Expo Events coming up (see pg 30) are Keerti, Marewa, Lisa and Cathy.

We have so many community clubs and groups across our Bays and we're pleased to promote them. It's also pleasing to see a lot more fun events and shows actually getting to happen. We see the East Coast Folk Club recently started up again (shared on our FB) and the Torbay Friendship Club is revving up (pg XX). Thanks to Wendy Treadwell's selling skills I've now discovered another club and I've become a member of The Bays Club (pg 19). I'm looking forward to trying their food.

Enjoy the great reading. Be sure to make use of the many offers and thanks for supporting local businesses and community groups (including us)!



Cutest little delivery person: Chelsea Fletcher

The Fine Print

To submit a story, news, poem or to advertise, email:
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Publisher: Torbay Business Association Inc. PO Box 89186,
Torbay 0742.

Website - www.torbay.co.nz

Facebook – Torbay Village, New Zealand

Instagram - Torbay Village NZ

Editorial Team this Month: Marewa, Keerti, Steve, Lisa,
Rosemary, and Deb.

Proofreading: Helen O'Neill, www.correctly.co.nz

Cover Story Photos: Keerti Siag

Layout: Cathy Coldicutt, www.bluerockdesign.co.nz

Printing: Bluestar Group

Circulation per issue: 7200 across Waiake, Torbay,
Long Bay and Okura.

Acknowledgements

Thank you to our advertisers who enable the Torbay Business Association to publish this Magazine, run business development events and support community groups. Thanks also to everyone who contributed story content and photos.

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ISSN 2815-7222 (Print)

ISSN 2815-7230 (Online)



A Tricky Mother's Day

By Prachi Mittal

A recent email from a retailer blew me away. It mentioned that Mother's Day can bring up complicated feelings for people, so if I wanted to, I could opt out of their Mother's Day emails. I thought, Mother's Day is a day of celebration, a day to say thank you and a day to take a moment to pause with your beloved mum. However, for some people Mother's Day is also a day that stings. Sorry to be a dampener, but I can't help but think about the people who experience this day as a reminder of a deep loss. This retailer has shown deep sensitivity and I applaud them.

I'm all for taking mum to a fancy high tea and buying her wonderful presents. This year, I will be lucky to spend Mother's Day with my mum who is visiting from overseas. I am a mother myself. My little ones make cards and little crafty presents for me to celebrate. It's a special and happy day. But this year it's not a straightforward kind of special. I lost my mother-in-law at the end of last year. She was a quintessential mother-in-law with all the sharp edges and sour patches intact. But that was not all she was, she was full of love, she beamed when she saw me on the screen from



across the world, she liked to see me all dressed up, she supported my independence even though she found my headstrong attitude amusing. I miss her. This year I won't be sending her the mandatory bunch of flowers. I wish I could.

If this Mother's Day is tricky for you, cut yourself some slack. At the end of the day, it's just another day. You are loved. You are special and you deserve to be celebrated each day of the year. For those who are happily spending the day with loving mums, good on you, mums are every bit worth celebrating.

Mother's Day Shop Local Competition

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Terms: One voucher per winner will be issued for use at one Torbay Business Association Member (listed on pg.30) of winner's choice.



5

AUTUMN Selling

It's been a long-held belief in the real estate world that the best time to list your property is spring, but depending on the property type, you may benefit from listing as we come into autumn.

Give me a call today if you would like an update on the current real estate market or an updated market appraisal on your home.

Ann
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Helping Seniors use their Digital Device



My mom lives in Europe and never used a computer in her professional life. Watching mom adapt to using a Smartphone and a tablet to stay in touch with her kids and grandkids, I kept thinking there's got to be a way to help seniors keep human connections with technology. Digital Seniors provides me with the opportunity to help seniors do that.

The digital world is constantly evolving. More and more organisations expect customers to use a digital device to pay bills, book doctor's appointments, refill prescriptions, and book transportation. This can be overwhelming and stressful especially for some older people. Digital Seniors' Hubs offer a relaxed and friendly environment for seniors to learn how to stay connected digitally.

Every week through our Hubs a team of patient and passionate volunteers lend a helping hand to seniors eager to learn how to use their phone, tablet or laptop. We aim to help them become comfortable with digital actions such as messaging, using social media, emailing, banking and photography. Some seniors come to simply understand what their digital devices can do for them. We answer their questions, one-on-one, at their pace.

Many seniors tell us that technology is intimidating and stressful and that it takes courage to come to the Hubs. We journey with them so they can leave with growing confidence using their devices, and they often come back for more.

If you know any seniors who could benefit from one-on-one digital coaching, call Fiona on 0800 373646 for more information or simply recommend they drop in at one of our Hubs.

Digital Seniors, supported by Auckland Council, launched on the North Shore in December 2022 and has supported over 120 seniors at East Coast Bays, Takapuna, Glenfield and

Birkenhead Libraries and at the Devonport Community House. The service is growing as word gets around that seniors value our one-on-one coaching style. If you have the patience and passion for helping our older generation, please think about becoming a volunteer coach. While helping seniors is our primary purpose, interacting with other coaches brings us joy and improves our own digital skills.

Catherine (pictured) is a volunteer Digital Seniors coach at the East Coast Bays and Takapuna Library.

East Coast Bays Tuesday 10-12

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Glenfield Library	Wednesdays 1-3pm
Takapuna Library	Saturdays 10-12pm

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6



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Making a difference, one home at a time

THE INSPIRING WORK OF LOCAL CHARITY WOVEN EARTH NZ

By Kath Knight, **Objects in my room**

Nestled in the heart of Silverdale is a small charity making a big difference. Woven Earth NZ creates safe and beautiful spaces for families to rebuild their lives violence-free.

Behind Woven Earth is a story of true resilience. Founder Kerryn Trupp's own journey is an inspiration. As a survivor of family violence herself, she understands first hand the overwhelming struggles of those her charity is helping.

Many women have to flee homes without money or possessions, and it's one of the biggest barriers for them leaving violent relationships. Refuges have limited ability to provide these essentials and that's where Woven Earth comes in. Liaising with the Refuge, the charity is an essential link in supporting women in their decision to leave, providing practical support and helping integrate them, and their children, into new and safe communities.

Volunteers gather high-quality furniture, beds, bedding, homewares and whiteware, setting up entire houses, making beds, stocking pantries and cupboards and turning soulless houses into warm and loving homes.

On average, they're helping 3-4 families a week set up new homes. Yet depressingly, demand for their services is higher than ever highlighting the importance of supporting this charity as a community. By donating and volunteering, we can assist Woven Earth to continue helping families to move forward with hope and dignity, changing lives one home at a time.

Getting involved, ways our community can help

• Donate items

Woven Earth is always in need of new items to give out including everyday kitchen, laundry and bathroom products. Objects in my room is a drop off hub with donation baskets in the room. They also need excellent quality household items, including furniture, beds, toys, books, sporting goods, and many more essential belongings that families need to turn an empty house into a home. They need items that make families feel loved and cared for, things you would want to have in your home. Please note that they do not accept any used cutlery, utensils, pillows, duvet inners, shoes, tea towels, towels, curtains, or used kitchen appliances.

• Donate money

Donations can be made directly at <https://1000hands.wovenearth.org.nz>

• Donate your time

Without the power of a committed and reliable volunteer force, Woven Earth couldn't achieve its mission. For more information visit www.wovenearth.org.nz



If you're looking for something special for your Mum this Mother's Day, **Objects in My Room** is hosting an evening in the room on Thursday, May 19 to benefit Woven Earth. Starting at 6pm, tickets include drinks and bites on arrival, Kerryn sharing her story, followed by an art and objects auction. Best of all, all proceeds raised will directly benefit Woven Earth NZ and the incredible work they are doing. Tickets are limited and cost just \$25 per person. To book a spot, or for more information, contact Kath at **Objects in my room**, email objects@geyser.nz or send her a txt at 027 343 5881.

“We are all woven together by our journey on earth and we all need communities of people, whether it is one, some or many to survive and thrive and be part of the world again.”

Kerryn Trupp, CEO & Founder
Woven Earth NZ

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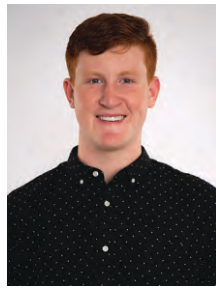


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Glenvar Road Closure

By Oliver Simpson

*An update from
Auckland Council
and Hibiscus and
Bays Local Board.*

After Glenvar Road closed following the heavy rains that we saw on Auckland Anniversary Weekend, many people's lives have been impacted.

Being the main road for Long Bay businesses and residents in the new subdivision as well as a common route of choice for others living in Torbay, Waiake and Okura, its closure has changed daily commutes for most.

Many people know that the road was closed by Auckland Transport (AT) shortly after the floods. The full reason for this is because Geotechnical analysts

Event overview and actions to date

- Intense rain on 27 January caused the land on both sides of Glenvar Road ridge to slip, eroding land below the road
- AT closed road following geotechnical advice that further slips could put property and lives at risk
- Fulton Hogan installed bunds and flexi flumes to control runoff to reduce further erosion
- Vector/Electrix removed 33KV lines from unstable poles to temporary poles on 25 March
- AT installed temporary 30kph speed limits and requested construction traffic from nearby development use larger roads
- AT working with Fulton Hogan and services providers to discuss repair options



Source: AT Glenvar Road Flood Repair presentation to HBLB 11 April 2023

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deemed the road unsafe. Too much erosion had occurred on both sides of the road, the soil was unsecure, and the remaining road was at risk of collapsing if people continued driving on it.

However, there is light at the end of the tunnel. Auckland Council have revealed a timeline which hopes to have the road reopened by November, in time for

summer and the traffic it brings from far and wide to our beautiful beaches.

At the moment, Auckland Council, with AT and elected members are working to find a preferred option and allocate the funding. Unfortunately, due to the time and financial constraints, the work is not going to include preparing the road for the planned Glenvar Road upgrade.

Tax Evasion—GST

By Frances O'Brien

There are many ways people and businesses might evade paying tax. Sometimes it's due to ignorance of the law and sometimes it's on purpose.

Goods and Services Tax (or "GST") of 15% is charged on all good and services in New Zealand, with a few exceptions including donations, rent, mortgage payments and the sale of second-hand goods.

Suppliers with income exceeding \$60,000 per year must register for GST and charge GST on invoices to customers. When filing their GST

return, companies can offset the GST payable with GST incurred on business expenses.

Unlike in Australia, in New Zealand there is no way to check if a person or company is registered for GST. This makes it easier for people or businesses to charge you for GST and not pass it on to Inland Revenue. This would constitute tax evasion. In Australia, it is the responsibility of customers to check that a supplier is registered. If you suspect tax evasion or fraud, you can report it anonymously through the IRD website.



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May in the Veggie Garden

By Veronika McPherson

Want to start growing your own vegetables and herbs but feel that you haven't got enough time or space? Start small. By starting off small you

will build confidence and keep learning along the way. The truth is that you can grow vegetables in nearly anything with a bit of imagination, most importantly you need good soil.

A large pot, maybe picked up second hand or any large crate, bucket or plastic tub will do the job. Just make sure that you make some holes in the container for drainage. Next, get some good potting mix and compost and you're off to a good start.

One advantage of a container garden is that it can be moved around so that you can find the



right position for sun and wind shelter.

Next start off with things that are easy to grow like salad greens, perpetual spinach, kale, silverbeet and herbs. Find a sunny sheltered spot in your garden and water daily to start with to ensure that your plants get established. A fortnightly feed of seaweed fertilizer will keep your plants happy.

Directly sow in the garden: garlic, onions, corn salad, miners lettuce, coriander, rocket, mizuna, calendula and poppies.

Transplant seedlings of: spring onions, globe artichoke, kale, silverbeet, perpetual spinach, brassicas, peas and salads.

CHOKO

Choko, which is a staple in Central and South American cuisine, is part of the cucurbit family and grows on a vine. The plant is actually a perennial and springs back to life every spring for a high yield crop in summer and autumn. In times of raising food prices, this could be one that you might want to grow. I have listed a few reasons why you might want to try choko.

- It's high yield;
- It's low maintenance;
- Versatile and can be used in all kinds of food;
- Fruit keeps for weeks;
- It's a vine which can be trained to take up little space;
- Makes excellent mulch for your garden.



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Our choko plant keeps on giving though we give it little to no attention. It's planted next to one of our compost bins situated in our raised bed and naturally feeds off that. Because it's such a vigorous plant we train it up our balcony to take up minimum space in our garden.

We use choko in lots of our cooking at



this time of year. It goes well in soups, curries, bolognese, stir fries or cut finely and fried up in olive oil with a bit of salt and pepper.

It keeps for weeks in the fruit bowl or fridge. And because it's such a vigorous plant, it provides our garden with plenty of mulch.

Happy Gardening!



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The Bays and their Beauty



By Akhil Mittal, Broadcaster/Radio Journalist (Delhi, India)

"Yeh kis kavi ki kalpana, yeh kaisa chamatkaar hai, yeh kaun chitrakaar hai" (Who is the poet who has

imagined this, what is this magic, who is this painter?)

These are lines from a famous Hindi song which resonated in my mind when I first landed in Auckland way back in 2010. I was and still am mesmerised by the spaces, greens and above all the blue water of the Pacific Ocean and Tasman Sea surrounding the shores of New Zealand.

Being from North India, I have a natural affinity to the snow covered mountains of the Himalayas. But I spent my childhood at the banks of the Ganga River and water has always had a pull for me.

Having visited Japan and Mauritius, this was not my first introduction to the ocean. But the serenity and tranquillity of the beaches in New Zealand is something unique. During my last four visits, I have stayed in Auckland city near the harbour; visited the South Island; driven from Queenstown to Christchurch; stayed on the banks of Lake Tekapo; and

Wanaka. I was lucky enough to take the most mesmerising scenic journey to Milford Sound in Fiordland National Park.

The remote location of the Milford Sound, bounded by steep cliffs and dense rainforest was intriguing. Its beautiful surroundings: ink-dark waters, gushing waterfalls, and views captivated me. Watching the confluence or *Sangam* (Hindi) of the Tasman Sea and the Pacific Ocean from Cape Reinga with wild wind howling around us was an experience of a lifetime. The walk up Rangitoto was another educative and special experience for this student of Geology. And then, my favourite, the soothing hot pools of Rotorua—just divine.

Staying in Torbay during this visit is another special experience. Driving from Long Bay to Browns Bay and beyond, walking along the beaches, listening to the music of the waves, watching the seagulls frolic, it is all so rejuvenating and soothing for the soul. It is beyond words.

Coming from the busy city of New Delhi, I find the lack of public transport a big hurdle to exploring the places here but then I wonder if it protects the peacefulness. I look forward to more magical experiences during my stay here over the next few months.



"The Wanaka Tree". Photo by Keerti Siag Photography

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The 5R's in Waste Reduction

By Michelle Beard, Pumpkins in Trees

Hello Pumpkins!

This is a great list placed in order of importance to look at how we can reduce waste and reduce environmental harm. The list occasionally varies, but the basic premise stays the same, reducing our impact on the environment for a more sustainable future.

- 1. REFUSE**—Say no to unnecessary items and packaging to reduce the amount of waste you accumulate. Refuse items such as junk mail by putting a “no junk mail” sign on the letter box or refuse retail bags when out shopping.
- 2. REDUCE**—Can you decrease the number of times you use the car by walking the kids to school or making fewer trips to the supermarket? Can you lower the waste you send to landfill by purchasing less of a product, buying in bulk to reduce packaging or buying fewer disposable items?



3. REUSE/REPURPOSE—Think of ways you could reuse or repurpose items before disposing of them, like reusing glass jars for food storage, mending an item or reusing an old t-shirt as a cleaning rag.

4. RECYCLE—Properly sort, wash out and recycle items to enable the packaging you throw away to be used again. Look at recycling soft plastics and aluminium foil too.

5. ROT—Turn your food waste into compost. Choose compostable packaging that can be composted at the end of its life so you can return carbon to the soil.



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BEAUTY & WELLNESS

A Torbay Club for Friendship and Fun



The Torbay Friendship Club are in for an exciting 2023 with new President, Noreen McArthur, at the helm (pictured left).

In March, club members tripped to Stonehenge: the "Secrets of" exhibition at *Tāmaki Paenga Hira*, the Auckland War Memorial Museum – in the city of course.

This was followed in April with another enjoyable day out to the Puhoi Pub for lunch. Also interesting, was the speaker at the April monthly meeting – Godfrey Reid – who gave a gripping

account of his trip to Antarctica and the shenanigans his team got up to in the freezing cold. As if that isn't enough, various fun weekly groups are firing up old and new friendships: there's Mah-jong, Scrabble, Rummikub, a craft group, and a walking group. And then there's the morning teas. There's always room for more, so new members are welcome.

The Torbay Friendship Club meets every 2nd Thursday of a month at the Torbay Community Hall from 10 am – 12. To learn more you can contact Noreen on 027 271 3524 or Delphine Pearson on 022 072 9813. They're looking forward to talking to you.



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We're There For You

Actor, Tony Nettleton

In Torbay Theatre's latest production, *Here's a How-De-Do* (27 April – 7 May) Nettlerash the Butler is played by the popular Tony Nettleton.

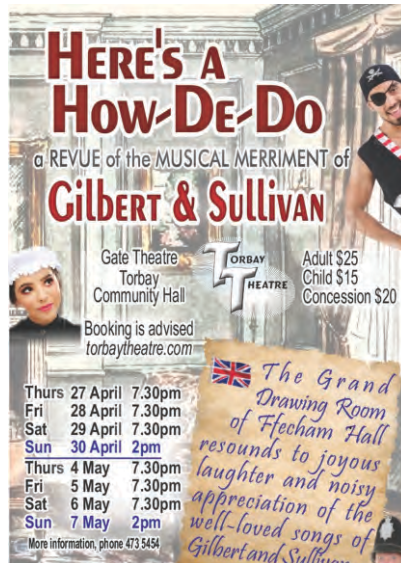
Tony and Avril Nettleton, Waiake residents of 33 years, have been involved with Torbay Theatre for ten years. Tony has played in most of the Christmas musicals and shows in between. Avril was "between shows" for forty-five years until she played Grandma Josephine alongside Tony as Grandpa Joe in *Charlie and the Chocolate Factory* - (pictured below in 2018) their first time on stage together for fifty-seven years.

Tony began his involvement in music and acting at nine years old when he joined his local church choir in England, quickly followed by its pantomime society and dramatic society. At sixteen, he joined the local amateur operatic society. He met Avril at church when they were seven and eight. They started going out together the day before her seventeenth birthday. She too was on stage in pantomimes and drama. As newlyweds, they moved to Christchurch in 1965 where Tony continued



his singing in the church choir and the operatic society. Forty-six years ago they moved to Auckland, where Tony sang with the choir at St Peter's Church, Takapuna for thirty-three years, and with the New Zealand Opera Chorus for twenty-two years.

As "talented young things" of yesteryear, their greatest joy is the countless number of "talented young things" they have met along the way.



For information and to book see our Facebook page, www.torbaytheatre.com · 35 Watea Rd, Torbay · Ph: 09 473 7494

A Big Thanks to Rob Riches

The Torbay Community Association Committee wants to acknowledge Rob Riches from CCTV Solutions Ltd, for his generous donation of a security system for the Torbay Community Hall and Torbay Theatre.

CCTV Solutions teamed up with one of their key product suppliers (Security Wholesale Limited) to install a Provision state-of-the-art 4K Resolution CCTV system that will help with keeping our Community Hall safe. The equipment uses the latest technology and is packed with all the 'smarts' you would expect of a modern CCTV Camera system. The cameras provide a High-Resolution overview of the external areas of the hall, theatre and carpark, providing peace of mind for hall users, theatre members, cast and audiences.

Rob, Director of CCTV Solutions, is passionate about security and he is also a member (and part time set builder) for Torbay Theatre. He and his team of professional technicians moved swiftly to install the system with no disruption to the hall or theatre users.



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Be sure to check out the Torbay Village Butchery next time you're in the Bays!



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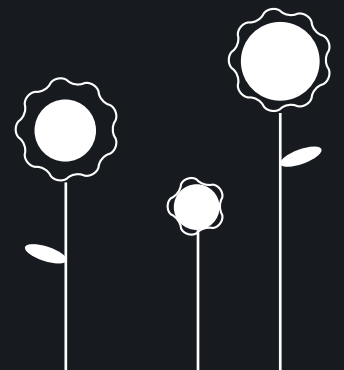
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Fishing with Pont

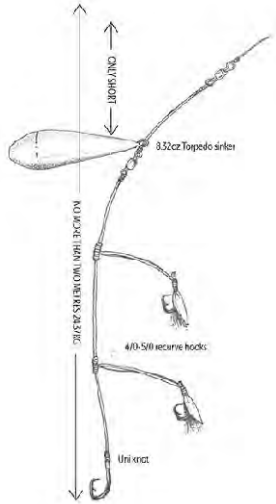


By Nathan Pont

In autumn and winter the smaller snapper tend to leave and fishing can be a bit slower, but it does become easier to catch gurnard.

FORM OF FISHING—LEDGER RIG

In my February and March columns I covered how to rig up a ledger rig and how it should be used to catch snapper. The same technique is used for gurnard. An alternative ledger rig which I have found more effective for catching gurnard is to have the sinker at the top of the ledger rig (see picture). This works better for gurnard because they often sit on the bottom whereas snapper tend to swim slightly above the bottom. What this means is that striking the ledger rig is less effective as the hooks will be slack so it is important to let the gurnard take the bait.



of the size 5 ledger rigs which are more suited to snapper.

WHERE TO CATCH GURNARD

The East Coast Bays and Whangaparāoa coast have a good amount of gurnard along the beaches. The best place to target gurnard is on the sandy bottom from 10–15m.

Anchoring up when the wind is with the tide and putting down burley helps attract the gurnard.

Tight lines until next time.



Gurnard have smaller mouths than snapper so use size 4 hooks instead

18

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	HIGH		LOW		HIGH		LOW		HIGH	
Mon 01	03:37	2.6m	09:59	1.0m	16:07	2.5m	22:20	1.0m	-	-
Tue 02	04:26	2.6m	10:47	0.9m	17:00	2.6m	23:09	0.9m	-	-
Wed 03	05:13	2.7m	11:33	0.8m	17:48	2.7m	23:54	0.8m	-	-
Thur 04	05:57	2.8m	12:16	0.7m	18:33	2.8m	-	-	-	-
Fri 05	-	-	00:36	0.7m	06:40	2.8m	12:59	0.6m	19:16	2.9m
Sat 06	-	-	01:19	0.6m	07:24	2.9m	13:42	0.5m	19:59	3.0m
Sun 07	-	-	02:02	0.6m	08:09	3.0m	14:26	0.4m	20:42	3.1m
Mon 08	-	-	02:47	0.5m	08:56	3.0m	15:10	0.4m	21:28	3.1m
Tue 09	-	-	03:34	0.5m	09:44	3.0m	15:56	0.4m	22:15	3.1m
Wed 10	-	-	04:25	0.6m	10:34	2.9m	16:44	0.4m	23:06	3.0m
Thur 11	-	-	05:19	0.6m	11:27	2.9m	17:36	0.5m	-	-
Fri 12	00:01	3.0m	06:17	0.7m	12:22	2.8m	18:33	0.6m	-	-
Sat 13	01:00	2.9m	07:18	0.7m	13:22	2.8m	19:37	0.7m	-	-
Sun 14	02:01	2.9m	08:19	0.7m	14:24	2.8m	20:43	0.7m	-	-
Mon 15	03:02	2.9m	09:20	0.6m	15:29	2.8m	21:48	0.7m	-	-
Tue 16	04:01	3.0m	10:18	0.6m	16:31	2.8m	22:48	0.7m	-	-
Wed 17	04:56	3.0m	11:13	0.5m	17:29	2.9m	23:42	0.6m	-	-
Thur 18	05:49	3.0m	12:05	0.4m	18:23	3.0m	-	-	-	-
Fri 19	-	-	00:32	0.6m	06:40	3.0m	12:55	0.4m	19:12	3.1m
Sat 20	-	-	01:20	0.6m	07:29	3.0m	13:41	0.4m	19:58	3.1m
Sun 21	-	-	02:05	0.6m	08:16	2.9m	14:26	0.4m	20:42	3.0m
Mon 22	-	-	02:50	0.6m	09:02	2.9m	15:08	0.5m	21:24	3.0m
Tue 23	-	-	03:34	0.7m	09:46	2.8m	15:49	0.5m	22:06	2.9m
Wed 24	-	-	04:19	0.8m	10:29	2.7m	16:30	0.6m	22:48	2.8m
Thu 25	-	-	05:04	0.8m	11:12	2.7m	17:12	0.7m	23:32	2.8m
Fri 26	-	-	05:51	0.9m	11:56	2.6m	17:57	0.8m	-	-
Sat 27	00:18	2.7m	06:40	0.9m	12:42	2.5m	18:47	0.9m	-	-
Sun 28	01:07	2.6m	07:30	1.0m	13:31	2.5m	19:41	1.0m	-	-
Mon 29	01:57	2.6m	08:21	0.9m	14:24	2.5m	20:38	1.0m	-	-
Tue 30	02:47	2.6m	09:11	0.9m	15:20	2.5m	21:33	1.0m	-	-
Wed 31	03:36	2.6m	10:00	0.9m	16:15	2.6m	22:25	0.9m	-	-

Source: MetOcean Solutions

Daylight Saving: Please note that tide times have been corrected for daylight saving time

Beautiful Setting for a Lot of Fun

On Browns Bay beachfront, at the end of Anzac Road, The Bays Club commands a stunning view of the Hauraki Gulf. It's a view that's been enjoyed by members of the Club and their guests since the early 80s.

If you've never been to The Bays Club, you'd be surprised how much there is on offer. The restaurant is popular and it's easy to see why. With seating for 120 and a menu designed by the chef to cater for most eating preferences; lunchtime or dinner the kitchen is kept busy. The bar staff are kept on their toes serving a wide range of drinks including non-alcoholic options. Club prices make it an affordable dining experience with a million-dollar view.

The Bays Club is run by an enthusiastic committee, elected by the members, ensuring the events and services offered represent what the membership and their guests enjoy.

As well as being a place to wine, dine and enjoy the view, there are pool tables, dart boards and big screens to watch

sporting events. Regular events provide ample opportunities to socialise and meet new people. Clubs centred around mutual interests such as fishing, golf and travel meet regularly and are always welcoming new members. There are a wide variety of events, monthly wine tasting, quiz nights, poker, karaoke nights, fortnightly bingo and regular live entertainment. The committee are never shy about organising a party to celebrate or mark occasions such as St Patrick's Day, Easter, Anzac Day, and King's Birthday. More recently there was even a visit from Rod Stewart! People left buzzing by what they had heard and wanting an encore.

The Bays Club has something for everyone – if you can tear yourself away from the view or balcony of course. Membership is reasonable and the opportunities for fun are extensive. Members can also book the Club for weddings, birthday parties and private functions. To join go to www.baysclub.co.nz or phone 09 478 8171.



Wendy Treadwell

Thinking of selling? Give me a call I'll shout you a coffee at The Bays Club and we can discuss how best I can help you.

If you haven't been to The Bays Club you should give it a go – us committee members believe it has the best view in the bays.

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ACQUIRE

Raft Studios aim to grow the creative spirit, giving a place for expression, new learning, and unbridled imagination. It seems fit to give thanks to the source of many creative minds – our mothers. Many of us began our creative journeys with kitchen table paints and getting caught in balls of wool, guided through finger painting and crayon masterpieces by our mothers, grandmothers, aunts, and guardians. Throughout our lives, we all have known what it is to be inspired by these brilliant women, and for that, we should be grateful. This Mother's Day, take a moment to reflect on what your mother figure has inspired in you and remember the colorful memories of creating something wonderful together with your own hands.



Term 2 classes - starting 1st May

Monday - Sewing

Tuesday - Papercraft & Mixed Media

Wednesday - Abstract Acrylics

Thursday - Mixed Media & Painting group

Friday - Art for wellbeing & Youth group

Downsizing? We're in need of an office chair on wheels (we can pick up) for use in our new bigger space in the street-level Hall next to St Mary By The Sea Church. The move upstairs provides us with a much lighter and airier space. Access to the studio, kitchen, and toilet is now easier and parking spaces are right outside the door. This makes Raft classes, workshops, and open studio time accessible to all comers.

Make a Silk Tie - Coin Purse

1. Cut 25cm off the end of your tie.



2. Turn inside-out. With the seam in the centre, sew across the bottom.



3. Turn back to correct side. Press bottom edge.



4. Fold up 7cm so the bottom seam is positioned 5cm down from the top point. Sew around all the edges to close.



5. Attach snap domes under the point and on the front with a hand stitch. Add detail on the top if you want to hide your stitches.



Life on the Edge

May 2023

Ngā Kōrero

Meet the Tern Species

From the tiny *Tara iti*/Fairy tern to the massive *Taranui*/Caspian tern, *Aotearoa*/New Zealand is home to no fewer than 18 of the tern species.

As the *Māori* name suggests, *Taranui* (*nui* meaning big) is the biggest of all the terns with a whopping 1m wingspan. This means they are a similar size to a red billed gull and are often mistaken for each other. Fossil records suggest they are recent arrivals, estimated to have only self-introduced in the early 20th century.

Considered “Nationally vulnerable”, they face high risk of extinction in the medium term. With an estimated 1300–1400 breeding pairs, they are uncommon in New Zealand.

Like a number of our shore birds, the key direct threat they face is on land where people, our dogs, and our off-road



vehicles disturb their nesting habitat. Chicks and eggs are vulnerable to predation by mammalian threats such as cats, stoats and ferrets.

Making changes to our behaviour to keep their habitat free of human caused disturbances and other mammalian predators will not only help in the conservation of *Taranui* but all other shore birds we share our backyard with.

Photo by Keerti Siag Photography

Written by Yuin Khai Foong for Sir Peter Blake Marine Education & Recreation Centre, Long Bay. merc.org.nz



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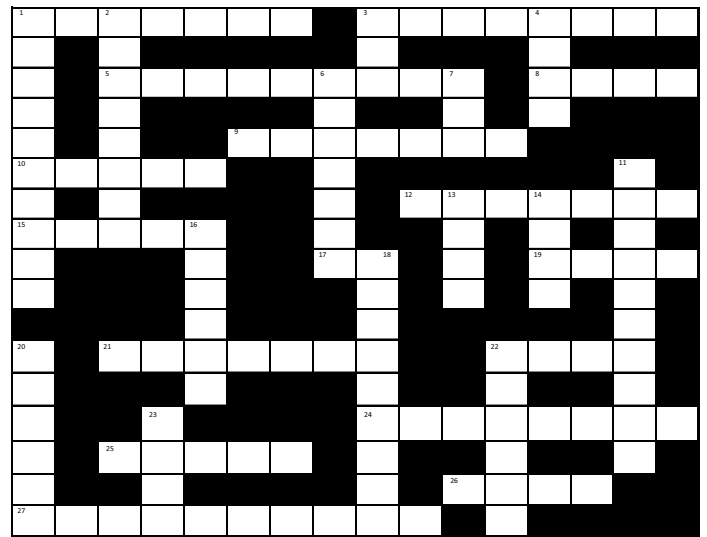
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		8	7	1	9	5		2
		1			6		9	8
1								
2	8	6	1				7	
7	3	9		8	4		2	



Answers Page 30

Answers to clues marked * can be found in this edition

ACROSS

- 1 * Bays Club Wine Tasting is a ___ event
- 3 We all have one, and maybe others in the closet
- 5 * Janie & Brent moved from ___ to take up a new opportunity
- 8 ___ and pepper
- 9 * Nathan reckons you'll find these guys near a sandy bottom
- 10 Line gauge or scale used to measure distance
- 12 * Barfoot & Thompson have been selling homes in Auckland for over a _
- 15 * Driving Miss ___
- 17 To be or not to be, that _ the question
- 19 LBC have a ___ evening on the 19th?
- 21 * Matt & Maggie feature the Torbay Village ___
- 22 * Wendy's a great proponent of this club
- 24 * Choko are part of which family?
- 25 Torbay School seniors learnt to make French ___ while on camp
- 26 Harakeke
- 27 * Avril was on stage too in ___

DOWN

- 1 * Many mentions about this day in May
- 2 * City Akhil is from
- 3 Where you find the fishes, under the ___
- 4 ___ Coast Bays
- 6 * NZ is home to some 18 species and this one is the biggest
- 7 Keep your ___ to the ground
- 11 * This Torbay club trips off to places like 'Stonehenge' and Puhoi
- 13 * Short for exhibition
- 14 ___ your own horn
- 16 What the sailing fraternity use
- 18 * Local experts in urgent care and minor injuries
- 20 If you're not awake then you are ___
- 22 Another name for a decoration
- 23 * Nathan can be seen fishing from one



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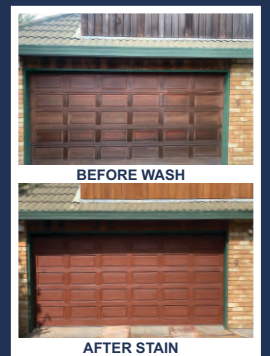
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The Ups and Downs of Being a New Mother

Being a new mum is exceptionally hard work. After you've given birth, you're sore and you're tired. You have to learn the art of breastfeeding (it can take up to six weeks to master) or learn the bottle-feeding process (which is also difficult when you have a baby screaming for food), and you're awake day and night. Even getting to the toilet can seem like a huge victory.



New parents Chantelle & Nathan with baby Lottie

It's a massive learning curve. This helpless, tiny wee thing depends on you for everything – and you need to learn what 'everything' is. On top of learning to feed them, you need to learn to burp them, dress them, settle them, change their nappy, bath them, and get them to sleep (ha!). You need to figure out what you need to take for them when you leave the house. You need to learn what their different cries mean so you can respond to their needs. With time, you'll feel more confident, and learn to trust your gut and what feels right to you.

It's a good idea to take whatever help is offered – from your partner, *whānau*, and trusted friends. Sometimes it's the smallest things – like having a window of time to take a hot shower, to drink a hot drink while it's still hot, to sleep or rest, or to go for a walk without the stroller – that can make all the difference. It's important to do some things just for you – no matter how small they are.

TO SUPPORT NEW PARENTS

- Stay in touch. If you can't physically see a friend who has a new baby, give them a call or catch up via video. Send them a message first to find out the best time for them.
- Provide practical support. Offer to cook a meal, do a load of laundry, grab some groceries, or take the dog for a walk. Some people find it hard to accept help so if they turn you down, don't be put off from offering again.
- Encourage them to seek help. If you feel like your friend or relative needs more support, encourage them to reach out to their *Whānau Āwhina* Plunket nurse or doctor. PlunketLine is available 24/7 on 0800 933 922.

TORBAY PLUNKET COMMITTEE IS LOOKING FOR SOME FRESH FACES

If you're an expecting Mum or Dad, a new parent or grandparent, or someone with great community spirit – it would be terrific to have you onboard. Our main focus is fundraising for our *Meals for Families programme* which provides frozen meals to every local family with a new baby. We also aim to provide better facilities for the Torbay Plunket Clinic.

Meetings are monthly on a Tuesday evening.

To join, email us at torbayplunket@gmail.com or like us on Facebook (Torbay Plunket) for upcoming events and volunteer opportunities.



Recipe of the Month

FEIJOA AND APPLE CRUMBLE

By Candice Bradshaw

Pre-heat oven to 180°C. In a greased baking dish arrange 2 cups of peeled, cored, sliced apple and 2 cups of scooped and chopped feijoa. Sprinkle with mix of ¼ cup of castor sugar and ½ teaspoon of mixed spice. Add ¼ cup of water. Make crumble topping. Using your fingertips rub together 1 cup of plain flour, ½ cup soft brown sugar and 70g butter cut into cubes until mixture resembles breadcrumbs. Sprinkle over the fruit. Bake for 45 to 50 minutes or until golden brown. Enjoy!



Torbay School—Senior Camps

By Susan Ye

Term One saw our students participating in many events. Most recently, our senior students took part in their annual camps. The Year 4 students went to Peter Snell Youth Village. Year 5 students went to YMCA Shakespeare Lodge, and the Year 6 students went to Carey Park.

The camps provide our students with a range of personal goals, especially our Year 4 students, where in many cases this was their first time away from their families. They exhibited resilience and perseverance overcoming their fear of staying overnight in a new environment. The Year 5 students had a great time away at the YMCA Shakespeare Lodge. Tucked away in the park, you would not have known they were there had it not been for their laughter and cheering!

During each of these camps our students faced new tasks and they encouraged each other when things got challenging. They grew as individuals and through exercising their collaborative skills they became great team members. Students participated in a range of activities, such as toasting marshmallows in an open campfire, Hobo cooking, making their own bread, archery, confidence course, climbing, UHF radios, air rifles, raft building and more. Students found some of the experiences very interesting. This was also the case for our parent helpers who were fascinated to learn and teach



our students how to make bread on a tin!

Once the students returned home from their camp, some of them applied their newly learnt cooking skills from the master chef activity to make French toast for their family. The Torbay teachers were super proud of their students, and very appreciative of the fantastic support of the parent helpers who contributed to three highly successful and enjoyable camp experiences.

In term 2, we are looking forward to having our Year 3 students staying overnight at school for their Education Outside the Classroom experience.

STUDENT'S VOICE

On the 6th of March 2023 *Whānau Rakino* set off to Carey Park Camp. The astonishing bunch were gone for a total of three days and two nights. Some of the students' favourite activities at camp were the confidence course, and flying fox, although every activity was amazing in its own special way. My personal favourite was gaga ball, in fact gaga ball was so popular that the children have started playing it down at the school stage. The meals were unforgettable, the weather was stunning, and the Burma trail was terrifying. On behalf of all the Year 6 students I would like to thank all the parents and teachers who made our final Torbay School camp memorable. *By Nadia, Room 17*





Save the date!

Open Evening 19th July 2023

An invitation to learn more about our school, Long Bay College.
We look forward to seeing you there!

Open Evening

Our open evening is a perfect opportunity for you to get to know our beautiful school, our educators, and our students. There are guided tours operating throughout the evening and presentations taking place in the auditorium.

Please join us on Wednesday, **July 19th** for a welcoming and awe-inspiring evening hosted by Long Bay College.

Year 8 Day

We will be welcoming year 8 students to our annual open day on Friday, **July 28th**. This is an important day and part of the successful transition of our students from Intermediate to College.

School Tours

Visit Long Bay College in action during a school tour, guided by one of the school's Senior Leadership Team members. This opportunity is an excellent way to get to know the school and ask questions.

Booking a Tour

Tours start at 9am on the following dates:

- Tuesday, August 1st
- Monday, August 7th
- Friday, August 11th
- Monday, August 14th

Bookings can be made through:
www.longbaycollege.com/enrolment

Enrolment Interviews

- Tuesday, August 8th
- Wednesday, August 16th
- Wednesday, August 21st
- Tuesday, September 5th

Entrance Testing

Aug 6th - Testing for aspiring scholars
Nov 3rd - Entrance testing held at Northcross
Nov 11th - Further entrance testing

Visit us Online

www.longbaycollege.com
www.facebook.com/LongBayCollege

Growing personal excellence in a caring, respectful community!



LONG BAY COLLEGE
Care, create, excel

Classifieds

ACCOMMODATION

Accommodation—North Shore. Fully furnished self-contained. Apartments, houses. Ph 021 935 854.

BUILDING & TRADES

Builder—Decks, Bathrooms, Alterations. Free quotes. Ph Barry 027 280 1038.

Builder—Renovations to bathrooms, buildings, new decks, fences, paths and driveways. Ph Cliff 473 6317 or 027 618 5917.

Building and Landscape Maintenance—General building maintenance, small renovations, handyman work, landscaping, fences, pergolas and more. References available. Ph Dale on 0274397519.

Coast Roofing Ltd—Long run roofing, new roofing, re-roofing and repairs. Local Torbay resident 35 years experience. Free quotes. Ph Matt 027 274 6159.

Electrician—24 hour service, All work considered, no job too small. All work guaranteed with Electrical Certification. Ph Graham 473 0233 or 021 067 6294.

Design & Build—Renew - Redo - Build. Ph Core Design & Build 0800 579 470
www.coredesign.nz

Fence Brothers—For all your fencing needs. Fences, decks, gates, automation, steel or timber. Free quotes. Ph 0800 336 232.

Gera Glass—Certified tradesman glazier. showers, mirrors, splashbacks, balustrades, pool fences, broken windows, safety glass, pet doors and more... No job too big or small! Free quotes. Ph Dylan 022 656 9417 or geraglass@xtra.co.nz.

Gutter Cleaning—Your spouting cleared hassle free by a friendly husband & wife team based in Torbay. Before & after photos, free quotes, www.guttergeeks.co.nz for details. Ph Gregg 027 333 5444.

Licensed Builder—www.jhconstruction.co.nz. Is your bathroom in need of a make-over? Bathroom and house renovations. Ph Jamie 021606413 or jamie@jhconstruction.co.nz.

Painter—30+ years experience—Interior and exterior painting, also staining and specialty finishes. Ph Keith 0274 599 909

Painter—No job too big or small. 30 yrs experience. Heaps local references. Ph Clive 0274 812 231.

Painter and decorator—After 36 years in the trade and 25 of those spent in Torbay I am scaling down my work load and able to do smaller jobs at a very fair rate. Free quotes. Ph Darren 0272706728.

Painter and decorator—Experienced in all aspects. For a free quote ph: Nick 0211444101 or Shaun 021 154 8886. shaunshgm@gmail.com

Plasterer—Interior/exterior, local, 25+yrs experience. Ph Richard 022 199 8673.

Plastering/Painting—Male and female team 20 years experience, no job too small immediate start. Ph Brad 0272 5111 65 or 443 5064.

Plumber—All work. Coastal Plumbing and Drainage. Ph 473 7787 or 027 263 3217.

Property Maintenance—Interior/exterior repairs, painting, plastering etc, just ask Ian on 021 184 2426

Tiler—25 years experience. Certified waterproofing. Free quote. Ph Brent 021 949462.

SERVICES

Butterflyer Personalised Transport—www.butterflyertransport.co.nz. Ph Lisa 021 118 2715.

Tax Returns and Advice—Ph Marc 473 8860.

Vision Accounting Solutions Ltd—Vision Accounting is a Chartered Accountancy firm which prides itself on making the time to offer our clients a friendly listening ear, whilst providing best practice, professional accounting and taxation results. Ph Virginia 473 0507

HOME & GARDEN

Active Tree Care Ltd—All tree work undertaken qualified arborists. Free quotes. Ph 473 6723 or 027 555 6403.

Carpet and Upholstery Cleaning—Stain removal, free deodorising. Fly and insect control. Ph Michael 473 1422 or 0275 739 112.

Garden Bags and Bins—Prompt and professional service and competitively priced. Ph John, 0508 262 626 or 021745992. jdpropertieservices.co.nz.

Handyman—Born and bred in Torbay, Martin is a qualified cabinetmaker and experienced professional. Allsorts Property Services is available for property maintenance, odd jobs, decks, fences and garden services. Ph Martin Bassett 027 452 6515.

Kev's Trees & Hedges—Formerly Torbay Trees. Tree work and Hedges. Free quotes. Ph Kevan 473 7330 or 021 126 0779.

Landscaping—Format Landscapes, local, over 20 years experience, Diploma in Landscape Design. We undertake all aspects of hard and soft landscaping including decks, paving, fences, retaining walls, planting etc. Small to large projects. Free quotes. Ph Matt 021599 107. www.formatlandscapes.co.nz.

Landscaping—From concept to completion. For practical and creative solutions. Small areas and makeovers a specialty. Ph Peter 0274 394 574.
www.landscapedesignauckland.co.nz

Lawnmowing and Hedges—Ph Jim's Mowing 0800 454 654 for large or small lawns, trimming, rubbish, spray, clean-ups. Guaranteed! www.jimsmowing.co.nz

Lawnmowing and Hedges—Free quotes. Ph Ian 473 2004 or 021 764 426. Mowing, garden tidy ups, Hedge trimming. lan@grassrootsmowing.co.nz

Rubbish Removal and Skip Filling—Ph Cliff 473 6317 or 027 618 5917 for all your garden and general rubbish removal needs.

Shaun's Home and Garden Maintenance—Honest & Reliable. Lawns, Sales & Rental tidy ups, Hedges, House washing & much more. 021 1548 886 shaunshgm@gmail.com

Squeaky Cleaners—Eco friendly products, Insured, References, Non Franchised, Reasonable Rates. Specialising in Residential / Office cleaning to showhome standard. Call or text Joy now to discuss your options. Ph 021 487 463. squeakycleaner.co.nz

SIGNS

Sign Addiction—Shops - Vehicles - Boats - Site Signs and more. Ph 0274 991 744 or 473 6364 or sign.addiction@xtra.co.nz

FOR HIRE

Awatuna Scout Hall—Waiake Beach. Available for birthday parties, exercise classes. Kitchen facility. Ph: Amanda 021 076 7422, awatuna@gmail.com.

Senior Citizens Hall, Torbay—Email torbaycommunityassociation@gmail.com

Torbay Community Hall—Email torbaycommunityassociation@gmail.com

TUITION

Ballet—Pre-school, grades, advanced and adult classes. Royal Academy of Dance syllabus. www.diannewallaceballet.co.nz. Dianne Wallace RAD Dip Tchg. Ph 027 603 0481

NEEDED

Lawyer—Legal advice for not-for-profit re intellectual property, plagiarism and other concerns. Email: chairperson@torbay.co.nz

What's On Where

AL-ANON FAMILY GROUPS—Support group for family and friends of alcoholics. See: www.al.anon.org.nz or ph: 0508 425 266

ALCOHOLICS ANONYMOUS—0800 229 6757. www.aa.org.nz. Join our friendly **Tuesday** night meeting at 7.30pm St Marys by the Sea Anglican Church if you wish to stop drinking.

AGE CONCERN NORTH SHORE—489 4975

AGE PLUS CHARITABLE TRUST—09 550 3387

ASSOCIATION OF BOOK CRAFTS—027 440 4458

BACKGAMMON CLUB—Backgammon is a very old popular game. Easy to learn, harder to win. Depends on roll of the dice and your strategy. Join our friendly club on **Wednesday** afternoons 12.30-3pm for some fun at Browns Bay Community Centre, Room 3. 2 Glen Road, Browns Bay. Ph: Linda 021 216 3050 or 476 8311 or just come along.

BAYS CITY JUDO—473 7855

BRAEMAR SCOTTISH COUNTRY DANCE CLUB—Relaxed, friendly group who dance **Tuesday** 7.30pm at St Anne's Hall cnr Glencoe and Beach Rd, Browns Bay. Ph: Yvonne 410 9126

BROWNS BAY LADIES CLUB—Retired and still young at heart? Why not join the Browns Bay Ladies Club. We meet 4th **Friday** of every month. We have a guest speaker and also offer many interesting groups and bus trips. Ph: Christine 475 5426 or Jan 478 9231.

BROWNS BAY RACQUETS CLUB—Would love to have more players 55yrs plus. We play mixed doubles. **Friday** 9am. We have lots of fun and fees are low, in fact nil at first. Ph: Angela Verry 021 121 158 or 479 5094

CITIZENS ADVICE BUREAU—479 2222

DIGITAL SENIORS—FREE COACHING—Need help with your digital device? Bring your phone, tablet or laptop to East Coast Bays Library. Tuesdays 10am-2pm. Ph: 0800 373 646

THE CREATIVE KEYBOARD CLUB—Who have Members in Torbay. We meet at The Community Hall, (behind St Cuthberts Church) 45 Anzac Road, Browns Bay 2.00pm every 2nd **Sunday** of the month and enjoy music from members and guest artists. Includes afternoon tea. Small admission fee. Ph: Marlene 478 3166.

DEEP CREEK RESTORATION SOCIETY—021 366 236

EAST COAST BADMINTON—Active Badminton Centre, 44/46 Apollo Drive. **Tuesday** 5pm-10pm. Ph: Don 473 0703 or 027 497 6242

EAST COAST BAYS BRIDGE CLUB—Learn to play bridge. All ages welcome. Contact: lessons@ecbbridgeclub.co.nz or Helene 027 296 3365

EAST COAST BAYS LIONS—022 047 3266

EAST COAST BAYS RSA—478 8033

EAST COAST FOLK CLUB—8pm first Friday of every month at the Torbay Senior Citizens Hall (behind Torbay shops 37 Watea Rd). \$10 Admission. Casual performers first half with featured guest in the second half. Ph 09 426 3588 r.uhe@xtra.co.nz

EAST COAST BAYS TOASTMASTERS—027 422 3685

ECB WIDOW & WIDOWERS ASSOCIATION—479 6042

FRIENDS OF OKURA BUSH—021 177 5755

FRIENDS OF SHERWOOD—476 7279

HAURAKI FLORAL ART CLUB—Join a fun and friendly group creating artistic designs with flowers and foliage. Free lessons. We meet the second **Wednesday** of every month from 9am. Ph: Jennifer 09 479 5691 or Jo 027 673 8836

LONG BAY OKURA GREAT PARKS SOCIETY—021 424 617

LONG BAY RESIDENT'S ASSOCIATION—021 253 0571

LONG BAY TOASTMASTERS—022 048 5034

LONG BAY VILLAGE MARKET—4th **Sunday** of every month 9am-2pm, Michelle 021 119 8796, Leanne 027 432 3317 (txt is best); longbayvillagemarket@gmail.com

NEIGHBOURHOOD SUPPORT—09 353 0427

NORTH SHORE BRASS ACADEMY—021 281 0405

NORTH SHORE CMA—Companionship and morning activities for seniors. Ph: 489 8954

NORTH SHORE HISTORICAL SOCIETY—489 3760

NORTH SHORE KICKBOXING—021 228 2808

NORTHSHORE WRITERS GROUP—Invitation to all adults who have written, are writing or want to write! Contact Tim 021 224 4533 timowen1968@gmail.com

PLUNKET—838 0981

POHUTUKAWA SINGERS—We're an adult mixed voice choir based in Albany. Rehearsals are **Tuesdays** 7-9pm. New members welcome now. For more info contact Colin 021 0249 9925 or candcnewel@gmail.com

RAFT STUDIO—Classes and Workshops: (*Term 2 classes begin 1st May*)

- **Mondays:** 9.30am-12pm *Short & Sweet Open Studio for One Hour Projects*; 12pm-3pm *Sewing*; 7pm-9pm *Have a Yarn* (alternate **Mondays** next on 1st May)
- **Tuesdays:** 9.30am-12.30pm *Papercraft*; 1-4pm *Mixed Media for Beginners*
- **Wednesdays:** 9.30am-12pm *Short and Sweet Open Studio for One Hour Projects*; 1.30pm-4.30pm *Abstract Acrylics*.
- **Thursdays:** 9.30am-12.30pm *Mixed Media Advanced*; 1.30pm-4.30pm *Casual Painting Group*.
- **Fridays:** 9.30am-12.30pm *Art for Wellbeing*; 3.30-5.30pm *Youth@Raft*.

Ph 021 145 2865. For more details see RAFT pg 21.

RESTORE HIBISCUS AND BAYS—Monthly planting days at local reserves. For info ph: 027 290 4826

ROTARY BROWNS BAY—Torbay meets every 1st and 3rd **Tuesday** of the month for a 7am breakfast at the Bays Club in Browns Bay. If you are interested in doing different things in your community, come for a visit. Ph: Paul Mees 021 0257 0993. www.brownsbayrotary.co.nz

RUMMIKUB GROUP—Join our friendly group on **Wednesday** mornings 10am-12 noon in the Council Building in Glen Road, Browns Bay. Ph: Annette 021 061 2199 or just come along.

Competition

Do you recognise this location?

Win a \$50 voucher

for TROY Mediterranean Cuisine, Torbay

To enter the draw send an email to n.osullivan@barfoot.co.nz with your answer to **Where Am I?**

Entries close 17th May 2023. **T&CS APPLY**

APRIL LOCATION: MURRAYS BAY WHARF
APRIL WINNER: ROCHELLE WOOD



SALVATION ARMY OP SHOP—473 2150

ST MARY'S COMMUNITY GARDEN, TORBAY— Allotments available to grow your own veges, herbs, flowers. Join a fun sharing group. Ph: Nanette 021 140 4548 or Dianne 027 313 7116.

TORBAY FRIENDSHIP CLUB—A lively and thriving club for retirees. The club meets monthly (except January) on the second **Thursday, 10.00am** at Torbay Village Hall. We have great speakers and other activities include excursions, coffee mornings and games groups. Annual membership \$25.00, plus joining fee. Call Noreen 027 271 3524. Visit fnzi.nz for info on Friendship Clubs in general.

TORBAY GARDEN CLUB—478 1601

TORBAY HISTORICAL SOCIETY—473 6482

TORBAY INDOOR BOWLING CLUB—Looking for a new activity? Come join this friendly club on **Monday 6.45pm** at Torbay Community Hall. Entrance off Watea Road by the Tennis Courts. All ages welcome. Ph: Janet 473 1621

TORBAY INTERNATIONAL COFFEE GROUP—473 3259

TORBAY SAILING CLUB—021 1844 580

TORBAY SENIOR CITIZENS— Email: torbaycommunityassociation@gmail.com

TORBAY STEP BEYOND STUDIOS—022 596 8440

TORBAY TENNIS CLUB—Behind the Community Hall offers tennis for all ages. All inclusive membership fees. Junior fee includes coaching. Club coach Jason Hart offers exciting programmes. For more info or to register see our website for open day dates: www.torbaytennis.org.nz

SCHOOLS

City Impact School.....	477 0302
City Impact Arts Academy.....	477 0300
Glamorgan Free Kindy.....	473 5099
Glamorgan Primary School.....	473 6453
Long Bay College.....	477 9009
Long Bay Primary School.....	473 6077
Northcross Intermediate School.....	477 0167
Titoki Montessori School.....	473 0362
Torbay Kindergarten.....	473 9340
Torbay Play Centre.....	473 8077
Torbay School.....	473 8603

TORBAY THEATRE—

- **Backstage Club:** To volunteer for anything backstage or lighting, Wednesdays 10.15am-12, pop in, contact Daphne 473 7494 or see our website (page 15).

TORBAY WALKERS—A group of friendly women meet every **Wednesday** afternoon at 4pm and walk for 1 hour. Please come along and join us at the bus stop in Torbay Village. Ph: Irene 473 1159 or Diane 473 1761.

U3A BROWNS BAY—A group of likeminded people in their 3rd age (retired or semi-retired) who wish to keep their mind active through learning and gaining new skill, meet the first **Tuesday** of the month at Presbyterian Hall, 45 Anzac Rd, Browns Bay. We have amazing speakers and over 30 special interest groups. Annual fee \$30. Ph: Myfanwy van Hoften 4755741, email: myfanwy@xtra.co.nz or see www.U3ABB.nz

UCAN2 DANCE STUDIO – Free intro to Ballroom and Latin dancing and Street Latin. No partner required. 1 hr class on Tues 31st May. One person wins an 8 week course; Friday 12th Social Dance 7.30-10.30pm \$10pp —all welcome. 23 Tarndale Grove, Albany. For more info see www.ucan2dance.co.nz or phone Marie on 415 5997

VAUGHAN PARK ANGLICAN RETREAT AND CONFERENCE CENTRE - Couples' Retreat: "I do" with Rev'd Sapati Tima & Meiolandre Tima. Weekend Retreat: Friday 2 June 1.00pm – Sunday 4 June 1.00pm. \$345.00 incl. retreat, full catering, and accommodation. For more info: www.vaughanpark.nz To book: chaplain@vaughanpark.org.nz

CHURCHES

Browns Bay Presbyterian Church.....	479 2441
City Impact Church.....	477 0300
East Coast Bays Catholic Parish.....	478 4565
Graceway Baptist Church.....	473 8562
Long Bay Baptist Church.....	473 2498
Long Bay Baptist Mainly Music.....	947 3378
Shore Presbyterian Church.....	021 036 7957
St. Mary's By The Sea Anglican Church	473 8180
Trinity Methodist Church.....	478 5107



BROUGHT TO YOU BY:

Nicki O'Sullivan

021 1198 153

n.osullivan@barfoot.co.nz

PROUDLY SUPPORTING
THE BAYS



Torbay Business Association Members

BREAKFAST, LUNCH & DINNER

- Chand Indian, Torbay 473 6259
- Euro Patisserie, Torbay 473 7535
- Hot Roast Shop, Torbay 473 2134
- Piatti Italiani, Waiake 478 6936
- Scout Café, Torbay 473 9070
- Sushi Torbay 473 6361
- Torbay Bakery and Café 473 6467
- Torbay Takeaways..... 473 9229
- Troy Restaurant, Torbay..... 473 1002

GROCERIES

- BK's Four Square, Torbay 473 6197
- Torbay Village Butchery 473 2014
- Liquor Centre Torbay 473 9619
- Liquorland Long Bay 473 0065
- Torbay Dairy 473 9721
- Torbay Fruit Shop..... 473 9429

HAIR & BEAUTY

- Bloom Beauty and Wellness.. 021 217 4047
- Foxy & Co., Torbay 473 2277
- Hairazors/Niaa The Hub, Torbay.. 473 9468
- Jasmine's Thai Massage..... 022 247 4753
- La Bella Vita Beauty, Torbay 473 0856
- Nom Thai Massage, Torbay 473 5080
- Simply Colours & Cuts, Torbay ... 473 8111
- The Cutting Room, Torbay 473 5241

HEALTH SERVICES

- Community Laboratory, Torbay... 473 1908
- Torbay Chinese Acupuncture Centre..... 473 2278
- Torbay Medical Centre 477 9000
- Torbay Pharmacy..... 473 9629 or 473 0730
- Torbay Physiotherapy & Hand Clinic 473 0333
- Torbay Skin Clinic..... 477 1111
- Waiake Medical Centre 478 7660

HOME & GARDEN SERVICES

- Cedar Master Ltd 022 690 6650
- JMC Build 021 234 383
- Premium Garden Solutions 473 3878 or 021 723 751

REAL ESTATE AGENTS

- Barfoot & Thompson Torbay 473 9190
- Barfoot & Thompson Long Bay 473 0712
- Matt & Maggie - Harcourts 027 777 0737
- Wendy Treadwell - Harcourts ...021 042 7370

OTHER SERVICES

- Acquire Financial..... 022 107 0106
- Dogs Body Grooming Parlour 473 1500
- RAFT Studio 021 145 2865
- COREISS Research Centre, Torbay.. 972 2757

OTHER SHOPS

- LongDay—Surf, Skate & Streetwear, Long Bay 027 521 4894

Torbay Business Association

Community Groups and Health & Beauty Expo Events

If you run, or are part of, a Waiake/Torbay, Long Bay, Okura community group or club, and you'd like to attract more members or raise awareness about what you do, we'd love to hear from you.

As part of our next project, we'll be running a series of Expo events, with the aim of giving the community a chance to find out what local community clubs, environmental groups and recreational/sport clubs have to offer. We also plan to run a *Health & Beauty Expo* to give the many health and beauty practitioners working locally, including from home, a chance to promote what they do.



If you'd like to book a space, give a demonstration, or talk at one of the Expo events of relevance to what you or your group does, please email theteam@torbay.co.nz. If you'd like to see an Expo with a focus we've missed, we're open to suggestions. Dates, times, and venues will be decided in consultation with interested participating groups/practitioners. No charge applies as the overall project is funded thanks to the **Hibiscus & Bays Local Board**.



Puzzle Answers

Sudoku

5	7	4	3	9	8	2	1	6
6	1	2	4	7	5	3	8	9
8	9	3	2	6	1	4	5	7
9	5	7	8	4	2	6	3	1
3	6	8	7	1	9	5	4	2
4	2	1	5	3	6	7	9	8
1	4	5	9	2	7	8	6	3
2	8	6	1	5	3	9	7	4
7	3	9	6	8	4	1	2	5

Crossword

1	M	O	N	T	H	L	Y	2	S	K	E	L	E	T	O	N										
	O		E						E				A													
	T		W	H	A	K	A	T		A	N	E		S	A	L	T									
	H		D				A			A																
	E		E				G	U	R		N	A		R		D										
3	R		U	L	E	R			A								11	F								
	S		H					N			12	C		E	N		14	T	U	R	Y					
5	D		A		I	S		Y		U			X				16	O		I						
	A							A		17	I		S		P			19	O	P	E	N				
	Y						C						H								N					
							H						O								D					
22	A						B	U	T		C	H	E	R							B	A	Y	S		
	S									S												A		H		
	L						23	B																		
	E						25	T	O		A	S	T									A		B	P	
	E							A														26	F	L	A	X
27	P						A	N	T		O	M	I	M								E	S			E

Geraldine Zareian

021 184 0312

g.zareian@barfoot.co.nz

Less is More

With less listings coming to the market, the ones that are marketed in the quiet months will shine!

So Make Yours Count!

Take advantage of the current market to gain on your property sale

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Local like you

How's the market?

If there is one company that can answer this question best, it is Barfoot and Thompson. Last month, we celebrated 100 years of selling Auckland properties. We have seen the Great Depression, World War II, stock market crashes, as well as a global pandemic. It is hard to believe that the most significant advantage of all in the Auckland housing market was the indoor toilet, apparently made possible by the arrival of the ball-valve cistern and main sewerage. Imagine snapping up a waterfront section in Okura for less than 100 pounds. I guess every generation has those stories of the properties that they should have purchased. My great-grandfather owned a beachfront property in Browns Bay. Imagine if he could see it now.

No matter what the market, we have seen it all. There is a reason why more people choose to list with us than any other company. If you want to chat about your property needs, please give us a call. We are here to help.



Sharee Adams

BRANCH MANAGER

021 416 220 • sadams@barfoot.co.nz

Torbay

March 2023

Source: REINZ April 2023

Number of sales
last month

18



Homes currently for sale

64



Lowest sale price

\$708,000



Median sale price

\$1,250,000



Highest sale price

\$2,390,000



Long Bay

March 2023

Source: REINZ April 2023

Number of sales
last month

13



Homes currently for sale

90



Lowest sale price

\$948,000



Median sale price

\$978,000



Highest sale price

\$2,770,000



Torbay 09 473 9190
Long Bay 09 473 9190

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