

FEBRUARY 2023

EST 1992

TORBAY

Long Bay Okura Torbay Waiake Lifestyle Magazine



Torbay Welcomes New
Troy Restaurant

New! Fishing with Nathan Pont

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5pm



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Welcome to *Troy*, Torbay

By Falkon

Setting up *Troy* with my wife Birsen in Torbay was about the lifestyle. When I first came to New Zealand we lived on the Shore. I travelled in between but always knew we would come back. There is something special about living here.

Unfortunately, when people think of Turkish food they think of kebab. We are not a kebab shop! I want to change that mindset and show that Turkish cuisine is more than a kebab. We serve dishes based on my culture's traditional cooking – recipes sultans would have served in their time. And I create unique dishes based on my studies of ancient recipes. The rest I learnt from my mother.

I love cooking. I make everything from scratch! Why buy a sauce when

you can make it? Why buy bread when you can bake it? I like to make everything from fresh quality ingredients. I want customers to taste their food.

One dish I hope you'll try is the Georgian Chicken. The grilled chicken thighs are topped with vegetable patties and special creamy walnut sauce - the nuts being a favourite of my mum.

With *Troy* we have tried to create a welcoming, homely space. When customers come to our restaurant, I like to think they feel they are coming to our home. We love living in Torbay and working in Torbay as well. People are so friendly.



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Chair's Letter



By Steve Piner, Chairperson
Torbay Business Association

If the measure of a community is the number of people who muck in when needed, ours is in good shape. We have many to thank for the resurrection of

Torbay Village's Santa Day (pg.6): RAFT Studio, Santa (Alan) & Mrs Claus (Victoria Short, Hibiscus & Bays Local Board who provided funding for the event); Santa's elves, Stefan The Sageman (who made it magic), Plunket, Shane & Ryan (Premium Garden Solutions), Karen & John (for a xmas tree), Raj of Four Square and John.



A huge thanks to the advertisers – you make this magazine possible. And immense respect to the Torbay Magazine team, volunteers, contributors, delivery crew – you make it happen and it's not a small job. It'd probably be easier if we copied content from the internet or from other newsletters but we want better than that for our community. So, original, local and varied is what it is. On that note, welcome Nathan Pont, whose column is about boat fishing; and thanks to Yolande for a year on kayak fishing.

2022 may have been a brief respite of normalcy in what has been a disturbing and sad few years. Unfortunately, 2023 might also be rough economically. Let's hope the media are exaggerating - it is an election year so there'll be the usual lobbing of political footballs & some new players. If it does get rough, shop local, check in with people, ask for help if you need it. Give a smile or say hello – that's free. And that's the theme of our first business networking event for the year with North Shore local, actor Paul Glover as our guest speaker (see pg.11). He's bound to make us laugh.



Big shout out to 57 Killarney Ave, Torbay for organising Torbay Christmas Lights and raising \$4,123.85 for Variety. The donations went to 41 families in the form of food vouchers to put food on the table during the holiday season.

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5PM - REWIND (BEACH RESERVE)

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Torbay's Sunny Santa Day



Stefan the Sageman entertaining kids with his magic tricks.



Elves colouring-in competition.



Stefan the Sageman entertaining kids with more of his magic tricks.



Emma and Jackson, dressed up for the event.



Kids making decorations for the tree with Raft Studio.



Jen from Raft Studio with the local board member Victoria Short.



A fun day was had by all at Santa Day.



Santa and his helpers.



Sausage sizzle by Plunket outside Torbay Village Butchery.

Inspired by Nature-Art Exhibition

Opening Night: Friday 17 February | 6-8pm

17-26 February | 10am-3pm | 4 Toroa Street, Torbay



Keerti Siag
PHOTOGRAPHY
www.keertisiagphotography.com



Kim Randall
www.kimrandall.co.nz

Keerti Siag is a photographer based in Torbay. Her commercial services include branding and lifestyle photography. She has also been mentoring photography enthusiasts locally. Her landmark images have been published as cover images by the local magazines. Keerti's work as a nature and landscape photographer celebrates local beaches and the parks, birds and the bush. Her framed images of 'The Tor', sunrise and sunsets, local bush and native birds make a great home decor piece. Her latest images of 'The Tor in the Fog' and 'Pōhutukawa Bloom by The Tor' have been praised by the locals for its timing and for capturing the true essence of living in Torbay and Waiake. Her work reminds people of their beautiful childhood memories around the Waiake and Long Bay area.

A curated collection of local landscape and bird images will be exhibited this February in Torbay and Mirangi Bay and will be available to purchase as framed or matted prints.

Kim loves capturing the intricate details in nature by first observing the visual nuances within her surroundings. She aims to bring an aesthetic of balance to her work that is both calming and uplifting. Kim has also been working on a series of abstract paintings to explore expression and emotion through colour and intuitive gesture. Kim has had solo and group exhibitions at local community galleries, she has created commissions for private residencies both locally and overseas, she has been involved in commercial art projects and has recently been part of retail ventures and become a vendor at various Auckland markets.

Kim creates mostly large scenes of native birds within the local landscape in the medium of acrylic on canvas. She enjoys the attention to detail required to create large realistic scenes which can take up to 130 hours for each piece. A selection of original paintings, framed drawings and limited edition signed giclée will be available to purchase.

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Summer House Maintenance

By Gregg from Gutter Geeks

Around the home, the holiday season tends to be about aesthetics - a clean house, deck, garden and lawns. We may let more functional maintenance slip by. A couple of less thought-of tasks are up a bit higher – “sky-high” – in the sense of rain and sun, or more specifically clear guttering and clean solar panels.

It's not just autumn leaves that block your gutters. Grass and plants can take-off in the watery haven of house spouting and tile grit from most concrete-tiled roof sheds over time, creating a nice bed for fuzzy green moss and all sorts of greenery that you may be completely unaware of. There's plenty of rain this summer to spark this growth.



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So, don't forget to look up and act on those old words of wisdom "an ounce of prevention is better than a pound of cure".

Have solar? Over time, dust, lichen, and bird poop grind away at your solar panel's efficiency. Whoever is taking care of your gutter clean is in a great position to give your panels a clean-up too. Did you know that the recommended solution for cleaning panels is just a weak mixture of water and dish-washing detergent? But, to avoid causing a performance issue called PID due to cold water on hot panels, it's best to clean panels away

from the burning summer sun: so early or later in the day is best.

The big challenge is access - how to get access to your guttering and solar panels. We've come across two cases recently where "simple" single-storey ladder access off a deck led to the ladder sliding out beneath the intrepid homeowners. If you're not confident you can do it safely, you can always off-load the job to Gutter Geeks. We're a Torbay-based husband & wife team with 10 years experience. We've worked on thousands of roofs without incident and would be happy to help you out (see adjacent ad).



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Bank Scams – How to Prevent Them



By Oliver Simpson

The increase in bank scams has been in the news recently. If you were away over the holiday period, you might have missed the reporting on how Maria of La Bella Vita Beauty Therapy, in Torbay Village was robbed of \$30,000 just before Christmas! To help others not fall victim

to such scams, Maria went public.

In an interview with Newshub, Maria explained that she received a phone call from someone claiming to be from Westpac Bank's fraud team. They said there had been some suspicious activity on her account. "They knew all of the correct things to say," Maria said. They appeared sympathetic. "I'm really sorry this has happened to you... let's

get on top of this" the scammer said to her.

Feeling there was a need to act urgently, Maria provided the information she was asked for. The information enabled the scammers to empty her accounts. In total they stole about \$30,000. When Maria found the money gone, she felt violated, shame and just heartbroken.

To make matters worse, Westpac said that it could take them up to a month to investigate. In the meantime, Maria still had staff and bills to pay.



Tell-tale Signs

Tell-tale signs you're being called by a scammer from Netsafe:

- You're contacted out of the blue – are you expecting a call from your bank or internet provider? Do they have a reason to be contacting you?
- They ask for passwords. NEVER give anyone your password – real providers do not need your passwords.
- They want you to pay them via an uncommon payment method. Scammers often ask for payment unconventionally, for example through preloaded debit cards and gift cards, such as Apple iTunes cards.
- You feel pressured to make a quick decision. Scammers could threaten you with the closure of your bank account or IRD fines if you don't act quickly.

Check [netsafe.org.nz](https://www.netsafe.org.nz) regularly for the updates and information on the latest scams.

If a number calling you is suspicious, hang up and then call the institution on the number on its website. If there is a legitimate problem, they will be able to see it, and if there is not one, you will know you didn't give any information to the scammer.

Most companies will also have a publicly available list of numbers that they will call you from. Create a contact for all of these and if you receive a call from a number that is not one of these, then treat it as suspicious and follow the steps above.

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No matter what sadness, worry, or financial woe is dragging you down, you've still got to front up to work, smile and have positive happy interactions with your customers or clients. Some days this might mean you've got to fake it. If you'd like to learn how to 'Put On A Happy Face', as Dick Van Dyke once sang in the 1960 film *Bye Bye Birdy*, come along and hear how the actors do it.

For this month's Torbay Business Association Networking Event, we've got North Shore born and raised, actor Paul Glover.

Paul has been a regular face in film, TV and on stage since the early 90s. He's appeared in *Snakeskin*, *The Ugly*, *The Fall Guys*, *The Locals*, *Blood Crime*, *Fracture* and award-winning movie *'Out of The Blue'* based on the true story of the Aramoana Massacre. Stage credits include multiple theatre shows with Auckland Theatre Co., Tadpole Theatre Co., and independent theatre makers Michael Hurst, Margaret Mary Hollins, Potent Pause Productions, and Kila Kokonut Krew.

On TV, Paul has played: Salvius in *Spartacus: Vengeance*; Willie Beoff, a notorious gangster in the AMC recreation of the Al Capone story *'Making of the Mob 2'*; and many years after playing Dylan Preston on *Shortland Street* he returned to South Pacific Pictures to shoot the Channel 7 Hit show *800 Words* as Big Mac's son the daft plumber. He's also ended up a little stiff, like many before him, on *The Brokenwood Mysteries*. Paul's most recent TV outing is the comedy web series *Educators*, on TVNZ OnDemand, in which Paul returns to school as an adult student and three seasons later he's still at school!



Monday 20th February

6.30pm – 8.30pm (doors open 6pm)

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Gardening with Veronika

By Veronika McPherson

February can be a tough month in the garden. Keeping up with watering can be challenging and it can be easy to feel disheartened if it's dry and hot for

weeks on end. It can help to start your veggies in trays indoors to control the moisture and your seedlings should be ready to be planted out when the cooler weather arrives and temperature drops slightly. If it's roasting hot and dry you can delay planting carrots and winter brassicas.

Tips for Growing Healthy Carrots

- Carrots don't like their roots disturbed and are best grown from seeds. Plant seeds in full sun and make sure seeds are kept moist during germination. This can be done by adding a layer of mulch, a piece of hessian cloth or some cardboard to lock in the moisture until your seeds have germinated. After germination add some type of bird netting to stop birds scratching up your precious seeds. Water daily if the weather is dry to prevent seedlings from drying out.
- Carrots need free draining and well dug soil to thrive. If the soil is too hard or lumpy you might end up with carrots that are short or bent. Prepare your bed by loosening up the soil. Adding a bit of builder's sand to your garden bed allows carrot taproots (the actual carrots) to grow straight down and grow thicker without any pressure or resistance limiting their growth.
- Carrots grow well in sandy soil and soil that is not too rich in nitrogen. If the soil is too high in nitrogen you might end up with more leaves than root.
- Liquid seaweed is a good feed for carrots during the growing season.



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If you have an empty space in the garden, try planting a green crop to prepare your beds for your winter crops. Nitrogen fixing lupins will not only draw nitrogen into the soil, but the plant will make an excellent mulch if chopped down at root level and left on the soil. This will give the best start to your winter crops such as your brassicas that love a nitrogen rich soil.



If powdery mildew is plentiful on your plants, try spraying your cucurbits with a milk spray of 30% milk:70% water. Remove any effected leaves and spray the rest of the plant with the mixture weekly.

Enjoy the sunshine and hopefully some tasty veggies come out of your garden this month. Happy Gardening



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*T&C Apply

Quick Deck Make-Over

By Steve Piner

If your deck has almost had it but you can't afford to replace it, you could get another year or two out of it by giving it a slap of paint.

- Clear the deck. Using a soft broom, broom on 30 Second Outdoor Cleaner mixed with water as per pack instructions.
- If there's a build-up of gunk, use a Scrub Deck Bulldozer with Scraper to brush all the boards. Hose off.
- Next day, or when dry, use a paint roller on a long pole to



Deck after wash and scrub

paint the deck. If you don't care about the colour, check the mistint bin at Mitre 10 or any paint store for bargains.

- Depending on how many more winters you think your deck will last, and your budget, you can give it a second coat.

We already had a soft broom, bucket and painter's extension handle and we only did one coat. How much paint you need depends on the size of your deck. Here's how much this cost to transform our cruddy worn-out deck over two days in time for our New Year's Eve BBQ:



Deck with one coat of paint

Cost (at Mitre 10 Dec '22)

30 Seconds Outdoor Cleaner concentrate 5Lt	\$24.98
Scrub Deck Bulldozer with scraper	\$18.98
Paint Roller Kit with tray and two rollers	\$14.28
10Lt Solagard Deck and Timber Base mistint	<u>\$160.00</u>
TOTAL	\$218.24

Lamb Kofta Meatballs & Spaghetti Recipe

Low-cost, quick and easy meal for 4 people.

With long summer days it's easy to get carried away outside or working longer to clear your Christmas-break backlog. Here's an easy, tasty, quick-to-prepare meal if you've left making dinner too late.

This recipe uses the Torbay Village Butchery's Lamb Koftas. They happen to be gluten-free and are mildly spicy.

Ingredients

- Lamb Kofta skewers x 5
- 1 onion diced
- 2-3 finely chopped cloves of garlic
- 1 tbsp dried Italian herbs
- 1 can chopped tomatoes
- 2-3 tbsp tomato paste
- 1/3 can of water
- Salt & pepper to taste

Lightly fry the chopped onion and garlic in olive oil. Sweat down, remove and cover in tin foil. Mark the skewered meat to equal 5 meatballs per skewer, or smaller if you want. Lightly wet hands before removing meatball portions from skewer & roll into balls. Fry meatballs in a deep pan until browned on two sides. Add the onion, garlic, tomatoes,



tomato paste and water. Season to taste. Stir before putting a lid on, then stir occasionally to prevent it sticking. Now bring a pot of water to the boil and add your spaghetti or other dried pasta. Once your pasta is cooked how you like it, plate up and top with grated cheese.

What's Going On? It's Summer!

By Colin Lunt – photographer and photo restorer
www.clc-photographic.com

There we were, Christmas came, sun, smiles and the prospect of summer at last – and then it rained, tropical stuff from the northeast. Really wet rain, that fine driving stuff that taunts every square millimetre of 100% water-resistant clothing. And the wind arrived, 50, 60, 70kph gusts, uprooting shrubs optimistically planted in the rain-sodden soil to find them on the neighbour's lawn, peeping through the curtains thinking he's won a fine collection of bromeliads to accompany the newly acquired trampoline which had flown in overnight.

In the middle of all this, over at Browns Bay, windsurfer Russ spent half an hour making the most of it. He put on a very brave show and even smiled as he fought to control the rig as he loaded it into his van. But not for me, I left and stopped by for coffee in Torbay on my way home!



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Start the Year Right-with theatre!



Last December's 'The Music Man': the band look good, but can they play?

Does your child love to perform? Jacqué Mandeno's Love Drama speech and drama classes can encourage and guide the extroverts, and help the shy ones find their confidence. And it's not just an extra-curricular activity. Children (now grown up) who first stepped on stage with Jacqué are now following their dream – Michael heading to Australia this month for a Musical Theatre course; Amberly studying Design for Stage and Screen at Toi Whakaari (National Drama School) in Wellington; Lena at stage fight school, becoming a dab hand at sword fighting and more; Sophia writing and directing plays for children and youth, as well as acting on-stage at Torbay and helping run the club as past-President and current committee member. Many others are on-stage in big productions in Torbay, Orewa and elsewhere.

Jacqué runs after-school, daytime and early-evening theatre classes for kids, teens and adults, as well as one-on-one or small group / family sessions, with daytime classes for home-schoolers. Students have fun with all aspects of theatre, with scenes and sketches from Shakespeare to Python

and games. And at the end of every term your child (or you!) will have the opportunity to perform in a real theatre setting – and all the children love it! Love Drama performance classes are a magical opportunity to experience the sheer joy of theatre – the ultimate team sport! Everyone gets experience backstage with props, stage management, scene-setting, lighting, etc, as well as learning playlets and monologues. National exams can be entered where appropriate. Not a kid keen on drama but wanting to improve your vocal delivery for work? Jacqué can help you too. For more information phone Jacqué on 027-522-7836 or email her at jacque@mandeno.com.



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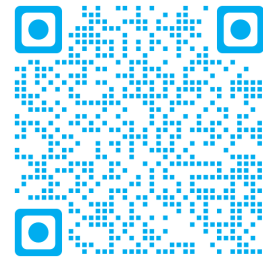
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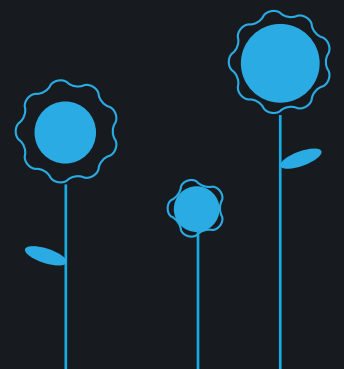
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Fishing with Pont



By Nathan Pont

I'm thrilled to be joining the Torbay Magazine to share my passion for fishing. I've called the Bays home my whole life and I've spent the majority of my summer holidays on the Hauraki Gulf sailing and fishing. Murrays Bay Wharf was my favourite school holidays launch

pad into the water. Now I jump at the opportunity to fish every weather window we get.

I'm going to start off giving you tips and tricks on how to target different species of fish using different techniques, starting with snapper. But do let me know what boat fishing topics you'd like covered in future issues. You can email me via theteam@torbay.co.nz

Tight lines until next time.

Snapper

Form of Fishing: Ledger Rig

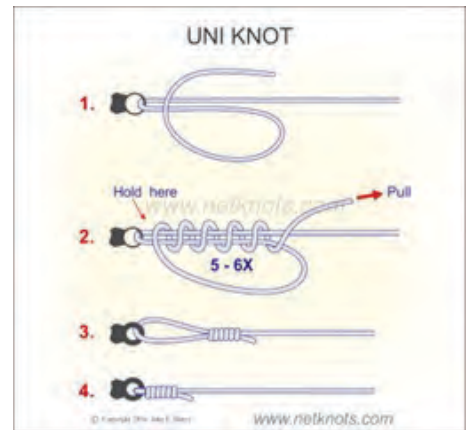
Knots and Rigs: A majority of people have used a fishing rig in a range of forms consisting of nylon, a lead sinker and a hook.

Dropper, Ledger, Flasher Rig: This is the most common rig. It's a fantastic rig to use when first starting out as they can be purchased premade or can easily be made at home (see diagram). With premade ledger rigs all you need to do is tie a uni knot (see image) to tie the swivel to the main line and the rig to a sinker at the bottom.

Next month I'll go over where to find snapper and how to use a ledger rig to catch them.



Example of a 2-hook rig



Example of how to tie a uni knot

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Tides FEB 2023 (Murrays Bay)

	HIGH		LOW		HIGH		LOW		HIGH	
Wed 01	04:45	2.6m	11:03	0.9m	17:03	2.6m	23:22	0.8m	-	-
Thur 02	05:43	2.6m	11:58	0.9m	17:59	2.5m	-	-	-	-
Fri 03	-	-	00:18	0.8m	06:37	2.6m	12:49	0.9m	18:53	2.5m
Sat 04	-	-	01:08	0.7m	07:25	2.7m	13:37	0.9m	19:43	2.6m
Sun 05	-	-	01:53	0.7m	08:09	2.7m	14:20	0.8m	20:29	2.6m
Mon 06	-	-	02:34	0.6m	08:49	2.8m	15:01	0.8m	21:10	2.7m
Tue 07	-	-	03:12	0.6m	09:27	2.8m	15:40	0.7m	21:49	2.7m
Wed 08	-	-	03:49	0.6m	10:03	2.9m	16:17	0.7m	22:26	2.8m
Thur 09	-	-	04:26	0.6m	10:40	2.9m	16:54	0.6m	23:02	2.8m
Fri 10	-	-	05:02	0.6m	11:16	2.9m	17:31	0.6m	23:39	2.8m
Sat 11	-	-	05:41	0.6m	11:55	2.9m	18:10	0.6m	-	-
Sun 12	00:18	2.8m	06:22	0.7m	12:35	2.8m	18:50	0.6m	-	-
Mon 13	01:00	2.7m	07:07	0.7m	13:18	2.8m	19:35	0.7m	-	-
Tue 14	01:48	2.7m	07:59	0.8m	14:06	2.7m	20:25	0.7m	-	-
Wed 15	02:43	2.6m	08:58	0.8m	15:00	2.7m	21:24	0.7m	-	-
Thur 16	03:48	2.7m	10:02	0.8m	16:01	2.7m	22:30	0.7m	-	-
Fri 17	04:56	2.7m	11:08	0.8m	17:09	2.7m	23:37	0.6m	-	-
Sat 18	06:01	2.9m	12:11	0.7m	18:18	2.8m	-	-	-	-
Sun 19	-	-	00:41	0.5m	07:01	3.0m	13:11	0.5m	19:22	2.9m
Mon 20	-	-	01:39	0.3m	07:57	3.2m	14:09	0.4m	20:21	3.1m
Tue 21	-	-	02:34	0.2m	08:50	3.3m	15:03	0.3m	21:15	3.2m
Wed 22	-	-	03:25	0.2m	09:42	3.4m	15:55	0.2m	22:06	3.2m
Thur 23	-	-	04:15	0.2m	10:32	3.3m	16:46	0.2m	22:55	3.2m
Fri 24	-	-	05:04	0.3m	11:21	3.3m	17:34	0.2m	23:43	3.1m
Sat 25	-	-	05:52	0.4m	12:09	3.2m	18:21	0.3m	-	-
Sun 26	00:31	3.0m	06:42	0.5m	12:58	3.0m	19:09	0.5m	-	-
Mon 27	01:19	2.9m	07:34	0.7m	13:46	2.8m	19:58	0.6m	-	-
Tue 28	02:11	2.7m	08:30	0.9m	14:37	2.7m	20:50	0.8m	-	-

Source: Metservice www.hightide.co.nz

Concerns Flagged for New Hibiscus & Bays Board

The top concern locals would like the new Hibiscus & Local Bays Board to focus on is improving infrastructure to reduce sewage run-off into the sea at our beaches. The Christmas holidays is peak season for our beaches and, as if on cue, Waiake and Long Bay were issued with a black flag alert on New Year's Day. That's not the sort of national news we want to be known for.

Other top concerns identified in our survey of readers were: monitoring building and other sites that create sedimentation run-off to the beaches and marine reserve, and related to this participants wanted harsher penalties when sites cause this to happen. Restoration and preservation of natural habitats, for example via pest control, was rated third, with improving

the reliability and frequency of public transport in the Bays close behind, followed by concerns for the security and safety of the shops in our local centres.

Over 60 people, aged mostly between 25 and 64 participated in the survey. About 60% lived in Torbay and there was a good spread of longer-term residents and people newer to our area. A majority of people wrote extra comments highlighting priorities they'd like to see the HBLB address. The long-standing broken promise to make the Glenvar/East Coast Road intersection safer was mentioned often. One person said, "we have lived here for over 50 years and have been promised that Glenvar Road would be properly upgraded and finished. It is a disgrace that this is still not a priority."

Thank you to everyone who took part. We'll pass on the anonymised results to the HBLB and congratulations to the winner of the \$100 voucher.



Life on the Edge February 2023 Ngā Kōrero

Meet the Shark - Mangō

Happy New Year e te whānau!

There are 72 known species of sharks worldwide. Collectively known as "mangō" in *te reo Māori*, regional dialects mean there are a range of *Māori* words used for different species. The species we are most likely to see in *Tikapa Moana Te Moananui ā Toi*/the Hauraki Gulf are *kapetā/tupere*/(school), *kakere/mangōpare* (hammerhead), *taha pounamu/mangō pounamu* (blue), *mako* (mako), *matawhā/ngengerō* (bronze whaler) and *mangō ripi* (thresher).

Like most animals, the presence of their favourite prey usually determines where sharks can be found. In summer as small fish head closer to shore, the sharks follow them in. Summer is also when most people spend more time in the water meaning we both turn up to the beach at the same time, increasing the opportunities to see sharks. During



summer on a clear calm day, you might be lucky enough to see a fin breaking the surface of the water. These are usually small pups basking on the surface or chasing small fish.

Each summer we are likely to see small sharks while we are out adventuring with the kids. You can always tell which ones saw them as they beam with excitement when sharing their story back at MERC.

Article by Yui Khai Foong. Photos by Nathan Pettigrew

New Year's Resolutions Ideas



Happy New Year! We hope you made the most of the amazing weather we experienced during the holiday period. Our Raft team really enjoyed helping the Torbay Business Association with the Christmas event on 10th December. Lots of children had a fun time making cone gnomes, entering the colouring-in competition,

and hunting the shops for answers to the gnome quiz. Our Christmas pop-up shop in Toroa Street did a roaring trade with visitors from as far away as England and the USA popping in to buy presents to take home with them.

Now we're ready to help you with your New Year's Resolutions. If you set a resolution and have already given up, maybe it was too extreme and too hard to maintain (who can really live without just one chocolate, glass of wine or visit to the takeaway?). Or maybe your motivation to go to the gym or walk the length of the beach daily before work is dropping off already? You might find it easier to see through a New Year's resolution that's fun, rewarding and achievable.

We suggest:

- Make time for you
- Take up an art or craft
- Book into a class or workshop to learn something new
- Join Raft for help to achieve your goals

No experience is needed for many of Raft's classes. Tools, materials and a cuppa are provided and it's a fun way to meet new people. Term 1 classes and workshops start Tuesday 7th February (see What's On pg. 29 or our website). If you don't have time for a full morning or afternoon class, we are also running One Hour Project sessions on Monday and Wednesday mornings. Again, no experience is needed. Pop in and give it a go. We would love to meet you.

Thanks to the support of the businesses who advertise in the Torbay Magazine, we're thrilled to be able to continue our regular page bringing you arty crafty updates, a DIY project and our upcoming programme. Be sure to have a look each month as we'll be adding more evening and weekend classes and groups later in 2023. For now, get started with something crafty by making a Valentine's card.



Christmas Wreath Workshop

Make a Valentine's Day Card

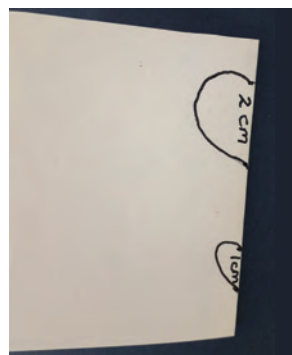
You will need:

- 1 sheet A4 pink card
- 1 piece white card 9.5cm x 13cm
- 1 piece blue card 4cm x 4cm
- 1 piece dark pink card
- Scrap card to make heart templates

Make heart templates by folding a piece of scrap card in half and draw half of a heart measuring 2cm at the centre and half a heart measuring 1cm at the centre. When opened out these will give two even heart shapes.

Cut A4 pink card in half to measure 21cm x 14cm. Fold the pink card to make a 10.5cm x 14cm card base.

Stick the white card onto the front of the pink card base. Cut a 4cm square from the blue card and stick a thin strip of white card in a cross on the front.



Cut out 2 large hearts and 2 small hearts from the dark pink card and 1 large heart and 2 small hearts from the pink card.

Stick blue card onto lower part of card front. Then arrange and stick the hearts on.

Use a black pen to draw the strings attaching the hearts to the blue box.

60 Years of Scottish Country Dancing

Past and current members of Braemar Scottish Country Dance club celebrated 60 years of dancing in the Bays at the end of 2022 with a luncheon and dance at Browns Bay Primary. The current members put on a wonderful spread of ham on the bone and salads plus pavlovas and fruit salad. Replete past and present members took to the floor to share the enjoyment of dancing, many past members finding that no matter how long it's been since you danced when the music starts your feet know what to do. Musicians Sharlene Penman and Margaret Peace provided the music that got everyone's feet going.

Photo albums of past events and balls were pored over as people reminisced, laughed, and renewed friendships. The 60th anniversary cake was cut by Hazel Hipkins, a past teacher, and Jessie Williams a life member.

The club will be back dancing from

**7 March on Tuesday nights 7.30 to 9.30pm
at St Anne's Hall on the corner of
Glencoe and Beach Roads.**

To try Scottish Country Dancing come along,
on your own or with a friend/s,
to the free trial night Tuesday Feb 28th.
No special clothing is needed but wear soft
soled shoes.

For more information phone Fred (the President)
09 963 8145 or Yvonne 09 410 9126.



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Days to Celebrate in February

Waitangi Day - Monday 6 February



Waitangi Day commemorates the signing of *te Tiriti o Waitangi*, the Treaty signed in 1840 by British officials and the chiefs of various *hapū*. *Hapū* is a kin-based collective of *whānau* (families descended from a common ancestor). If you're Scottish, you could think of the word *clan*. *Hapū* in 1840, and all the *whānau* belonging to the *hapū*, collectively decided their own affairs.

Dame Anne Salmond, a distinguished Professor

of Anthropology at the University of Auckland, recently urged our country to relook at the original wording and promises of *te Tiriti o Waitangi*. She did this because some reinterpretations of *te Tiriti* over the last 35 years, she believed had introduced some “destructive” ideas. One idea that has fuelled increasing division, she explains, was a 1987 legal judgement introducing the false interpretation that the Treaty documented a “partnership” between “*Pākehā* and *Māori*” or “the Crown and the *Māori* race”. But this idea was not mentioned in either the English or the *Māori* language version of *te Tiriti*. It was not a “partnership between races”. *Hapū* are not a ‘race’. Nowadays, *hapū* may have family members with genealogy stretching around the world. The Crown is not a race, and neither does ‘the Crown’ exclude *Māori*. In fact, the current representative of the Sovereign in New Zealand, Her Excellency The Right Honorable Dame Cindy Kiro, appointed by the late Queen Elizabeth II, is a *Māori* woman.

Te Tiriti o Waitangi, Professor Salmond explains, set down the protections the *hapū* chiefs wanted from Queen Victoria (and her descendants forever) and what they exchanged in return for her promise “to look after all the indigenous inhabitants of New Zealand”. But the Treaty was not just about protecting *Māori*. Article 3 of the Treaty promised “justice and equality in human dignity and everyday living” for **all** citizens of New Zealand. All citizens, then and to come, were guaranteed “cultural equality”.

Rulers and politicians throughout time have often sought to erase or rewrite history to suit their own agendas. They also use the ol’ divide and conquer strategy, deliberately encouraging an “us” versus “them” mentality. Professor Salmond’s paper* is a good reminder to be wary of attempts to pit us one against the other.

This Waitangi Day celebrate things we have in common: that the care of our *whānau* / family is central; the diversity in your and others’ *whakapapa* / genealogy; and, the concept of our descentance from, or dependency on, *Papatūānuku* (the Earth Mother) and *Ranginui* (the Sky Father). As *Māori* can be heard to say, if you go back far enough, we’re all related.

*Professor Salmond’s paper ‘Where will the Bellbird sing? *Te Tiriti o Waitangi* and Race’ was published in *Policy Quarterly*, Volume 18, Issue 4 in November 2022.

Valentine’s Day 14 February

The origins of Valentine’s Day are contested and subsequently not all religions countenance it. For many, Valentine’s Day is now just a useful prompt to remember to show that special person in your life how much you love them. Certainly, it’s a boon for florists, chocolatiers, restaurants and jewellers. With the hard times the world has had over the last three years, and the forecast of a tough year economically, who couldn’t do with a little more love?



Loud Shirt Day - Friday 24 February

Another day for injecting some fun into this month is Loud Shirt Day. You can share some love also by making a donation to The Hearing House or the Southern Cochlear Implant Programme (SCIP). Loud Shirt Day is held to raise funds to help these two charities support thousands of Kiwis living with cochlear implants. Why not organise a Loud Shirt Day outing? It is on a Friday after all. Be sure to post your Loud Shirt Day picture on your preferred social media site with the hashtag #GetLOUD2023. To register your fundraiser or find out more visit www.loudshirtday.org.nz



Pet Cats Caught in Ōkura/Stillwater Biodiversity Hot Spots

Adapted from a longer Friends of Ōkura Bush article by Joanna Crawford & Bernard Michaux

Between January and October last year, 15 cats were caught in live-catch traps on or beside Biodiversity Focus Areas including Karepiro Beach and the globally rare Chenier formation at Stillwater. These areas are ecologically significant and need intensive management to protect their indigenous ecosystems and the species dependent on them.

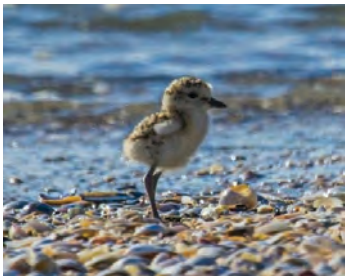
Cats represent a serious risk to a number of endemic species and migratory wading birds. Any delay in managing the presence of cats in sensitive areas will stop any chances of birds breeding again this season or in years to come.

Shockingly, Auckland Council has advised that it has neither

the resources or capacity to trap cats in these precious areas! They said they are relying on responsible cat ownership to prevent further loss of native species on the Ōkura to Stillwater foreshore.

Seven of the trapped cats were domestic pets. One of them was caught on two separate occasions. Microchip registration and posts on social media posts enabled six of these cats to be returned to their owners, most of whom were oblivious to the nocturnal damage their cat was causing. The distance these cats were travelling was at least 2km and up to 4kms one way. But they can roam much further. *Manaaki Whenua* - Landcare Research tracked one cat that ranged over 23kms.

Avian photos by local photographer Martin Sanders. Cat photos by volunteer trappers D Aitken and J Crawford.



Birds at Risk

- *Pāteke*/Brown Teal (small brown ducks usually only found behind predator-proof fences or offshore island sanctuaries);
- The secretive banded rail or *moho pererū*;
- *Kūaka*/bar-tailed godwit (in the summer);
- *Tōrea*/pied oystercatcher (in the winter);
- *Tūturiwhatu* ;
- *Poaka*/pied stilts;
- *Kōtuku ngutupapa* or Royal Spoonbill.

Cats also kill insects including our wētā, tuna/eels, koura/native crayfish, and native lizards.

If You Have a Cat

- Recognise that cats are predators;
- Have your cat de-sexed and microchipped;
- Register your cat (whether microchipped or not);
- Add bells to your cat's collar ;
- Keep your cat inside between dusk and dawn at an absolute minimum;
- Consider adding an outdoor cat enclosure to your house to stop your cat leaving your property;
- Support responsible cat ownership to be legalized;
- Donate to Friends of Ōkura Bush to help fund their pest control work.



The Torbay Tui

Puzzles

The tui perched outside my window
Singing softly from crimson trees
A tune he warbles so ever-sweetly
I wonder what he sees

To inspire such a melody
The muse must be exquisite
A pirate ship in felony
Or King Charles here on a visit

Does he compose in the name of award-winning pies
From our quaint streetside bakery
Surely the tender mince is deserving
Of a ballad in devotion to its pastry

Perhaps he spies a fair lady
Her jewels, like his feathers, do gleam
Or maybe he desires, beneath frosted glass
The dairy's delicious ice cream

He may be surely moved
By the artwork down at Raft
A collection of local masterpieces
Or visionary craft

Has he flown up from the beach
Where laughter rolls in waves
Are salty air, sandy feet
The reasons his song plays

The beauty that he whispers
Upon the Torbay breeze
I believe that in his story
He is singing just for me

© 2023 Tasman Smail (14 yrs)

Photo: Keerti Siag Photography

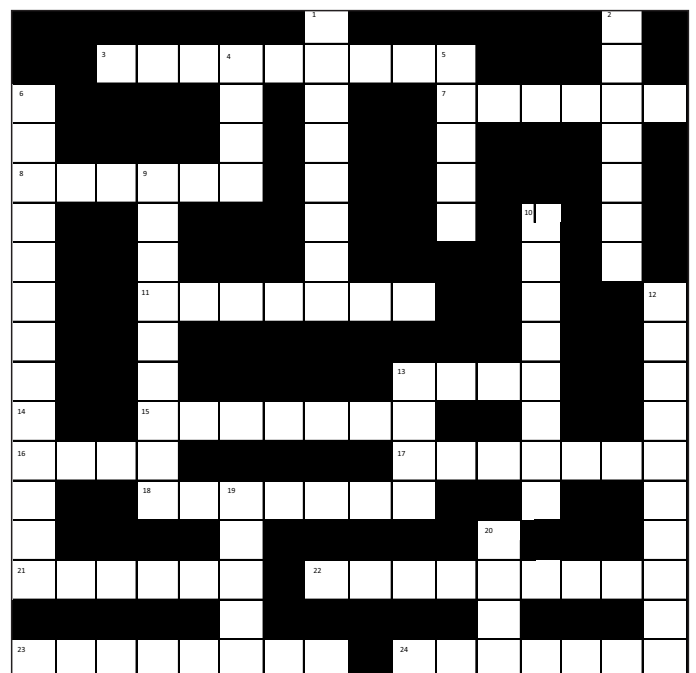


Sudoku

7	6	3			9	4		
	9			1				6
2			4	6	5			7
9	4				7	2		
		5				7	6	9
3					6	1		
6		2			1	9	4	
			9		2		7	
			6			5	1	

Answers Page 26

Crossword



ACROSS

- 3 * Something to make with lamb kofta
- 7 Place to keep aeroplanes
- 8 * Troy cuisine is from
- 11 Local store of knowledge
- 13 * Paul Glover played what kind of plumber?
- 15 * Where to get info on scams
- 16 * Valentines is all about it
- 17 Funeral at sea; you would _ the body to the sea
- 18 Lots of _ treats over Xmas
- 21 * These Geeks are good to have around
- 22 * School celebrating its 50th jubilee
- 23 * Te tiriti o _
- 24 * Veronica focuses on these veggies

Answers to clues marked * can be found in this edition

DOWN

- 1 * Playing in Browns Bay
- 2 * Nathan advises on how to catch _
- 4 * New restaurant in Torbay
- 5 * Playing in Browns Bay
- 6 * Best place in Torbay to get meat
- 9 * Street lit up for Variety
- 10 * Braemar _ country dancing
- 12 * What Day is always a good time to show some 17 Across
- 13 * Quickly made over by Steve
- 14 “_ your hook” meaning to move on
- 19 We can all be a bit of one sometimes
- 20 One closes, another opens

Happy New Year from Torbay Plunket

The Torbay Plunket Committee was delighted to get behind the BBQ at the Torbay Village Santa Day to raise funds for our Meals for Families programme. The sun shone, the Christmas spirit was out and the sausage sizzle and raffle were a terrific success! We also held a Plunket garage sale alongside the festivities which was a great way to connect with the community. We have some amazingly generous locals to thank for their support of these fundraisers:

- Claire Cassin and Stephen Kattan from Barfoot and Thompson, Torbay
- The Torbay Business Association for running the event and buying the sausages
- Four Square, Torbay
- Gilmours, North Shore
- New World, Browns Bay
- Amanda and Chris Chambers for their amazing donation of a (much-needed) brand new BBQ!



Keeping Children Safe Around Dogs

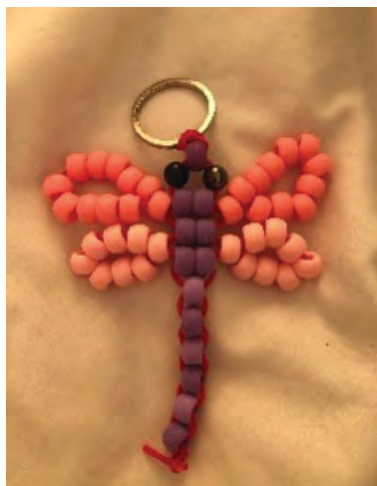
- As lovable as dogs are, they're still animals and they can be unpredictable.
- Always stay with children when there's a dog around, especially children who are visiting.
- Never leave children alone with a dog, even to answer the door or to go to the toilet.
- If you tie your dog up in a public place, consider using a muzzle.
- Never tie a dog leash to the baby's pram; hold the leash in your hand.
- Dogs should have their own toys. If a dog has taken your child's toy, and the child tries to get their toy back from the dog, the dog may bite them.

TEACH YOUR CHILD:

- not all dogs are as friendly as their own dog;
- be calm around dogs;
- ask the owner's permission before patting a dog;
- why dogs behave the way they do, and how they might be protecting their property or their family;
- not to tease or annoy dogs;
- not to approach a dog that's eating, sleeping, has puppies, or is hurt;
- not to hug or kiss dogs. Face-to-face contact is a common cause of bites to the face.



Glamorgan School Celebrates its 50th Jubilee



We are a group of year 5 ESOL students from Glamorgan School. For our school's 50th Jubilee we decided that our school needed a new flagpole. The old one had become unsafe and had been removed.

We put together a complete proposal which included the history of the original flagpole, options and quotes for a new one

and suggestions for its new location which we then presented to the Board of Trustees. We then made 200 beaded keychains which we sold to the other children to raise the money to pay for the flagpole.

While doing our research we discovered that in 1979 one of Glamorgan's foundation teachers, Mrs Templeton, had returned to her previous school in Wales and was given a genuine Welsh flag to bring back to our school. Glamorgan Drive and our school had been named by a Welshman who farmed in the area prior to the school being built. Our school had adopted the Welsh dragon as its emblem. While Mrs Templeton was at Dyffryn Road School receiving the flag, Air New Zealand flight TE901 flew into Mt Erebus on Ross Island in Antarctica. Our deputy principal at the time, Kate Howarth, died in the crash. When Mrs Templeton arrived back in New Zealand and the Welsh flag was finally raised up the flagpole, it had to be flown at half-mast.

We wondered, if once again, the school in Wales might be interested in sending us another flag, so we wrote them a letter. They have replied saying they will. We're hoping that when it comes we'll be able to raise the flag to the top of our new flagpole for a really happy occasion, Glamorgan School's 50th Jubilee.

Written by the Year 5 ESOL students



Glamorgan School are planning some special events to celebrate turning 50. To kick off the 50th Jubilee celebrations there'll be a school community picnic on **Friday 3rd March, 5-7pm**

(or 17th March if weather gets in the way)
with face painting, frisbees, sack and egg & spoon races, corn hole, ring toss and more. Friends of the School will sell ice blocks and they'll be taking orders for pizza to be delivered on the evening. So mark this in your calendar, bring your picnic rug and have some fun!

Celebrating learning and achieving together.



Puzzle Answers

Sudoku

7	6	3	8	2	9	4	5	1
5	9	4	7	1	3	8	2	6
2	1	8	4	6	5	3	9	7
9	4	6	1	8	7	2	3	5
1	8	5	2	3	4	7	6	9
3	2	7	5	9	6	1	8	4
6	7	2	3	5	1	9	4	8
8	5	1	9	4	2	6	7	3
4	3	9	6	7	8	5	1	2

Crossword

						M						S					
												N					
						M	E	A	T	B	A	L	L	S			
B						R						H	A	N	G	A	R
U						O											P
T	U	R	K	E	Y	A											P
C						I											E
H						L											R
E						L	I	B	R	A	R	Y					V
R						A											A
						R											T
																	L
S																	E
L	O	V	E														S
I																	I
N																	O
G	U	T	T	E	R												I
																	E
W	A	I	T	A	N	G	I										S

ACADEMIC AWARDS



Our Academic prizegiving returned to the Bruce Mason Centre in Takapuna. Our most prestigious award – the Dux award, given to our highest academic achiever going to Alanna. Our Proxime Accessit (runner up) award being received by Rosa.

The evening was a spectacular showcase of outstanding student achievement, recognising the hard work and effort of our award winners, their whānau and our staff. We congratulate all of our award winners and wish them great success in the future.



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Accommodation - North Shore. Fully furnished self-contained. Apartments, houses. Ph 021 935 854.

BUILDING & TRADES

Builder – Decks, Bathrooms, Alterations. Free quotes. Ph Barry 027 280 1038.

Builder – Renovations to bathrooms, buildings, new decks, fences, paths and driveways. Ph Cliff 473 6317 or 027 618 5917.

Building and Landscape Maintenance - General building maintenance, small renovations, handyman work, landscaping, fences, pergolas and more. References available. Ph Dale on 0274397519.

Coast Roofing Ltd - Long run roofing, new roofing, re-roofing and repairs. Local Torbay resident 35 years experience. Free quotes. Ph Matt 027 274 6159.

Electrician – 24 hour service, All work considered, no job too small. All work guaranteed with Electrical Certification. Ph Graham 473 0233 or 021 067 6294.

Electrician – Registered. Install, maintain, repair, rentals, senior discount, free quote. No job too small. Ph Jordan 021 0234 5467.

Fence Brothers - For all your fencing needs. Fences, decks, gates, automation, steel or timber. Free quotes. Ph 0800 336 232.

Gera Glass - Certified tradesman glazier. showers, mirrors, splashbacks, balustrades, pool fences, broken windows, safety glass, pet doors and more... No job too big or small! Free quotes. Ph Dylan 022 656 9417 or geraglass@xtra.co.nz.

Licensed Builder – www.jhconstruction.co.nz. Is your bathroom in need of a make-over? Bathroom and house renovations. Ph Jamie 021606413 or jamie@jhconstruction.co.nz.

Painter - 30+ years experience. Interior and exterior painting, also staining and specialty finishes. Ph Keith 0274 599 909

Painter - No job too big or small. 30 yrs experience. Heaps local references. Ph Clive 0274 812 231.

Painter - Uplifting Works Painting. Interior/exterior painting. Quote 021 560 891.

Painter and decorator - After 36 years in the trade and 25 of those spent in Torbay I am scaling down my work load and able to do smaller jobs at a very fair rate. Free quotes. Ph Darren 0272706728.

Painter and decorator - Experienced in all aspects. For a free quote ph: Nick 0211444101 or Shaun 021 154 8886. shaunshgm@gmail.com

Plasterer - interior / exterior, local, 25+yrs experience. Ph Richard 022 199 8673.

Plastering/Painting - Male and female team 20 years experience, no job too small immediate start. Ph Brad 0272 5111 65 or 443 5064.

Plumber – All work. Coastal Plumbing and Drainage. Ph 473 7787 or 027 263 3217.

Property Maintenance - Interior & Exterior repairs, painting, plastering etc, just ask Ian on 021 184 2426

Tiler – 25 years experience. Certified waterproofing. Free quote. Ph Brent 021 949462.

SERVICES

Babysitting - Weatherly Road Torbay area. Ph: Kaylah (14yrs old) 022 107 4461

Butterflyer Personalised Transport - www.butterflyertransport.co.nz. Ph Lisa 021 118 2715.

Clothing Alterations - Over 10 years experience as dressmaker. Qualified Tailor. Can fix uniforms for Primary and Secondary. Ph: Cora 021 185 1432. cora.vallejos@hotmail.com

Security – Security - Locks + Safes + Alarms + Cameras + Smoke Detectors + Fire Extinguishers. Torbay local = no call out fee. Justice Dept licensed #22-095290. Member of NZ Security Association. Call Warwick 0800 875 247

安全 - 锁、保险箱、警报器、照相机、烟雾探测器和灭火器。司法部执照#22-095290。新西兰安全协会会员。致电华威 0800 875 247

Security - USL Group - UK TV installed, BBC, ITV, CH4 & Sports. Over 50 UK channels installed on your TV, Laptop, PC or Phone. Must have Fibre & a Smart TV. For more info call Warwick, local Torbay Technician, 0800 875 247

Tax Returns and Advice - Ph Marc 473 8860.

Vision Accounting Solutions Ltd – Vision Accounting is a Chartered Accountancy firm which prides itself on making the time to offer our clients a friendly listening ear, whilst providing best practice, professional accounting and taxation results. Ph Virginia 473 0507

HOME & GARDEN

Active Tree Care Ltd – All tree work undertaken qualified arborists. Free quotes. Ph 473 6723 or 027 555 6403.

Carpet and Upholstery Cleaning – stain removal, free deodorising. Fly and insect control. Ph Michael 473 1422 or 0275 739 112.

Garden Bags and Bins – Prompt and professional service and competitively priced. Ph John, 0508 262 626 or 021745992. jdpropertieservices.co.nz.

Handyman – Born and bred in Torbay, Martin is a qualified cabinetmaker and experienced professional. Allsorts Property Services is available for property maintenance, odd jobs, decks, fences and garden services. Ph Martin

Bassett 027 452 6515.

Kev's Trees & Hedges – Formerly Torbay Trees. Tree work and Hedges. Free quotes. Ph Kevan 473 7330 or 021 126 0779.

Landscaping – Format Landscapes, local, over 20 years experience, Diploma in Landscape Design. We undertake all aspects of hard and soft landscaping including decks, paving, fences, retaining walls, planting etc. Small to large projects. Free quotes. Ph Matt 021599 107. www.formatlandscapes.co.nz.

Landscaping – From concept to completion. For practical and creative solutions. Small areas and makeovers a specialty. Ph Peter 0274 394 574. www.landscapedesignauckland.co.nz

Lawnmowing and Hedges – Ph Jim's Mowing 0800 454 654 for large or small lawns, trimming, rubbish, spray, clean-ups. Guaranteed! www.jimsmowing.co.nz

Lawnmowing and Hedges – Free quotes. Ph Ian 473 2004 or 021 764 426. Mowing, garden tidy ups, Hedge trimming. lan@grassrootsmowing.co.nz

Rubbish Removal and Skip Filling – Ph Cliff 473 6317 or 027 618 5917 for all your garden and general rubbish removal needs.

Shaun's Home and Garden Maintenance – Honest & Reliable. Lawns, Sales & Rental tidy ups, Hedges, House washing & much more. 021 1548 886 shaunshgm@gmail.com

Squeaky Cleaners – Eco friendly products, Insured, References, Non Franchised, Reasonable Rates. Specializing in Residential / Office cleaning to showhome standard. Call or text Joy now to discuss your options. Ph 021 487 463. squeakycleaner.co.nz

SIGNS

Sign Addiction - Shops - Vehicles - Boats - Site Signs and more. Ph 0274 991 744 or 473 6364 or sign.addiction@xtra.co.nz

FOR HIRE

Awatuna Scout Hall – Waiake Beach. Available for birthday parties, exercise classes. Kitchen facility. Ph: Amanda 021 076 7422, awatuna@gmail.com.

Senior Citizens Hall, Torbay - email caroline.k@xtra.co.nz

Torbay Community Hall - email torbaycommunityassociation@gmail.com

TUITION

Ballet - Pre-school, grades, advanced and adult classes. Royal Academy of Dance syllabus. www.diannewallaceballet.co.nz. Dianne Wallace RAD Dip Tchg. Ph 027 603 0481.

What's On

AL-ANON FAMILY GROUPS – Support group for family and friends of alcoholics. See www.al.anon.org.nz or ph 0508 425 266

ALCOHOLICS ANONYMOUS – 0800 229 6757. www.aa.org.nz. Join our friendly Tuesday night meeting at 7.30pm at St Marys by the Sea Anglican Church if you wish to stop drinking

BACKGAMMON CLUB – Backgammon is a very old popular game. Easy to learn. Harder to win. Depends on roll of the dice and your strategy. Join our friendly club on Wednesday afternoons 12.30-3pm for some fun at Room 3, Browns Bay Community Centre, 2 Glen Road Browns Bay. Ph Linda 021 216 3050 or 476 8311 or just come along

BRAEMAR SCOTTISH COUNTRY DANCE CLUB – Relaxed, friendly group who dance Tuesday 7.30pm at St Anne's Hall cnr Glencoe & Beach Rd, Browns Bay. Phone Yvonne 410 9126

BROWNS BAY LADIES CLUB - Retired and still young at heart? Why not join the Browns Bay Ladies Club? We meet the 4th Friday of every month. We have a guest speaker and also offer many interesting groups and bus trips. Ph Christine 475 5426 or Jan 478 9231

BROWNS BAY RACQUETS CLUB – Would love to have more players 55 years plus. We play mixed doubles. Friday 9am. We have lots of fun and fees are low, in fact nil at first. Ph Angela Verry 021 121 158 or 479 5094

THE CREATIVE KEYBOARD CLUB – who have members in Torbay. We meet at the Community Hall, (behind St Cuthberts Church), 45 Anzac Road, Browns Bay. 2.00pm every 2nd Sunday of the month and enjoy music from members and guest artists. Includes afternoon tea. Small admission fee. Ph Marlene 478 3166

EAST COAST BADMINTON – Active Badminton Centre, 44/46 Apollo Drive. Tuesday 5pm-10pm. Ph Don 473 0703 or 027 497 6242

EAST COAST BAYS BRIDGE CLUB - Learn to play bridge. All ages welcome. Contact: lessons@ecbbridgeclub.co.nz or Helene 027 296 3365

HAURAKI FLORAL ART CLUB - Join a fun and friendly group creating artistic designs with flowers and foliage. Free lessons. We meet the second Wed of every month from 9am. Ph Jennifer 09 479 5691 or Jo 027 673 8836

LONG BAY VILLAGE MARKET - 26 February, 9am-2pm. Michelle 021 119 8796; Leanne 027 432 3317 (txt is best); longbayvillagemarket@gmail.com

NORTHSHORE WRITERS GROUP – Invitation to all adults who have written, are writing or want to write! Fortnightly from Weds 7th Sept. Contact Tim 021 224 4533 timowen1968@gmail.com

RAFT STUDIO - CASUAL GROUP CLASSES – Term 1: All About Sewing (Mon 12-3.00pm); Create with Paper Craft (Tues 9.30-12.30); Beginners Mixed Media (Tues 1-4.00pm); Acrylic Painting (Weds 1.30-4.30); Advanced Mixed Media (Thurs 9.30-12.30); Casual Painting Group (Thurs 1.30-4.30); Art for Wellbeing (Fri 9.30-11.30am); 'Have a Yarn' Group (Every 2nd Monday 7-9pm, next on 13th Feb).

RAFT STUDIO - WORKSHOPS/TUTORIALS – : Valentine's Night fun workshop (Tues 14th Feb 7.30-9.30); Recently Retired Workshop (Sat 25th Feb 10-2pm) Frame It - Herb planter (Tues 7th March 7-9pm); Powertex Sculptural Workshop (Sat 11th March 10am-1pm); Macrame (Sat 18th March 10am-1pm); Teen Wellbeing (Sat 25th March 2-5pm). For details: www.raftstudios.co.nz, email: raftstudiosstorbay@gmail.com or ph: 0211452865

RESTORE HIBISCUS & BAYS – Monthly planting days at local reserves. For info ph: 027 290 4826.

ROTARY BROWNS BAY - Torbay meets every 1st and 3rd Tuesday of the month for a 7am breakfast at the Bays Club in Browns Bay. If you are interested in doing different things in your community come for a visit. Ph Paul Mees 021 0257 0993. www.brownsbayrotary.co.nz

RUMMIKUB GROUP – Join our friendly group on Wednesday mornings 10am-12 noon in the Council Building in Glen Road, Browns Bay. Ph Annette 021 061 2199 or just come along

ST MARY'S COMMUNITY GARDEN, TORBAY – Allotments available for you to grow your own vegetables, herbs and flowers. Join a fun sharing group. Ph Nanette 021 140 4548 or Dianne 027 313 7116

TORBAY FRIENDSHIP CLUB – a lively and thriving club for retirees. The club meets monthly (except January) on the second Thursday, 10.00am at Torbay Village Hall. We have great speakers and other activities include excursions, coffee mornings and games groups. Annual membership \$25.00, plus joining fee. Call Ann: 021 167 8610. Visit fnzi.nz for info on Friendship Clubs in general.

TORBAY TENNIS CLUB - behind the Community Hall offers tennis for all ages. All inclusive membership fees. Junior fee includes coaching. Club coach Jason Hart offers exciting programmes. For more info or to register see our website for open day dates: www.torbaytennis.org.nz

TORBAY INDOOR BOWLING CLUB – Looking for a new activity? Come join this friendly club on Monday 6.45pm at Torbay Community Hall. Entrance off Watea Road by the Tennis Courts. All ages welcome. Ph: Janet 473 1621

TORBAY THEATRE – Club Night: Email: clubnight@torbaytheatre.com if you would like to be involved.

TORBAY THEATRE - Backstage Club: To volunteer for anything backstage or lighting, Weds 10.15am-12, pop in, ph Daphne 473 7494 or see our website (pg. 15).

TORBAY WALKERS – a group of friendly women meet every Wednesday afternoon at 4pm and walk for 1 hour. Please come along and join us at the bus stop in Torbay Village. Ph Irene 473 1159 or Diane 473 1761

U3A BROWNS BAY - A group of likeminded people in their 3rd age (retired or semi-retired) who wish to keep their mind active through learning and gaining new skill, meet the 1st Tuesday of the month at Presbyterian Hall, 45 Anzac Rd, Browns Bay. We have amazing speakers and over 30 special interest groups. Annual fee \$30. Ph Myfanwy van Hoffen 4755741. Email myfanwy@xtra.co.nz or see www.U3ABB.nz

***If phoning from a mobile please add 09 to dial landline numbers.**

Torbay Business Association

Members

The *Torbay Business Association* is expanding to serve our wider district covering Waiake, Torbay, Northcross, Long Bay and Okura. Business people and businesses living and working in these areas are welcome to join as **Associate Members**. To be listed here and on our website: www.torbay.co.nz, join now. **Low fee – great benefits.** For more information email theteam@torbay.co.nz

BREAKFAST, LUNCH & DINNER

Bakers Gallery, Torbay	473 2998
Chand Indian, Torbay	473 6259
Euro Patisserie, Torbay	473 7535
Hot Roast Shop, Torbay	473 2134
Piatti Italian, Waiake	478 6936
Scout Café, Torbay	473 9070
Sushi Torbay	473 6361
Torbay Bakery and Café	473 6467
Torbay Takeaways.....	473 9229
Troy Restaurant, Torbay.....	473 1002

GROCERIES

BK's Four Square, Torbay	473 6197
Torbay Village Butchery	473 2014
Liquor Centre Torbay	473 9619
Liquorland Long Bay	473 0065
Torbay Dairy	473 9721
Torbay Fruit Shop.....	473 9429

HEALTH SERVICES

Community Laboratory, Torbay - appts needed	473 1908
Torbay Chinese Acupuncture Centre.....	473 2278
Torbay Medical Centre	477 9000
Torbay Pharmacy	473 9629 or 473 0730
Torbay Physiotherapy & Hand Clinic	473 0333
Torbay Skin Clinic.....	477 1111
Waiake Medical Centre	478 7660

HAIR & BEAUTY

Foxy & Co., Torbay	473 2277
Hairazors/Niaa The Hub, Torbay..	473 9468
Jasmine's Thai Massage (Ladies Only) ...	022 247 4753
La Bella Vita Beauty, Torbay	473 0856
Nom Thai Massage, Torbay	473 5080
Simply Colours & Cuts, Torbay ...	473 8111
The Cutting Room, Torbay	473 5241

HOME & GARDEN SERVICES

Cedar Master Ltd	022 690 6650
JMC Build	021 234 383
Premium Garden Solutions	473 3878 or 021 723 751

REAL ESTATE AGENTS

Barfoot & Thompson Torbay	473 9190
Barfoot & Thompson Long Bay	473 0712
Matt & Maggie - Harcourts	027 777 0737
Wendy Treadwell - Harcourts ...	021 042 7370

OTHER SERVICES

Dogs Body Grooming Parlour	473 1500
Research Centre, Toroa St	972 2757

OTHER SHOPS

LongDayz – Surf, Skate & Streetwear,	
Long Bay	027 521 4894

COMMUNITY GROUPS

Age Concern North Shore.....	489 4975
Age Plus Charitable Trust.....	550 3387
Association of Book Crafts....	027 440 4458
Bays City Judo.....	473 7855
Braemar Scottish Country Dance Club	478 2441
Browns Bay Presbyterian Church	479 2441
Citizens Advice Bureau.....	479 2222
City Impact Church.....	477 0300
Deep Creek Restoration Society	021 366 236
East Coast Bays Catholic Parish... 478 4565	
East Coast Bays Lions.....	022 047 3266
East Coast Bays RSA.....	478 8033
East Coast Folk Club.....	426 3588
East Coast Bays Toastmasters.....	027 422 3685
ECB Widow and Widowers Association	479 6042
Friends of Okura Bush.....	021 177 5755

Friends of Sherwood.....	476 7279
Graceway Baptist Church.....	473 8562
Long Bay Baptist Church.....	473 2498
Long Bay Baptist Mainly Music....	947 3378
Long Bay Great Parks Society	021 424 617
Long Bay Residents Assn.....	021 253 0571
Long Bay Toastmasters.....	022 048 5034
Neighbourhood Support.....	353 0427
North Shore Brass Academy	021 281 0405
North Shore CMA.....	489 8954
North Shore Historical Society....	489 3760
North Shore Kickboxing.....	021 228 2808
Plunket.....	838 0981
Raft Studios.....	021 022 41456
Rotary Browns Bay - Torbay	021 025 70993
Salvation Army Op shop.....	473 2150
Shore Presbyterian Church... 021 036 7957	
St. Mary's By The Sea Anglican Church	473 8180
Torbay 60s Up.....	421 1011
Torbay Friendship Club.....	027 271 3524

Torbay Garden Club.....	478 1601
Torbay Historical Society.....	473 6482
Torbay Indoor Bowls Club.....	473 1621
Torbay International Coffee Group.....	473 3259
Torbay Sailing Club - Hall Hire.....	021 1844 580
Torbay Senior Citizens.....	473 7593
Torbay Step Beyond Studios	022 596 8440
Torbay Theatre.....	021 027 01303
Trinity Methodist Church.....	478 5107

SCHOOLS

City Impact School.....	477 0302
City Impact Arts Academy.....	477 0300
Glamorgan Free Kindy.....	473 5099
Glamorgan Primary School.....	473 6453
Long Bay College.....	477 9009
Long Bay Primary School.....	473 6077
Northcross Intermediate School	477 0167
Titoki Montessori School.....	473 0362
Torbay School.....	473 8603

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BRANCH MANAGER

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Long Bay**

*Six months to 30 September 2022