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Long Bay Okura Torbay Waiake Lifestyle Magazine



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The Gemini Effect is all about Energy

By Marewa Glover. Photos: Keerti Siag

Local band The Gemini Effect (TGE) recently played at Browns Bay Brewing Company, warming up for the release of their third album later this year.

“Raw power trio rock energy arriving by spaceship” is how musician and songwriter Rob Sharp describes TGE. To hear them, you’d think the “E” in TGE stands for energy, the word punctuates everything about the band. It takes energy to “rise above”, “to give your all”, to “push what we do” Rob said; to vocalise the issues they’re energetic about, to get the (Gemini) effect they’re after. That is, if a song doesn’t shift the listener’s emotional state, then it doesn’t work – it’s not “ON” like the psychedelic lit symbol on Rob’s t-shirt.

Making up the band with Rob are John Blackburn on bass and Ben Farrant on drums. John too is a local, and like Rob he grew up and developed his musical skills in the UK. John brings a professional edge to the band having played for Skin (Skunk Anasie) and toured with Joe Strummer, amongst others. Ben provides the thunder behind the drum kit to drive the Gemini sound.

TGE range across genres such as psychedelic rock, punk, dub reggae, garage rock and 90’s grunge. “I gravitate towards artists that have passion and energy” Rob explained. One can hear the influence of

Strummer, Jack White and Sublime, tinged with traces of space rock pioneers Hawkwind. There are also hints of Levellers-type folk rock protest songs. In Rob’s words, “light and shade; contrast”. Like new song *Idea* informed by people going down internet rabbit holes. There are fun songs, like *Gridlock Party* (the music video was filmed overlooking Long Bay), ‘take no prisoners’ songs like *Tear Down* as well as songs about serious terrors like *Guns*. A new song *Defiance* was triggered by Rob’s anger about forced migration across Europe due the war in Ukraine.

One of Rob’s philosophies is “there are three things you can give people – your time, your energy and your love.” Unfortunately for musicians these days, they’re expected to give away their music for free despite the immense time and energy they put in. So, in the spirit of supporting local, go and see them live, check out www.thegeminieffect.com, buy some merch or a CD of their albums - (*Atomic Blues* and *Bad Alien*). Follow them on Facebook for news of their next album *Hotwire Babylon*. Watch the skies!



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1/1 Longshore	\$968,000
10/1 Longshore	\$968,000
12/1 Longshore	\$968,000
4 Torbay Heights	\$970,000
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*Source REINZ

LOCAL MEDIAN = \$1,220,000

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Chair's Letter

By Steve Piner, Chairperson

Torbay Business Association

It feels like the economy might be waking up, or perhaps it's just the autumn chill causing us to quicken our step.

This edition we welcome some new businesses and they're offering introductory discounts. Meet local Jake of Econowaste (p5) and get in early for Mother's Day with a special offer from Edible Blooms (p25). Beaufort + Co. enjoyed meeting many of you last month and are continuing their free coffee coupon this month. There are two competitions to enter which support local businesses thanks to Matt & Maggie (p16) and Nicki O'Sullivan (p28).

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Congratulations to La Bella Vita on their 10th year in business in Torbay Village –check out their 'beauty' of a deal (p19).

Easter and ANZAC Day

feature this month. Colin Lunt's article on Lt William (Bill) Bourke's travail as a POW following the fall of Singapore in WWII (P6) is a sobering reminder of why we commemorate ANZAC Day.

New contributors Michelle Beard (p12) and Brenda Wille (p14) join us with some great tips on sustainability over Easter and some timely wisdom. We have some more community groups updates. If you want to try gardening, the folks at St Mary by the Sea Church Community Garden (p13) can help and they could do with a 'hand'. Torbay Kindy (p8) remind us all to play our part in keeping everyone safe as

traffic volumes heat up on Deep Creek Rd.

The TBA March Networking evening was another great evening. Many thanks to Troy Restaurant for hosting the evening and to actor Paul Glover, our guest speaker. Piatti Italiani in Waiake is the venue for our next event with guest speaker Laurence Van Dam, Director and Co-Founder of The Beer Spot (p30).

We love to hear from you. Some emails highlighted that we need to clarify that Carole McMinn does not work for or represent either the Torbay Magazine or Torbay Business Association. She has not done so since December 2021. This Torbay Magazine has always been and still is the only community-run not-for-profit magazine delivering to 7200 homes and businesses from Waiake through Torbay, Long Bay, and ALL of Okura.

As always, a huge thank you to our volunteers (and that includes the TBA Exec Committee), advertisers, contributors, and readers. You guys are what keep the Torbay Magazine the best in the region (that's not just my opinion either). Like The Gemini Effect, keep up the energy!

Ka kite



Torbay Business Association team with guest speaker, Paul Glover and attendees.

The Fine Print

To submit a story, news, poem or to advertise, email: magazine@torbay.co.nz or ph 027 502 8724

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Lieutenant William Avery Bourke

RNZNVR 1940-1946; Prisoner of War, Palembang, Sumatra 1942-1945

By Colin Lunt, Photographer and Photo Restorer



Earlier this year, Long Bay resident Penny Oakley asked me if it was possible to restore a drawing of her father who was a Japanese prisoner of war, captured in 1942 following the fall of Singapore. The picture was on flimsy paper and drawn in charcoal, the only medium available to the prisoners. So emerged a story of survival in some of the worst surroundings imaginable.

During 1940 the call went out in New Zealand for volunteers. Bill Bourke, keen rugby player, sailor, and employee of Fletchers, signed on in August for the Royal Navy Volunteer Reserve (New Zealand Division). He, with 19 other candidates, left for England and the Royal Navy. Bill, along with three other candidates (including his good friend, Bob Arkley, who survived the Japanese prisoner of war camps with him), were drafted to HMS *Electra*, an 'E' Class Destroyer. During the early months of 1941 they were involved in North Sea and Atlantic patrols, eventually leaving the ship not long before she was involved in the hunt for the *Bismarck*. Bill (along with Bob) was then commissioned as an officer and applied for a posting nearer home. In December 1941 he received orders to join HMS *Sultan*, the Singapore Naval Base, arriving there shortly after Japan entered the war.



On arrival in Singapore, Bill and his friend Bob and their respective crews were posted to the Royal Navy Barracks. The men were only there for three days before the Barracks were evacuated. Bill's vessel, a partially commissioned armed motor launch (ML432), was

involved in many naval actions and the rescue and evacuation of troops and civilians following the landing of Japanese troops on Singapore Island on the night of 8/9 February 1942. The fighting which followed lasted until 15 February when Singapore finally fell. Bill's launch was badly damaged by enemy fire. He was subsequently captured and interned as a Japanese P.O.W.—first on Banka Island, and then in various camps near Palembang, Sumatra.

Bill was originally posted as missing on 13 February 1942 and it wasn't until late 1943 that his family learnt that he had been captured. It wasn't reported until a month after the Japanese surrender in August 1945, that both Bill and Bob

were alive. During those years of captivity, the prisoners were subject to dreadful conditions, especially as the Japanese themselves considered surrender to be dishonourable. As a result, they held allied prisoners in contempt and treated them harshly.

Eleven New Zealanders were held in the Palembang camps from the Navy and Bill was one of the officers in charge of working parties. As time went on, 700 men became jammed into the insufficient space of the bug-ridden Cheung Hwa camp. Rations were reduced, there was no private cooking, no working parties, and no pay.

Almost every meal involved rice. Conditions at Bill and Bob's last camp, Sungei Geron, were primitive. There was no electricity, no running water and disgusting latrines. At night, men used small oil lamps to read. By 1 July 1944, the camp strength was over 1,000.

Most were suffering from two or more conditions including dysentery, malaria, dengue, Beriberi, pellagra, scabies, ulcers, serious malnutrition and many more ailments. The Japanese erected a punishment cage that was in constant use.

Following an assault, one British prisoner was found guilty and executed. Prisoners were reduced to eating maggots from the latrine trenches, cats, dogs, snakes, lizards, frogs and iguana. This diet is unsurprising as, by 1945, one of the men who survived the camps, David Roberts, noted that the prisoners were only getting "about one third of a cupful of uncooked rice per day, and very little else". The average weight of the men in the camp had dropped to 45 kgs and in the main camp a quarter of the prisoners died between May and August 1945.

Following Japan's surrender on 15 August 1945, Bill left Sungei Geron for his repatriation via Australia to New Zealand. By the time he returned, he had been overseas for five years. His skill as an artist did not go un-noticed. During his internment, using materials such as charcoal and scraps of paper, he and his compatriots recorded daily life in the camps.



Bill returned to his career with Fletcher Holdings and became Chairman of Fletcher Construction in 1968. He died in 1984 at the age of 68 and was survived by his wife, Bobbie, son Bill, and daughter Penny.

*My thanks to Bill's family and especially James McMillan who provided essential information. I would also like to acknowledge the following sources which put the story into perspective during this ANZAC period of remembrance: BANKA ISLAND February 1942 "A Broad Perspective" and other invaluable references. Michael Pether muntokpeaceuseum.org - in particular, David Man and Judy Balcombe (Dr Judy Campbell); Australian Sailor Serving with Royal Navy Became a P.O.W near Bangka Island 1 Feb 1942; MILLER, Robert Lewis (BoB or Dusty) RAN F/V1; Imperial War Museum, London; Records of Internees in Palembang Camp—Berita Pagi; Sinking of the *Electra*—Account by survivors. National Library of Australia.*

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All for Peace Concert for ANZAC Day

Three North Shore Brass Academy bands including the Takapuna Youth Brass (2019 Champion Youth Band of NZ), NSB Community Band and the North Shore Brass Academy Band will be performing in a concert commemorating ANZAC Day.

“The concert will feature light items, as well as reflective music remembering our ANZACs and other service men and women that have served in war and peace-keeping missions,” says Band President Owen Melhuish. “We are also using it to educate our students on the traditions of ANZAC Day.”

Featured will be the current junior cornet champion of New Zealand – Liam Wright (*pictured below right*). Liam is a graduate of the Academy programme and is now studying trumpet at the University of Auckland.


The Academy, which is 10 years old this year, provides mainly local students with the opportunity to be trained by experts in brass and percussion. It is also the centenary for the overall organisation.



ALL FOR PEACE

ANZAC DAY Commemoration

The Pumphouse Theatre
Tues 25 April, 4:00pm



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Out of the Mouths of Babes

“The cars are going too fast!”

Traffic using Deep Creek Road has increased apace with the increase in homes in Torbay and Long Bay. Now, with Glenvar Road traffic detoured to Deep Creek, Glenvar and Carlisle Roads the risk to pedestrians crossing the road have increased.

Annie Forbes, Head Teacher at Torbay Kindergarten at 141 Deep Creek Road has become increasingly concerned about the safety of the kindergarten’s children and their parents. She has witnessed crashes, wing mirrors being and someone’s car door taken off.

“It’s become very unsafe for pedestrians and cars parking. The only crossing island (east of the kindergarten) is no longer fit for purpose. It is too small for a parent with a toddler in a stroller and their kindergarten-age child walking beside them,” she said. “At the start of every kindergarten session, cars toot their horns, slam on their brakes, yell at the

cars trying to inch out of the car spaces – there is no visibility.”

In the playground, 4 year olds watching the cars speeding down the road are heard to say “we need traffic lights to stop them”, “we need a zebra crossing to help people walk through the road”.

Auckland Transport needs to investigate Annie’s fears and suggested solutions urgently. These are: a raised zebra crossing and a raised red ‘slow’ sign painted on the road in both directions at this point on Deep Creek Rd; and the school speed limit applied to roads outside kindergartens. Making the Glenvar Road repair a priority would also help.



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Another View on Sediment

From Don and Deb Bloodworth, long-term riverside residents

The Friends of Okura Bush and Long Bay-Okura Great Park Society have their focus and I respect that their best wishes are directed towards the preservation and care of the area. However, developers do not deserve sole blame for the sediment pictured in your March issue. There are other sources of the sediment that ends up in Okura River that deserves a mention.

Numerous streams run into Okura River from the native bush, forests, farmland and the Okura village. Now, as always, the running water erodes the stream beds down to the clay or sandstone base of those streambeds, resulting in soluble clay ending up in the river.

During a recent but not the biggest downpour, myself and others were kayaking in the Okura River beyond the pedestrian bridge to the Reserve and the river was already brownish.

The water entering from the bush streams was markedly darkening the brown hue of the river.

The deluge of rain in January was massive, more than most of us have witnessed in our lifetimes. The many landslips from the riverbanks and surrounding bush areas also exposed and moved soluble clay into the river and surrounding sea with the outgoing tides.



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Gardening with Veronika

By Veronika McPherson

Mid-autumn is here with its crisper cooler weather. This provides an opportunity to get seeds and seedlings in before winter when there is still

enough daylight, and the soil temperatures are warm. Add organic matter like compost and aged manure and work into the soil before planting seedlings.

Directly sow in the garden: lettuce, coriander, rocket, corn salad, miners' lettuce, mizuna, broad beans, peas, parsnip, radish, spinach, pak choy, carrots, and beetroot.



Plant seedlings of: cauliflowers, broccoli, kale, silverbeet, perpetual spinach, lettuces and parsley.

Plant enough leafy greens to take you through the winter months and sow batches of peas, beetroot, rocket, corn salad, mizuna, lettuce and coriander every 3 – 4 weeks to ensure a continuous supply.

If you have any gaps between your veggies after planting, fill them by planting a green crop. Green crops are also known as cover crops or manure crops and are grown for the nutrients and organic matter that they give back to the soil. They will enrich your soil, provide you with free mulch and



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get your garden beds ready for spring planting. Examples of green crops are lupins, phacelia, mustard, oats, and crimson clover.

Autumn is also a good time to be planting trees and shrubs as the soils are still warm, and they can establish over the wet winter months to follow.

PERPETUAL SPINACH—If you like spinach but find it tricky to grow, and that it often bolts before you get much out of it, try Perpetual spinach. Perpetual spinach which is a type of



chard is very similar in flavour to spinach. It is however a hardy plant and easier to grow than true spinach. It grows well over the cooler months and can still tolerate the hotter weather and longer days over summer. It has softer leaves than silverbeet and a mild flavor and can be eaten both fresh in a salad or cooked. Such a great veg to grow and use in a variety of food.

Happy Gardening!



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When it comes to investments, remember the adage "If it sounds too good to be true, it probably is". Many wholesale investments, on face value, look more attractive than keeping your money in the bank or investing in shares.

But proceed with great caution. Such promoters are not regulated by the Financial Markets Authority – they do not require a supervisor (to look after investor interests), there are no obligations to report to shareholders nor access to a free dispute resolution service.

I believe all investors deserve these protections, regardless of a person's wealth or investing experience. It is easy to be over-confident of one's abilities to consistently make good investment decisions when, often, the outcome is more likely determined by luck.

Thinking about investing? Talking with an independent financial adviser can help reveal the unseen perspectives and possibilities.

Rachelle Bland

Financial Adviser – Investments

“Be wary of wholesale investments.”





Tips for a More Sustainable Easter

By Michelle Beard, Pumpkins in Trees

Hello Pumpkins! Much like Christmas, Easter is a holiday that involves a lot of packaging, wrapping, and plastic, which can result in an increase in waste in

your landfill bin. It is important to be mindful and try to reduce our environmental impact during this holiday season. Choosing eco-friendly options, recycling, and properly disposing of waste can help minimise the negative impact on our planet.

Here are some ideas for having a more sustainable Easter:

- Use reusable baskets or containers instead of single-use ones that will end up in the landfill bin.
- Look for Easter eggs and decorations made from more sustainable materials such as wood or paper that can be composted or recycled. Or reusable items if they are plastic.
- Buy Easter eggs in bulk to reduce packaging waste.
- Reduce food waste by planning any Easter meals carefully to avoid overbuying and wasting food and use leftovers creatively.



- Consider making your own Easter treats and decorations instead of buying pre-packaged items.
- Consider alternative gifts. Instead of giving traditional Easter gifts like chocolate and toys, consider giving homemade baking or experiences like tickets to a local attraction.
- Recycle what packaging you can. Soft plastic packaging can be recycled in our local supermarkets. The foil off your Easter Eggs can be recycled by gathering it up into a fist-sized ball and placing it into your recycling bin.

Happy Easter Everyone!

Holy Week and Easter

Holy Week Reflections - Mon 3 - Thr 6 April, 12-7pm

Maundy Thursday - 6 April, 7pm

Holy Friday - 7 April, 2pm

Easter - Sunday 9 April

6:30 am Waiake Beach

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Opportunity to Garden with Guidance

If you'd like to grow your own organic vegetables but you haven't got the space or you wouldn't know where to start, the friendly St Mary's by the Sea Church Community Garden group might be the solution. They have 3-4 allotments ready for new members who want to develop or exercise their green fingers.

The plots are suitable for herbs, vegetables, or flowers. You choose and source your own seeds or seedlings, but the existing gardeners often have spares to get you started. They're a sharing bunch – excess produce is put into the Sharing Shed on Deep Creek Road. They're also happy to share their gardening knowledge, so it's a great way to learn how and what to plant when.

Established in September 2020 behind the church at 168 Deep Creek Road, Torbay, the Community Garden team has worked steadily to establish and expand the garden. They have a mixture of knowledge and experience and range in

age from young to older. Still, they're keen to expand their skill range and would welcome people interested in becoming a friend of the Garden. They're especially in need of people with handyman skills or willingness to help out at the next Working Bee day.

For contact details see What's On Where pg 28-29.



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Feeling Funky?



By Brenda Wille, Blue Chair Wisdom

The last few months have been an undeniably hard slog with the recent flood and Cyclone Gabrielle hampering post-Covid recovery efforts. If you're

worried that the autumnal weather is going to make things feel even more challenging, here are 3 simple ways to outfunk the funk:

- **CONNECT**

Check in with someone you've been meaning to catch up with for ages. Challenge yourself to get past the superficial pleasantries until you find out how they're really doing—you might be surprised by how good it feels (for both of you!).

- **SLOW DOWN**

Give yourself permission to rest throughout the day, even if it's just for a couple of minutes at a time. We weren't designed to operate at full speed ALL day so take regular mini-breaks and show your body the love it deserves.

- **MAKE SOMEONE'S DAY**

Cut someone's toast into a heart shape, make a cup of tea they weren't expecting or send a friend a surprise gift using a local business.

Little gestures of kindness to yourself and others can cause big ripples of happiness that help to keep seasonal funk at bay—give it a try!

Brenda Wille from Blue Chair Wisdom is a Somatic Experiencing Practitioner and TRE Provider. 021 213 7377 www.bluechairwisdom.com.



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Sat	29 April	7.30pm
Sun	30 April	2pm
Thurs	4 May	7.30pm
Fri	5 May	7.30pm
Sat	6 May	7.30pm
Sun	7 May	2pm

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Torbay Community Association Annual General Meeting

Friday 12 May 2023 @ 7.30pm

Torbay Community Hall

(behind the Torbay shops, entrance on Watea Road)

The Torbay Community Association maintains and manages the Torbay Community Hall on behalf of the residents of Torbay. All Torbay residents are welcome to attend the AGM and are eligible to become members.

Enquiries to: torbaycommunityassociation@gmail.com

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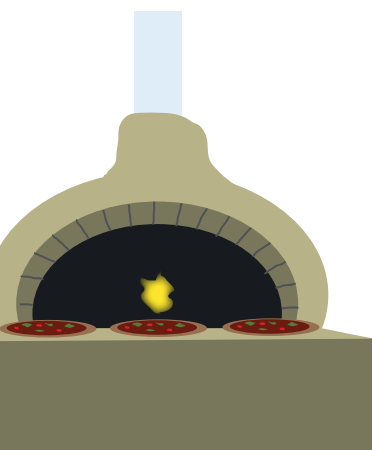
EXPLORE LOCAL PLACES IN TORBAY

NAPOLI PIZZA

Born and raised in Napoli (Naples, Italy) Luca has been in New Zealand for 20 years and in beautiful Torbay for the last 7 years, offering up his **traditional wood fired** pizzas to lucky locals.

His mobile pizza oven is based in the Torbay Village on **Friday and Saturday** afternoons and evenings and if the beautiful smell of the wood fire oven doesn't guide you to where he is, just keep your **ears open** for the sound of "La Pizza! La Pizza!"

A golden disc of dough, topped with tomatoes, creamy Fior de latte Mozzarella and scattered with fresh basil leaves - his **numero uno** pizza flavour!



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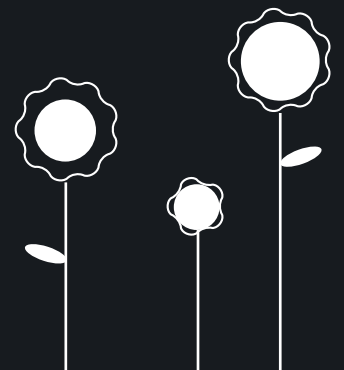
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Fishing with Pont



By Nathan Pont

In the last two issues I discussed how to tie and how to use a ledger rig. This month I cover what fishing rod, reel and line should be used to catch snapper using a ledger rig.

There are two different types of reels which suit ledger rig fishing as follows:

OVERHEAD REEL, BOAT

REEL—This reel is straight-forward and can be used for dropping the ledger rig straight down and reeling it up. I recommend getting a reel with a level wind as this ensures that the line is spread evenly when it is pulled up and you don't have to worry about spreading the line.



Example of an overhead reel with a level wind



Example of a spin reel with the baitrunner feature at the back of the reel

SPIN REEL—The spin reel is my favourite and one I have always found easier

to use. While a spin reel can also go straight up and down, it is also easily cast. While casting isn't required for ledger rig fishing it is very handy for other forms of fishing such as stray lining. One feature to look out for in a spin reel is a bait feeder/bait runner feature which is useful for stray lining

ROD—A common weight rod is 10-15kg. If you're using an overhead reel ensure that you're using an overhead rod and vice versa for spin as the rods are designed for the eyes to be on top on the overhead and bottom for a spin. A quick way of telling the rods apart is to read the description on the rod. Spin reels have larger eyes closer to the butt which get smaller, whereas an overhead reel has the same size eyes.

LINE—For ledger rig fishing a 12kg nylon is adequate as they aren't commonly used directly over a reef. However, if the line is upgraded to 15kg this gives the flexibility of also being able to strayline with the fishing rod and reel. Most of the fishing in the East Coast Bays is under 30m. This means that it is possible to stay in touch with the bait (feel the bites). If you are fishing above 30m I'd recommend using braid.



Tight lines until next time.

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Tides APR 2023 (Murrays Bay)

		HIGH		LOW		HIGH		LOW		HIGH
Sat	01	04:29	2.5m	10:50	1.0m	16:51	2.4m	23:09	1.0m	-
Sun	02	04:24	2.6m	10:43	1.0m	16:49	2.5m	23:03	0.9m	-
Mon	03	05:13	2.6m	11:31	0.9m	17:41	2.6m	23:50	0.8m	-
Tue	04	05:58	2.7m	12:15	0.8m	18:27	2.7m	-	-	-
Wed	05	-	-	00:32	0.8m	06:39	2.8m	12:56	0.7m	19:09 2.8m
Thur	06	-	-	01:12	0.7m	07:19	2.9m	13:35	0.6m	19:49 2.9m
Fri	07	-	-	01:50	0.6m	07:59	2.9m	14:14	0.6m	20:28 2.9m
Sat	08	-	-	02:30	0.6m	08:39	3.0m	14:54	0.5m	21:07 3.0m
Sun	09	-	-	03:10	0.5m	09:20	3.0m	15:34	0.5m	21:48 3.0m
Mon	10	-	-	03:53	0.6m	10:03	3.0m	16:16	0.5m	22:32 3.0m
Tue	11	-	-	04:39	0.6m	10:49	2.9m	17:01	0.5m	23:19 2.9m
Wed	12	-	-	05:30	0.7m	11:38	2.9m	17:50	0.6m	-
Thur	13	00:12	2.9m	06:26	0.7m	12:32	2.8m	18:45	0.7m	-
Fri	14	01:11	2.8m	07:28	0.8m	13:31	2.7m	19:48	0.7m	-
Sat	15	02:16	2.8m	08:32	0.8m	14:35	2.7m	20:57	0.7m	-
Sun	16	03:21	2.9m	09:36	0.7m	15:43	2.7m	22:05	0.7m	-
Mon	17	04:22	2.9m	10:37	0.6m	16:49	2.8m	23:07	0.6m	-
Tue	18	05:20	3.0m	11:35	0.5m	17:49	3.0m	-	-	-
Wed	19	-	-	00:03	0.5m	06:14	3.1m	12:28	0.4m	18:44 3.1m
Thur	20	-	-	00:54	0.4m	07:05	3.2m	13:19	0.3m	19:34 3.1m
Fri	21	-	-	01:42	0.4m	07:54	3.2m	14:07	0.3m	20:21 3.2m
Sat	22	-	-	02:29	0.4m	08:42	3.1m	14:52	0.3m	21:06 3.2m
Sun	23	-	-	03:14	0.5m	09:28	3.0m	15:36	0.4m	21:50 3.1m
Mon	24	-	-	03:59	0.6m	10:13	2.9m	16:19	0.5m	22:33 3.0m
Tue	25	-	-	04:45	0.7m	10:58	2.8m	17:01	0.6m	23:17 2.9m
Wed	26	-	-	05:33	0.8m	11:42	2.7m	17:45	0.7m	-
Thu	27	00:04	2.7m	06:23	0.9m	12:29	2.6m	18:33	0.9m	-
Fri	28	00:54	2.6m	07:17	1.0m	13:18	2.5m	19:26	0.9m	-
Sat	29	01:48	2.6m	08:12	1.0m	14:12	2.5m	20:26	1.0m	-
Sun	30	02:44	2.6m	09:07	1.0m	15:10	2.4m	21:26	1.0m	-

Source: MetOcean Solutions

Daylight Saving: Please note that tide times have been corrected for daylight saving time

La Bella Vita Beauty Therapy's Milestone

La Bella Vita Beauty Therapy is thrilled to announce that we're celebrating 10 years in business in Torbay ! We've had an amazing journey over the past decade, and we're grateful to have had the opportunity to serve our community and provide exceptional beauty therapy services.

To mark this milestone, we're offering a special promotion throughout the month of April: 10% off all our services! To take advantage of this offer, just mention this advertisement or visit our website. We're excited to give back to our loyal customers who've supported us throughout the years.

Our journey has been filled with challenges, but we've remained committed to our mission to provide the highest quality beauty therapy services possible. Thanks to the hard work of our dedicated team, we've emerged stronger and more determined than ever.

If you haven't met us yet we have a strong team at La Bella Vita who have been working together for years. Maria – Owner and Senior Beauty Therapist; Tonya – Senior Beauty Therapist; Aimee – Nail Technician; Janine – Piercer; Jordan – Junior Therapist and Receptionist; and Cheryl – Massage Therapist.

From a monthly wax to a signature honey facial, we are the place to relax your soul and take some time out to just enjoy yourself, so that you leave feeling Bella. If we haven't already, we look forward to meeting you soon.



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Tell us about your background?

I've been working within financial services for over 12 years after moving from the UK. I worked for Westpac before moving into financial planning, providing individual financial advice. For the past 3½ years I have been running my own financial planning practice, based in Torbay, helping clients achieve their financial goals and love what I do.

How can I help?

Acquire Financial's vision is to help as many New Zealanders as possible to achieve their financial goals. At Acquire Financial we like to build long lasting relationships by helping clients in all aspects of their financial life. We understand that everyone's financial situation is different and tailor financial advice to each individual, couple and family's situation; ensuring that they can achieve their financial goal whilst living the life they want to leave.

Mortgages

Getting in to a home is one of the biggest goals for a lot of people, but how your mortgage is structured can allow you to save tens of thousands off your mortgage in interest and allow you to be mortgage free sooner. Whether you are looking at buying your first home, second home, buying an investment

property, or are looking at refinancing to get a better deal, we can help and we work with all of the major lenders.

The importance of personal insurance

We never want to think about getting sick or losing a loved one but that is why personal life and health insurance is important. Whether it is life insurance to provide for the loved ones that are left behind; or protecting your biggest asset which is your income if you get sick meaning you can't work; trauma cover if you are diagnosed with a critical illness; or health insurance we can find the right cover that can provide you with that protection. It isn't a one size fits all and is something that should be regularly reviewed.

KiwiSaver and retirement planning

When we think about retirement we always think that is a long way away, and that KiwiSaver and NZ Superannuation will be enough but what lifestyle will that allow you? KiwiSaver has been a great addition to the retirement landscape in New Zealand, but being in the right fund can make big difference to the end balance. A regular review is important and we work with all of the major providers to help you get to where you want to.

Disclosure Statement available upon request.

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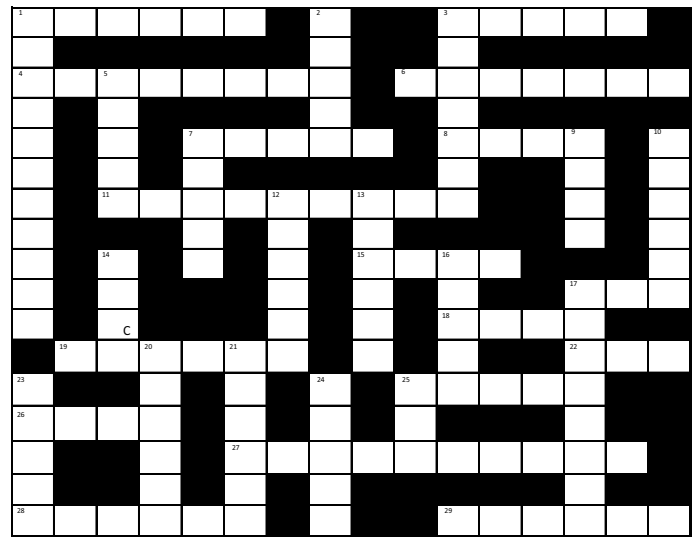
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Sudoku

		6	5				3	
9	1		3				6	
	3				2		4	
	5		9	3			7	4
8			2	7		5	9	
7	6			5	8		2	1
	8	5			4	6		2
6		1	8		3			
		7	6	1		9	8	3

Crossword



Answers Page 29

ACROSS

- 1 * Nathan expands on using a __ rig
- 3 * Traffic volume and __ is a major concern for Torbay Kindy
- 4 * You'll get a free coffee if you take the voucher for ____
- 6 * Good mates Bill Bourke and Bob Arkley were both drafted to HMS ____
- 7 Summer is over now there is a __ in the air
- 8 * Laurence from the __ Spot is the guest speaker for the TBA in April
- 11 * RMHC __ On the Shore, a night not to be missed
- 15 Skillfull, clever
- 17 Sounds the same as something from Euro Patisserie but this one is called "The Golden Ratio"
- 18 Its ok to __ something but don't let it paralyze you
- 19 * Win 1 of 2 \$50 vouchers for __ from Matt and Maggie
- 22 Beginning, middle and __
- 25 * TGE are working on their __ album
- 26 An acid created in the body from breaking down purines
- 27 * Call Jake at __ for a new waste and recycling solution
- 28 * \$10 off at __ Colours And Cuts
- 29 * It takes a lot of this to achieve

DOWN

- 1 * Who is celebrating 10 years in Torbay?
- 2 The sum of
- 3 * Heavy rains exposed and moved __ clay into Okura River in January
- 5 * We remember them
- 7 * Perpetual spinach is a type of __
- 9 * __ are moving upstairs
- 10 * Torbay's alternative rock band The __ Effect
- 12 * Venue for April TBA Networking event
- 13 Very handy but often a novelty
- 14 * Pictured in 'Life on the Edge'
- 16 * Always tops in our books, Euro Patisserie came __ nationally in this year's Hot Cross Bun competition
- 17 * Restore HB are embarking on ambitious __ control project
- 20 We call it a Ute
- 21 * The village is as __ as ever
- 23 Twists and _
- 24 Also known as dry amusement
- 25 Between one and three

Answers to clues marked * can be found in this edition



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Awaruku Predator Control Project

Restore Hibiscus and Bays is setting up an ambitious backyard predator control project to provide protection to Significant Ecological Areas (SEAs) located throughout the Awaruku catchment area (boundary shown in yellow on map). This involves placing bait stations and traps on private property at regular intervals to complement the predator control already ongoing in parks and reserves. Predator control is essential to protect this precious habitat for endangered native species of birds, lizards and insects.



The RHB team have been engaging with residents in and around the SEA areas (shown in green on the map) to get their consent to place bait stations and traps on their properties. The traps and bait stations will be serviced by local volunteers.

RHB are looking for more volunteers who can spend up to an hour once a week, four times a month in February, April, August and November. Or up to an hour, on two consecutive days, twice a year (February and August) to carry out

predator monitoring in some reserves in the Awaruku area.

Full training and all equipment would be provided, plus ongoing support, and you would be making a real difference for nature.

Interested? Questions? Please email simon@restorehb.org.nz

info@restorehb.org.nz
www.restorehb.org.nz



Life on the Edge April 2023 Ngā Kōrero

Meet the Sea Stars—Cetaceans

Some of the most enigmatic species we can spot from the shore belong to an infraorder of aquatic mammals—cetacea. It includes bottlenose dolphins and orca. As well as common dolphins, Brydes, humpback, southern right and various beaked whales can be encountered throughout *Tikapa Moana Te Moananui ā Toi*/the Hauraki Gulf.

These animals tell us lots about the health of our environment. During 'Seaweeek', MERC hosted a public seminar supported by the NZ National Commission for UNESCO. Guest speaker Professor Karen Stockin from Massey University shared findings of cutting-edge research that gives insight into the prevalence of environmental contaminants in NZ marine mammals.

Cetaceans are exposed to contaminants which enter the ocean directly, and indirectly, through waterways and air.



By examining the tissues of these wide-ranging mammals, the impacts of contaminants are revealed over time. Even though using DDTs (dichloro-diphenyl-trichloroethane, a synthetic insecticide) was banned in 1989, it is still being detected in marine mammals in *Aotearoa*, indicating that DDT is still present in our environment.

For the sake of marine mammals and ourselves, we need to be mindful that our decisions can impact our environment for decades.

Article by [Yuin Khai Foong](#), and photo by [Sara Kulins](#) for Sir Peter Blake Marine Education and Recreation Centre, Long Bay. merc.org.nz

Raft is Moving Up in the World

If you've visited Raft Studio or joined one of our classes or workshops you will know that the studio is currently under the hall at St Mary by the Sea Church on Deep Creek Road. Thanks to the generosity of the Church, we will be moving into the hall itself at the beginning of Term 2 on 1st May.

The hall has much better natural light, it is bigger than our current space (which sometimes feels as if it's bursting at the seams!) and upstairs has the kitchen and toilet facilities, so they will be more accessible. Most importantly, it will make Raft accessible for all members of the community, including people with a mobility impairment.

We're very excited. The move gives us the opportunity to expand on the current range of arts and crafts we practice and teach, and enables us to offer the venue for other artists to run workshops and classes.

If you haven't thought about doing something creative before, now is a good time to start. We have classes in abstract art, mixed media, art for wellbeing, papercraft, macrame, sewing, or you can try one of our casual art groups. For details see *What's On Where* pg 28-29.

Whether you have tried an art or craft before or are a complete beginner we would love to meet you.

FURNITURE NEEDED

Our current studio was furnished with generous donations from the community and our move means that we are again asking for help. We would be most grateful for a small sturdy desk for sewing, an office desk, and some office chairs on wheels. We can pick up so please get in touch if you have any of these to donate.



For more information on our April programme, check out our Facebook or Instagram pages or contact us on – Phone: 0211452865, Email: raftstudiosorbay@gmail.com www.raftstudios.co.nz

Plunket Volunteers Needed

Torbay Plunket is on the lookout for some fresh faces to join our committee! The main focus of our committee is fundraising for our Meals for



Families programme, which provides frozen meals to every local family with a new baby. We're a small and enthusiastic group of doers who proudly make a real impact in our community. Come and join us! Email torbayplunket@gmail.com



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Torbay School's *PMP*

Torbay School's *The Perceptual Motor Programme (PMP)* for junior students provides the students with opportunities to develop their fine motor, gross motor, auditory and visual perceptions skills. This will help them to develop the ability to learn in a productive and positive manner.

The benefit of this programme for students is that it develops foundation skills that underpin success in the classroom, providing a link between our *Wā kitea* (play based learning environments) and structured formal learning. It also provides a holistic programme that helps children achieve and learn through experiences which are incorporated into all aspects of the day.

The children learn to self-manage as well as build on skills to improve their self-esteem and how they see themselves.

PMP is fun and has many interactive activities where the students learn to control their bodies, spatial awareness and coordination. Our PMP specialist teachers Mrs Abbott and



Mrs Southward run this programme with the support of our wonderful parent helpers.

PMP prepares our children to be ready for classroom learning. They use and apply these skills daily to become good listeners and to be able to follow instructions. PMP helps children develop an understanding of directional language which prepares them for participation in team sports. The children learn to control their wiggly bodies to ensure greater focus when engaged in more formal learning such as holding a pencil correctly to practice their handwriting. The wide range of activities also encourages good posture which has benefits across many aspects of learning and school life.



TORBAY SCHOOL

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Glamorgan School—Welcome Back to 2023 and our Golden Jubilee!



Glamorgan School welcomed children, parents and extended *whānau* back to school in what will be a special year for us all. In 2023 Glamorgan School turns 50 years old! The children will be learning about the history of the school as well as their local area as a part of the celebrations and also the new Aotearoa New Zealand Histories curriculum.

We began the year with Meet the Teacher evenings and a sausage sizzle – how great it was to see the school open the year for everyone to mix and mingle with no restrictions in place!

Our first jubilee event was a school community picnic on Friday 3rd March with face painting, frisbees, sack races, egg and spoon, corn hole, ring toss and more that children and families could enjoy. Supported by our amazing Friends of the School (FoTS) who organised pizza delivery and ice blocks for families as well we had great fun kicking off the 50th Jubilee celebrations! (See photos)

In September the school will hold a special school assembly alongside an open morning with tours of the school, activities from across the decades such as folk dancing and an evening celebration. Look out for the Jubilee button on the school's website which will detail events open to the school and local

community including past students, teachers, Principals, Board members and all those who have a connection to our school.

**Janet Pinchen,
Principal**

"It was very fun! Lots of things to do, meet your friends and family, play activities and lots more!" (Charles Year 6)

"The obstacles were very fun and me and my friend loved it! Same with the egg and spoon race." (Alayna Year 6)

"I liked having ice blocks with my family, having pizza and chips in the picnic, loved the facepainting, enjoyed playing and eating, hanging out with friends and family." (Room 22, Year 3)

"I thought it was a fantastic evening, a great atmosphere and just what we all needed to blend as a school again after such a long time of Covid and lockdowns. A very positive event." (Ann Morris, Teacher)



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READY! SET! GO!

Long Bay College Athletics Day. It's all about, sport, community and fun,



What a day!

After a two-year hiatus, our Long Bay College students got to enjoy our 2023 Athletics Day! The day started with some healthy competition of Jump Jam to get everyone in the mood.

Our wonderful seniors showed their school pride and donned their house colours in the form of costumes, paint, flags and spirit. The participation on the day well exceeded expectations, with every event full throughout the day. Tieke House took top spot on the day with a whopping 3355 points! Followed very closely by Takahe and Kea coming in 3rd.

With both friendly and fierce competition on the track and field, it was exciting to see a number of school records broken.

Alia Cauty (Kea) - Senior girls 1500m (6mins 20 secs)
KB Mosaine (Tieke) - Intermediate boys 800m (2mins 27 secs)
Jack McGowan (Tieke) - Junior boys Long Jump (5m 75cm)
Jamie Baird (Kea) - Intermediate girls High Jump (1m 45cm)
Mitchell Carr (Tieke) - Junior boys High Jump (1m 55cm)
Maddy Jackson (Takahe) - Junior girls 800m (2min 51secs)
Jaime Baird (Kea) - Intermediate girls Long Jump (4m 70 cm)

There were fun times on the field at the gumboot throw and other social activities, which made it a great day for everyone of all abilities. We can't wait to see what records will be broken next year. **Well Done Long Bay College.**



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Classifieds

ACCOMMODATION

Accommodation—North Shore. Fully furnished self-contained. Apartments, houses. Ph 021 935 854.

BUILDING & TRADES

Builder—Decks, Bathrooms, Alterations. Free quotes. Ph Barry 027 280 1038.

Builder—Renovations to bathrooms, buildings, new decks, fences, paths and driveways. Ph Cliff 473 6317 or 027 618 5917.

Building and Landscape Maintenance—General building maintenance, small renovations, handyman work, landscaping, fences, pergolas and more. References available. Ph Dale on 0274397519.

Coast Roofing Ltd—Long run roofing, new roofing, re-roofing and repairs. Local Torbay resident 35 years experience. Free quotes. Ph Matt 027 274 6159.

Electrician—24 hour service, All work considered, no job too small. All work guaranteed with Electrical Certification. Ph Graham 473 0233 or 021 067 6294.

Electrician—Registered. Install, maintain, repair, rentals, senior discount, free quote. No job too small. Ph Jordan 021 0234 5467.

Fence Brothers—For all your fencing needs. Fences, decks, gates, automation, steel or timber. Free quotes. Ph 0800 336 232.

Gera Glass—Certified tradesman glazier. showers, mirrors, splashbacks, balustrades, pool fences, broken windows, safety glass, pet doors and more... No job too big or small! Free quotes. Ph Dylan 022 656 9417 or geraglass@xtra.co.nz.

Gutter Cleaning—Your spouting cleared hassle free by a friendly husband & wife team based in Torbay. Before & after photos, free quotes, www.guttergeeks.co.nz for details. Ph Gregg 027 333 5444.

Licensed Builder—www.jhconstruction.co.nz. Is your bathroom in need of a make-over? Bathroom and house renovations. Ph Jamie 021606413 or jamie@jhconstruction.co.nz.

Painter—30+ years experience—Interior and exterior painting, also staining and specialty finishes. Ph Keith 0274 599 909

Painter—No job too big or small. 30 yrs experience. Heaps local references. Ph Clive 0274 812 231.

Painter and decorator—After 36 years in the trade and 25 of those spent in Torbay I am scaling down my work load and able to do smaller jobs at a very fair rate. Free quotes. Ph Darren 0272706728.

Painter and decorator—Experienced in all aspects. For a free quote ph: Nick 0211444101 or Shaun 021 154 8886. shaunshgm@gmail.com

Plasterer—Interior/exterior, local, 25+yrs experience. Ph Richard 022 199 8673.

Plastering/Painting—Male and female team 20 years experience, no job too small immediate start. Ph Brad 0272 5111 65 or 443 5064.

Plumber—All work. Coastal Plumbing and Drainage. Ph 473 7787 or 027 263 3217.

Property Maintenance—Interior/exterior repairs, painting, plastering etc, just ask Ian on 021 184 2426

Tiler—25 years experience. Certified waterproofing. Free quote. Ph Brent 021 949462.

SERVICES

Butterfly Personalised Transport—www.butterflytransport.co.nz. Ph Lisa 021 118 2715.

Tax Returns and Advice—Ph Marc 473 8860.

Vision Accounting Solutions Ltd—Vision Accounting is a Chartered Accountancy firm which prides itself on making the time to offer our clients a friendly listening ear, whilst providing best practice, professional accounting and taxation results. Ph Virginia 473 0507

HOME & GARDEN

Active Tree Care Ltd—All tree work undertaken qualified arborists. Free quotes. Ph 473 6723 or 027 555 6403.

Carpet and Upholstery Cleaning—Stain removal, free deodorising. Fly and insect control. Ph Michael 473 1422 or 0275 739 112.

Garden Bags and Bins—Prompt and professional service and competitively priced. Ph John, 0508 262 626 or 021745992. jdpropertieservices.co.nz.

Handyman—Born and bred in Torbay, Martin is a qualified cabinetmaker and experienced professional. Allsorts Property Services is available for property maintenance, odd jobs, decks, fences and garden services. Ph Martin Bassett 027 452 6515.

Kev's Trees & Hedges—Formerly Torbay Trees. Tree work and Hedges. Free quotes. Ph Kevan 473 7330 or 021 126 0779.

Landscaping—Format Landscapes, local, over 20 years experience, Diploma in Landscape Design. We undertake all aspects of hard and soft landscaping including decks, paving, fences, retaining walls, planting etc. Small to large projects. Free quotes. Ph Matt 021599 107. www.formatlandscapes.co.nz.

Landscaping—From concept to completion. For practical and creative solutions. Small areas and makeovers a specialty. Ph Peter 0274 394 574. www.landscapedesignauckland.co.nz

Lawnmowing and Hedges—Ph Jim's Mowing 0800 454 654 for large or small lawns, trimming, rubbish, spray, clean-ups. Guaranteed! www.jimsmowing.co.nz

Lawnmowing and Hedges—Free quotes. Ph Ian 473 2004 or 021 764 426. Mowing, garden tidy ups, Hedge trimming. lan@grassrootsmowing.co.nz

Rubbish Removal and Skip Filling—Ph Cliff 473 6317 or 027 618 5917 for all your garden and general rubbish removal needs.

Shaun's Home and Garden Maintenance—Honest & Reliable. Lawns, Sales & Rental tidy ups, Hedges, House washing & much more. 021 1548 886 shaunshgm@gmail.com

Squeaky Cleaners—Eco friendly products, Insured, References, Non Franchised, Reasonable Rates. Specialising in Residential / Office cleaning to showhome standard. Call or text Joy now to discuss your options. Ph 021 487 463. squeakycleaner.co.nz

SIGNS

Sign Addiction—Shops - Vehicles - Boats - Site Signs and more. Ph 0274 991 744 or 473 6364 or sign.addiction@xtra.co.nz

FOR HIRE

Awatuna Scout Hall—Waiake Beach. Available for birthday parties, exercise classes. Kitchen facility. Ph: Amanda 021 076 7422, awatuna@gmail.com.

Senior Citizens Hall, Torbay—Email torbaycommunityassociation@gmail.com

Torbay Community Hall—Email torbaycommunityassociation@gmail.com

TUITION

Ballet—Pre-school, grades, advanced and adult classes. Royal Academy of Dance syllabus. www.diannewallaceballet.co.nz. Dianne Wallace RAD Dip Tchg. Ph 027 603 0481

NEEDED

Delivery People—Torbay Magazine delivery at beginning of the month. Individuals or families, or fundraising opportunity for a community group. Email magazine@torbay.co.nz

What's On Where

AL-ANON FAMILY GROUPS—Support group for family and friends of alcoholics. See: www.al.anon.org.nz or ph: 0508 425 266

ALCOHOLICS ANONYMOUS—0800 229 6757. www.aa.org.nz. Join our friendly **Tuesday** night meeting at 7.30pm St Marys by the Sea Anglican Church if you wish to stop drinking.

AGE CONCERN NORTH SHORE—489 4975

AGE PLUS CHARITABLE TRUST—09 550 3387

ASSOCIATION OF BOOK CRAFTS—027 440 4458

BACKGAMMON CLUB—Backgammon is a very old popular game. Easy to learn, harder to win. Depends on roll of the dice and your strategy. Join our friendly club on **Wednesday** afternoons 12.30-3pm for some fun at Browns Bay Community Centre, Room 3. 2 Glen Road, Browns Bay. Ph: Linda 021 216 3050 or 476 8311 or just come along.

BAYS CITY JUDO—473 7855

BRAEMAR SCOTTISH COUNTRY DANCE CLUB—Relaxed, friendly group who dance **Tuesday** 7.30pm at St Anne's Hall cnr Glencoe and Beach Rd, Browns Bay. Ph: Yvonne 410 9126

BROWNS BAY LADIES CLUB—Retired and still young at heart? Why not join the Browns Bay Ladies Club. We meet 4th **Friday** of every month. We have a guest speaker and also offer many interesting groups and bus trips. Ph: Christine 475 5426 or Jan 478 9231.

BROWNS BAY RACQUETS CLUB—Would love to have more players 55yrs plus. We play mixed doubles. **Friday** 9am. We have lots of fun and fees are low, in fact nil at first. Ph: Angela Verry 021 121 158 or 479 5094

CITIZENS ADVICE BUREAU—479 2222

THE CREATIVE KEYBOARD CLUB—Who have Members in Torbay. We meet at The Community Hall, (behind St Cuthberts Church) 45 Anzac Road, Browns Bay 2.00pm every 2nd **Sunday** of the month and enjoy music from members and guest artists. Includes afternoon tea. Small admission fee. Ph: Marlene 478 3166.

DEEP CREEK RESTORATION SOCIETY—021 366 236

EAST COAST BADMINTON—Active Badminton Centre, 44/46 Apollo Drive. **Tuesday** 5pm-10pm. Ph: Don 473 0703 or 027 497 6242

EAST COAST BAYS BRIDGE CLUB—Learn to play bridge. All ages welcome. Contact: lessons@ecbbridgeclub.co.nz or Helene 027 296 3365

EAST COAST BAYS LIONS—022 047 3266

EAST COAST BAYS RSA—478 8033

EAST COAST FOLK CLUB—09 426 3588

EAST COAST BAYS TOASTMASTERS—027 422 3685

ECB WIDOW & WIDOWERS ASSOCIATION—479 6042

FRIENDS OF OKURA BUSH—021 177 5755

FRIENDS OF SHERWOOD—476 7279

HAURAKI FLORAL ART CLUB—Join a fun and friendly group creating artistic designs with flowers and foliage. Free lessons. We meet the second **Wednesday** of every month from 9am. Ph: Jennifer 09 479 5691 or Jo 027 673 8836

LONG BAY OKURA GREAT PARKS SOCIETY—021 424 617

LONG BAY RESIDENT'S ASSOCIATION—021 253 0571

LONG BAY TOASTMASTERS—022 048 5034

LONG BAY VILLAGE MARKET—4th **Sunday** of every month 9am-2pm, Michelle 021 119 8796, Leanne 027 432 3317 (txt is best); lonbayvillagemarket@gmail.com

NEIGHBOURHOOD SUPPORT—09 353 0427

NORTH SHORE BRASS ACADEMY—021 281 0405

NORTH SHORE CMA—Companionship and morning activities for seniors. Ph: 489 8954

NORTH SHORE HISTORICAL SOCIETY—489 3760

NORTH SHORE KICKBOXING—021 228 2808

NORTHSHORE WRITERS GROUP—Invitation to all adults who have written, are writing or want to write! Contact Tim 021 224 4533 timowen1968@gmail.com

PLUNKET—838 0981

POHUTUKAWA SINGERS—We're an adult mixed voice choir based in Albany. Rehearsals are **Tuesdays** 7-9pm. New members welcome now. For more info contact Colin 021 0249 9925 or candcnewel@gmail.com

RAFT STUDIO—Classes and Workshops: (**Closed until 29 April**)

- **Mondays:** 9.30am-12pm *Short & Sweet Open Studio for One Hour Projects*; 12pm-3pm *Sewing*; 7pm-9pm *Have a Yarn* (alternate **Mondays** next on 1st May)
- **Tuesdays:** 9.30am-12.30pm *Papercraft*; 1-4pm *Mixed Media for Beginners*
- **Wednesdays:** 9.30am-12pm *Short and Sweet Open Studio for One Hour Projects*; 1.30pm-4.30pm *Abstract Acrylics*.
- **Thursdays:** 9.30am-12.30pm *Mixed Media Advanced*; 1.30pm-4.30pm *Casual Painting Group*.
- **Fridays:** 9.30am-12.30pm *Art for Wellbeing*; 3.30-5.30pm *Youth@Raft*.
- **Saturday Workshops:** 29th April 10am-2pm *Recently Retired – Now What?* Ph 021 145 2865. For more details see RAFT pg 20.

RESTORE HIBISCUS AND BAYS—Monthly planting days at local reserves. For info ph: 027 290 4826

ROTARY BROWNS BAY—Torbay meets every 1st and 3rd **Tuesday** of the month for a 7am breakfast at the Bays Club in Browns Bay. If you are interested in doing different things in your community, come for a visit. Ph: Paul Mees 021 0257 0993. www.brownsbayrotary.co.nz

RUMMIKUB GROUP—Join our friendly group on **Wednesday** mornings 10am-12 noon in the Council Building in Glen Road, Browns Bay. Ph: Annette 021 061 2199 or just come along.

SALVATION ARMY OP SHOP—473 2150

ST MARY'S COMMUNITY GARDEN, TORBAY—Allotments available to grow your own veges, herbs, flowers. Join a fun sharing group. Ph: Nanette 021 140 4548 or Dianne 027 313 7116.

Competition

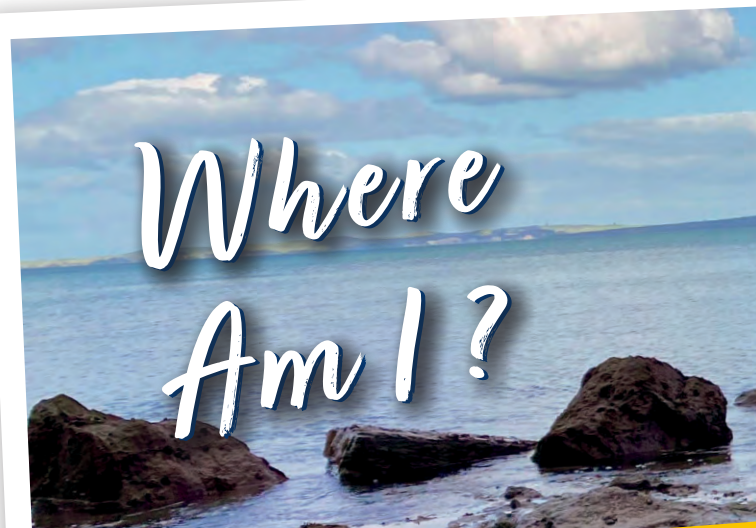
Do you recognise this location?

Win a \$50 voucher
for SCOUT cafe in Torbay.

To enter the draw send an email to n.osullivan@barfoot.co.nz with your answer to **Where Am I?**

Entries close 19th April 2023. **T&Cs APPLY**

MARCH LOCATION: ANAWHATA BEACH
MARCH WINNER: TONY COBURN



Where
Am I?

TORBAY 60S UP—09 421 1011

TORBAY FRIENDSHIP CLUB—A lively and thriving club for retirees. The club meets monthly (except January) on the second **Thursday**, 10.00am at Torbay Village Hall. We have great speakers and other activities include excursions, coffee mornings and games groups. Annual membership \$25.00, plus joining fee. Call Noreen 027 271 3524. Visit fnzi.nz for info on Friendship Clubs in general.

TORBAY GARDEN CLUB—478 1601

TORBAY HISTORICAL SOCIETY—473 6482

TORBAY INDOOR BOWLING CLUB—Looking for a new activity? Come join this friendly club on **Monday** 6.45pm at Torbay Community Hall. Entrance off Watea Road by the Tennis Courts. All ages welcome. Ph: Janet 473 1621

TORBAY INTERNATIONAL COFFEE GROUP—473 3259

TORBAY SAILING CLUB—021 1844 580

TORBAY SENIOR CITIZENS— Email: torbaycommunityassociation@gmail.com

TORBAY STEP BEYOND STUDIOS—022 596 8440

TORBAY TENNIS CLUB—Behind the Community Hall offers tennis for all ages. All inclusive membership fees. Junior fee includes coaching. Club coach Jason Hart offers exciting programmes. For more info or to register see our website for open day dates: www.torbaytennis.org.nz

SCHOOLS

City Impact School.....	477 0302
City Impact Arts Academy.....	477 0300
Glamorgan Free Kindy.....	473 5099
Glamorgan Primary School.....	473 6453
Long Bay College.....	477 9009
Long Bay Primary School.....	473 6077
Northcross Intermediate School.....	477 0167
Titoki Montessori School.....	473 0362
Torbay Kindergarten.....	473 9340
Torbay Play Centre.....	473 8077
Torbay School.....	473 8603

TORBAY THEATRE—

- **Backstage Club:** To volunteer for anything backstage or lighting, Wednesdays 10.15am-12, pop in, contact Daphne 473 7494 or see our website (page 15).

TORBAY WALKERS—A group of friendly women meet every **Wednesday** afternoon at 4pm and walk for 1 hour. Please come along and join us at the bus stop in Torbay Village. Ph: Irene 473 1159 or Diane 473 1761.

U3A BROWNS BAY—A group of likeminded people in their 3rd age (retired or semi-retired) who wish to keep their mind active through learning and gaining new skill, meet the first **Tuesday** of the month at Presbyterian Hall, 45 Anzac Rd, Browns Bay. We have amazing speakers and over 30 special interest groups. Annual fee \$30. Ph: Myfanwy van Hoffen 4755741, email: myfanwy@xtra.co.nz or see www.U3ABB.nz

VAUGHAN PARK ANGLICAN RETREAT AND CONFERENCE CENTRE—MEN'S RETREAT: *Godly Responses to Anger* with Rev'd Sapati Tima. Weekend Retreat: Friday 28 April 1.00pm – Saturday 30 April 1.00pm. \$345.00 incl. retreat, full catering, and accommodation. To book: chaplain@vaughanpark.org.nz

CHURCHES

Browns Bay Presbyterian Church.....	479 2441
City Impact Church.....	477 0300
East Coast Bays Catholic Parish.....	478 4565
Graceway Baptist Church.....	473 8562
Long Bay Baptist Church.....	473 2498
Long Bay Baptist Mainly Music.....	947 3378
Shore Presbyterian Church.....	021 036 7957
St. Mary's By The Sea Anglican Church	473 8180
Trinity Methodist Church.....	478 5107



BROUGHT TO YOU BY:

Nicki O'Sullivan

021 1198 153

n.osullivan@barfoot.co.nz

PROUDLY SUPPORTING THE BAYS



Torbay Business Association Members

BREAKFAST, LUNCH & DINNER

- Chand Indian, Torbay 473 6259
- Euro Patisserie, Torbay 473 7535
- Hot Roast Shop, Torbay 473 2134
- Piatti Italiani, Waiake 478 6936
- Scout Café, Torbay 473 9070
- Sushi Torbay 473 6361
- Torbay Bakery and Café 473 6467
- Torbay Takeaways..... 473 9229
- Troy Restaurant, Torbay..... 473 1002

GROCERIES

- BK's Four Square, Torbay 473 6197
- Torbay Village Butchery 473 2014
- Liquor Centre Torbay 473 9619
- Liquorland Long Bay 473 0065
- Torbay Dairy 473 9721
- Torbay Fruit Shop..... 473 9429

HAIR & BEAUTY

- Bloom Beauty and Wellness.. 021 217 4047
- Foxy & Co., Torbay 473 2277
- Hairazors/Niaa The Hub, Torbay.. 473 9468
- Jasmine's Thai Massage..... 022 247 4753
- La Bella Vita Beauty, Torbay 473 0856
- Nom Thai Massage, Torbay 473 5080
- Simply Colours & Cuts, Torbay ... 473 8111
- The Cutting Room, Torbay 473 5241

HEALTH SERVICES

- Community Laboratory, Torbay... 473 1908
- Torbay Chinese Acupuncture Centre..... 473 2278
- Torbay Medical Centre 477 9000
- Torbay Pharmacy..... 473 9629 or 473 0730
- Torbay Physiotherapy & Hand Clinic 473 0333
- Torbay Skin Clinic..... 477 1111
- Waiake Medical Centre 478 7660

HOME & GARDEN SERVICES

- Cedar Master Ltd 022 690 6650
- JMC Build 021 234 383
- Premium Garden Solutions 473 3878 or 021 723 751

REAL ESTATE AGENTS

- Barfoot & Thompson Torbay 473 9190
- Barfoot & Thompson Long Bay 473 0712
- Matt & Maggie - Harcourts 027 777 0737
- Wendy Treadwell - Harcourts ...021 042 7370

OTHER SERVICES

- Acquire Financial..... 022 107 0106
- Dogs Body Grooming Parlour 473 1500
- RAFT Studio 021 145 2865
- COREISS Research Centre, Torbay.. 972 2757

OTHER SHOPS

- LongDay—Surf, Skate & Streetwear, Long Bay 027 521 4894

Torbay Business Association Networking Event

**Guest Speaker: Laurence Van Dam,
Director, The Beer Spot**

Monday 3rd April @ 6.30pm

Piatti Italiani, 5 Hebron Rod, Waiake

Ever dreamt of beer? Laurence Van Dam has. He turned his dream into a business and brewed up The Beer Spot. The first Beer Spot opened in Northcote in March 2016. Three years later, The Beer Spot Huapai opened and less than a year later in January 2020, they opened the third Beer Sport in Morningside. Solving tech problems on the go, The Beer Spot topped their gains by winning the 2019

Retail NZ Innovation Award. Despite the challenge of keeping the taps flowing throughout lockdown, in mid-2020 Laurence celebrated the opening of two more Beer Spots in: Panmure and Whangaparāoa (their first franchise). Join us for beersness insights on expanding, identifying your pain points, dealing with staff shortages, and finding partners or investors.

RSVP for catering purposes—
email: theteam@torbay.co.nz



Puzzle Answers

Sudoku

2	7	6	5	4	9	1	3	8
9	1	4	3	8	7	2	6	5
5	3	8	1	6	2	7	4	9
1	5	2	9	3	6	8	7	4
8	4	3	2	7	1	5	9	6
7	6	9	4	5	8	3	2	1
3	8	5	7	9	4	6	1	2
6	9	1	8	2	3	4	5	7
4	2	7	6	1	5	9	8	3

Crossword

1	L	E	D	G	E	R		2	T			3	S	P	E	E	D												
	A								O				O																
4	B	E	A	U	F	O	R	T				5	E	L	E	C	T	R	A										
	E	N						A					U																
	L		Z			7	C	H	I	L	L		8	B	E	E	R		9	G									
	L		A				H						L					A		E									
	A						C	H	A	M	P	A		11	D	E		F		M									
	V						R		I									T		I									
	I						O		D	A			15	D	E		F	T		N									
	T						R													P	H	I							
	A						C													F	E	A	R						
							N	A	P	O	L	I		21	T					22	E	N	D						
23	T						I		I		D		24	T	H	I	R	D											
25	U						R	I	C																				
	R							K					27	E	C	O	N	O	W	A	S	T	E						
	N							U															O						
28	S							I	M	P	L	Y											29	E	N	E	R	G	Y

Geraldine Zareian

021 184 0312

g.zareian@barfoot.co.nz



**agent of the
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TORBAY

15 MOORGREEN
HEIGHTS



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Secluded Family Oasis - Panoramic Views

Situated at the end of a quiet cul-de-sac this fabulous property is a private oasis in a secluded native bush setting. Immaculately presented, the home has been designed and built to maximise its elevated 825m² freehold site and showcase panoramic views of the Hauraki Gulf from every angle.



Wendy Radcliffe
021 772 070
w.radcliffe@barfoot.co.nz



LONG BAY

46 CALDERA DRIVE



barfoot.co.nz/844182

Size, Style & Sensational Views

Located in the highly sought-after seaside suburb of Long Bay, this stunning residence of grand proportions rests on a full 563 sqm (more or less) and has been perfectly positioned to enjoy all day sun and capture gorgeous harbour and Rangitoto views.



Alina Yang
021 608 219
a.yang3@barfoot.co.nz



Kim Jin
021 395 888
k.jin@barfoot.co.nz



OTEHA

4/20 FIELDS PARADE



barfoot.co.nz/844250

Affordable Living-Nest/Invest

Discover the modern living in Fields Parade. This stunning standalone property offers a blend of comfort and style, making it the perfect place to call home. With its spacious floor plan, abundant natural light, and quality finishes, this property is sure to impress.



Jun Olis
027 586 6547
j.olis@barfoot.co.nz



CASTOR BAY

167A EAST COAST
ROAD



barfoot.co.nz/845086

THE OCEAN VISTA

Positioned in one of Auckland's premium suburbs with expansive sea and city views, these architecturally designed homes deliver luxury, comfort, and practicality. Log onto The Ocean Vista website for more information www.theoceanvista.co.nz



Alina Yang
021 608 219
a.yang3@barfoot.co.nz



Kim Jin
021 395 888
k.jin@barfoot.co.nz



TORBAY

9 ROCK ISLE ROAD



barfoot.co.nz/844080

Brick & Tile, Single Level Gem - Top Location

First home buyers, young families or those looking to downsize will love this absolute gem of a property. Tucked well off the road, this single level brick and tile dwelling offers a relaxed, easy-care lifestyle in one of Olde Torbay's most sought-after streets.



Paul Adams
021 966 266
padams@barfoot.co.nz