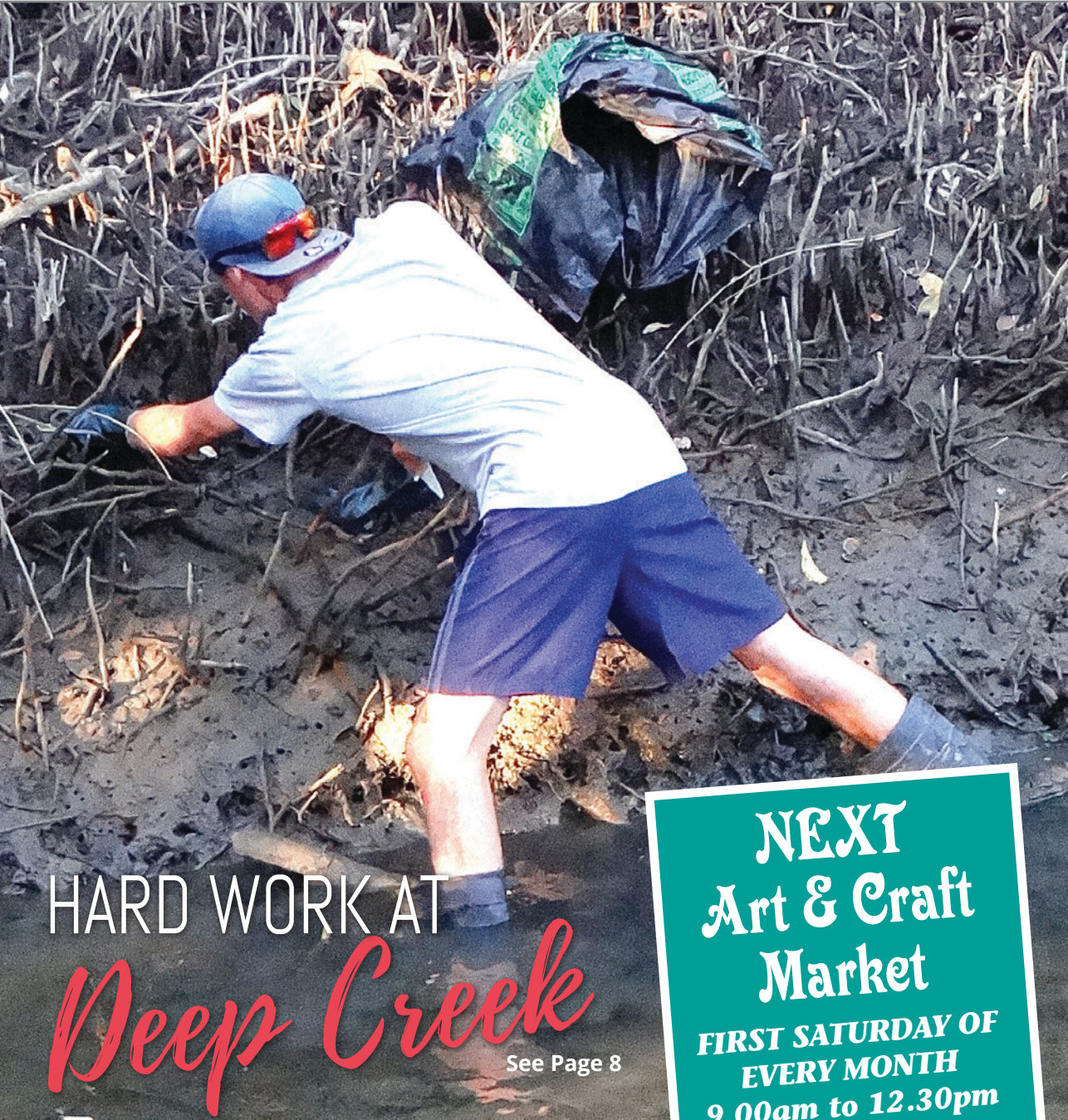


NEWSLETTER

# TORBAY

*more than a place - a lifestyle*

MARCH 2019



HARD WORK AT  
*Deep Creek*

See Page 8

**NEXT  
Art & Craft  
Market**

**FIRST SATURDAY OF  
EVERY MONTH  
9.00am to 12.30pm**

Photo by Bill Ellis

[www.torbay.co.nz](http://www.torbay.co.nz)

# Editor's Letter

What a summer it has been.

It seemed strange to see Northern Hemisphere photos of people struggling through snow, all wrapped up. The wind chill factor was so severe that people who didn't breathe through a scarf found it hurt to breathe the air in. Cars were stranded by roadsides and crashes through cars sliding out of control plentiful. Agencies were having to go around and pick up the homeless to take to shelters so that they wouldn't freeze to death. For them this followed a summer of heatwave. Back in July and August people were jumping in fountains and rivers just to cool off.

I have noticed that often a good summer is followed by a hard winter, so don't throw the thermals out yet!

We are keen gardeners and we grow a lot of our own vegetables. With good watering everything has grown- almost as you watch them. Radishes planted are ready to eat within three weeks. This year we cut the tops off the tomatoes so they wouldn't grow too tall. A few years ago when we had another good summer they grew so tall we had to harvest the tomatoes standing on a step ladder to reach the fruit!

It has been wonderful to pass the beaches and see families enjoying the beaches and the sea. We are so blessed where we live with everything on our doorstep. I love to watch smaller children running down to the sea edge with a bucket to bring water back to fill a hole they have dug- and wondering why it never fills. To see them build sandcastles and play imaginary games around the construction. And it is all free.

So enjoy the summer and make the most of the remaining time, winter will come around soon enough.



Carole McMinn



**TYPHOON BUILDING WASH**  
WHERE QUALITY COUNTS

For all your exterior requirements  
Call today for your free quote

**PHONE : (09) 473-0313**  
**021-2313788 - IAN**

[www.typhoonbuildingwash.co.nz](http://www.typhoonbuildingwash.co.nz)

**Sewing Classes**



**Kids Sewing Classes**

Torbay, North Shore Auckland  
p **473 3990**  
e [sewinspired@xtra.co.nz](mailto:sewinspired@xtra.co.nz)  
[www.sewinspired.co.nz](http://www.sewinspired.co.nz)

**MBL Homeopathy**  
*"Moving Beyond Limitations"*

Homeopathic Consultations for  
Natural, Non-intrusive Treatment  
of Acute / Chronic Illness,  
Disorders or Disease.

Contact Michelle Boyle: 021 727 456  
[info.healthandwellbeingnz@gmail.com](mailto:info.healthandwellbeingnz@gmail.com)  
[www.healthandwellbeing.nz](http://www.healthandwellbeing.nz)



**HON NIKKI KAYE**  
MP FOR AUCKLAND CENTRAL

**ERICA STANFORD**  
MP FOR EAST COAST BAYS

## Future of Education Tomorrow's Schools Report

### PUBLIC MEETING

**Come along and discuss the proposals put forward by the Tomorrow's Schools Review Taskforce.** There are some controversial changes being proposed. They will affect our schools & Boards of Trustees and we need your feedback.

**FIND OUT MORE & REGISTER YOUR INTEREST:**  
[www.EricaStanfordMP.co.nz/education](http://www.EricaStanfordMP.co.nz/education)

**WHEN:** Monday 1 April at 7.00pm  
**WHERE:** Murrays Bay Intermediate,  
37 Sunrise Ave, Murrays Bay

# New Zealander of the Year Finalist

We want to congratulate Dr Marewa Glover of Torbay's Centre of Research Excellence: Indigenous Sovereignty & Smoking who is a finalist in this year's Kiwibank New Zealander of the Year Awards. The prestigious award recognises extraordinary Kiwis who through their vision, passion and commitment strive to make New Zealand a better place.

Marewa was honoured for her 25 years of work to reduce smoking in New Zealand and her commitment to improving the health of indigenous peoples. She was also recognised for her leadership in advocating for a harm reduction approach to smoking. One of the things the judges liked was that Marewa wasn't afraid to criticise the status quo, especially policies that disproportionately impoverish Maori.

Many of the finalists this year were social entrepreneurs and advocates for disadvantaged groups. Alongside Marewa as a finalist for the ultimate title of New Zealander of the Year was Lisa King of Eat My Lunch, and the winner Mike King of the Key to Life Charitable Trust which works to end suicide, especially among youth.

This year marks the tenth annual New Zealander of the Year awards. Our congratulations go out to all nominees and the winners of their respective categories.

*Hair by Foxy Hair Salon and make-up by Soul Glow Artistry.*



## We are always looking for news about what's happening in Torbay

To submit a news item or advertise, please contact:

Torbay Newsletter Editor  
**Carole McMinn**

Email: [editor@torbay.co.nz](mailto:editor@torbay.co.nz)  
Phone: 473 3259

Torbay Business Association Coordinator  
**Joanne Martin**

Email: [coordinator@torbay.co.nz](mailto:coordinator@torbay.co.nz)  
Phone: 021 614 655

Torbay Website:

**Joanne Martin**  
Email: [coordinator@torbay.co.nz](mailto:coordinator@torbay.co.nz)

Torbay Business Association Chairman:

**Tony Carter**  
Barfoot & Thompson Torbay  
Phone: 09 473 9190

Torbay Newsletter photographer:  
**Bill Ellis** Phone: 473 6482

This newsletter is designed and sustainably printed by Silverdale Print & Design: 09 426 5845

**SILVERDALE**  
Print • Design

## Your local agents **Leo & Kyra**

Living locally and selling locally - the only real estate office in Torbay village.

**For all your property requirements call us now.**

**Leo Perwick**  
M 027 224 9527 E [l.perwick@barfoot.co.nz](mailto:l.perwick@barfoot.co.nz)

**Kyra Perwick**  
M 027 311 7953 E [k.perwick@barfoot.co.nz](mailto:k.perwick@barfoot.co.nz)

AH 09 473 8741 | Torbay 09 473 9190  
[www.barfoot.co.nz](http://www.barfoot.co.nz)



Licensed under the REAA 2008

TORBAY

# PHYSIOTHERAPY & HAND THERAPY

Monday to Friday 8.00am – 6.00pm

- Hand therapy
- Back pain
- Neck Pain
- Sports injuries



Phone (09) 473 0333

Email [admin@torbayhandphysio.co.nz](mailto:admin@torbayhandphysio.co.nz)

Website [www.torbayhandphysio.co.nz](http://www.torbayhandphysio.co.nz)  
1042 Beach Road, Torbay

## Saiph Technologies COMPUTERS & ACCESSORIES



New systems, Rebuilds, Upgrades,  
Maintenance, Printers, Networking  
and Software Installation

**Ralph Barker**  
CompTIA Certified Service Technician

Tel: (09) 473 6706  
021 0747 913

0800SILPRINT

**Piatti**italiani  
TRADITIONAL ITALIAN CUISINE

## \$10 Meal Deal

**Purchase any meal and  
second meal is only \$10**  
**Tuesday, Wednesday & Thursday**

\*Dine in only, please book and this coupon  
must be presented. \$10 meal will be equal  
or lesser in value to paid meal. One \$10 meal  
per coupon, maximum 2 coupons per table,  
not to be used in conjunction with any other  
deals or specials. Promo ends 28 March 19.  
Piatti reserves all rights.

Open hours  
Tue to Sat - 5pm to close

5 Hebron Road, Waiake  
phone: 09 478 6936  
email: [info@piatti.co.nz](mailto:info@piatti.co.nz)  
website: [www.piatti.co.nz](http://www.piatti.co.nz)



# Life on the Edge

MARCH 2019

## Turritopsis rubra

You may have noticed some tiny jellies in the water, we think they're cool, and you should be delighted to know that they are also harmless! Turritopsis jellies can be found in many parts of the world, there are three different kinds; the rubra, the dohrnii, and the nutricula. However, it is certainly challenging to differentiate between the species of these tiny jellyfishes, even for the scientists!

Turritopsis rubra is the species found in the waters surrounding NZ, its average size varies from about 4 to 7 mm. T. dohrnii is found in the Mediterranean, and they are better known as the immortal jellyfish. Of course the jellyfish can be killed by predators, but if it gets injured, it could revert to its earliest form; turn itself into a blob, retract its tentacles, shrink its body, and then sink to the ocean floor to begin life again.

Jellyfish drift for miles and miles and occasionally one might end up next to you while swimming. If you do get stung by a Lions Mane or other stinging jelly first remove the tentacles and then immerse in warm water for 15 min, you can apply ice later on to decrease pain.



Yuin Khai Foong for Sir Peter Blake Marine Education  
and Recreation Centre, Long Bay. [www.merc.org.nz](http://www.merc.org.nz)

# ESTIMATES, QUOTES AND BUILDING WORK

A client recently called us and asked for some advice about a deck which he was having built. The client had appointed a builder to build the deck and verbally agreed that the total price "shouldn't be any more than \$8750". The deck is now nearly complete but the builder has indicated that the total price will now be \$9500. The client is extremely unhappy that the price has escalated above the previous amount of \$8750. Also, the builder has intimated that he will not finish the deck unless the client agrees to the new price. The client asked what options he has.

We advised the client that it appears the original verbally agreed amount of \$8750 was in fact only an estimate and not a firm quote. Accordingly, we advised our client that because he did not receive a quote for the work (only an estimate), he would probably have to accept the revised price unless he could negotiate with the builder for a reduced final price. He would, however, be justified to ask the builder for an explanation for the price increase.

A quote is an offer to do a job at a certain price. If you accept a quote then the trader can't charge you more than the quoted amount unless you have agreed to any variations. Make sure you ask for a quote in writing so that if a problem arises you have a record of your agreement with the trader.

The Citizens Advice Bureau website ([www.cab.org.nz](http://www.cab.org.nz)) gives more detailed information about estimates and quotes with links to reliable websites, or you can phone or drop in to a CAB

branch for more information.

At the Citizens Advice Bureau, Browns Bay, our trained volunteers receive questions and queries from a wide range of clients. Questions may relate to tenancy issues, employment, migrant information, budgeting, family and personal issues or simple things like where you can find a social event. Our advice is given free and is confidential. We empower our clients by giving them access to information, options and support which will meet their needs.

If you have any questions relating to any issues, give CAB a call or check out the vast amount of information on our website ([www.cab.org.nz](http://www.cab.org.nz)).

In CAB Browns Bay and Northcote we welcome New Migrants to book an appointment or just call in for our free Settlement Information service. We have Chinese and Korean speakers on duty every week. Clients are welcome to phone us with their questions or call in for a face-to-face discussion.

Our Justice of the Peace is present every week day - hours vary from day to day so please check our website or call to confirm JP attendance hours. You can also follow our Facebook page for updates or more information.

## Citizens Advice Bureau

2 Glen Road, Browns Bay  
Community Centre  
Hours: 9.00am to 4.30pm.  
Phone: 479 2222

W: [www.cab.org.nz](http://www.cab.org.nz) E: [brownsbay@cab.org.nz](mailto:brownsbay@cab.org.nz)  
Facebook: [www.facebook.com/CabNorthShore](http://www.facebook.com/CabNorthShore)



Service | Experience | Results

## WENDY'S UPDATE

### SALES NUMBERS UP!

January sales are the highest they have been in a January for three years.

There is no lack of buyer interest for well-priced property in all price categories and attendance at open homes since Xmas has been strong in our area.

Vendors are accepting that the market has moved in favour of buyers and are trimming their expectations as to the price they will accept, however there is no indication that there is a major decline in prices.

If you are thinking of selling and would like an obligation free appraisal on your home, or, discuss the advantages of listing with the Local Torbay Team at Barfoot and Thompson please give me a call.

Kind Regards,

*Wendy*

*Continually Achieving & Maximising Top Results in Real Estate For You*

*Consistently Awarded Excellence in Sales Performance*

**Barfoot & Thompson**  
Licensed REAA 2008 MREINZ

**Wendy Radcliffe**

M 021 772 070

E [w.radcliffe@barfoot.co.nz](mailto:w.radcliffe@barfoot.co.nz)

[barfoot.co.nz](http://barfoot.co.nz)



# Your denture clinic on the shore!



**Venus Denture Clinic**  
Offers dentures tailored to your individual needs, for the best fit and aesthetics.

**Our complete range of denture services includes:**

- Complete & Partial Dentures
- Flexible Nylon Partials
- Same Day Reline & Repair
- Sport Mouth Guards

Dentures designed by Esther Wata

09 476 4564

Find us upstairs at:  
Unit N6 Rosedale Rd  
Pinehill



Emergency after hours Appointments

[www.venusdentureclinic.co.nz](http://www.venusdentureclinic.co.nz)

## Auditions!

Our first production for 2019, in June, is a Comedy-Tragedy double bill. *Roses are Red*, written and directed by local writer Paul Topliss, is the story of a love destined to fail as two worlds collide. Guaranteed to tug at the heart strings, it is balanced by a look at the lighter side of life with *Costa Del Packet* (director Lynne Davis) - a hilarious depiction of the holiday none of us ever want to experience. Auditions (March/April): see website or ring Helen: 09-414-4551.

# Torbay THEATRE

## ACTT Awards

Congratulations Torbay Theatre: *A Taste of Honey* is nominated for:

- Best Production
- Outstanding Drama
- Steve Wright: Best Director
- Philippa Mandeno: Best Female in a Leading Role
- Jacqué Mandeno: Best Female in a Supporting Role
- Alex Eichelbaum: Best Male in a Supporting Role
- Anne Rimmer: Best Set Design
- Kyle Perwick: Best Lighting Design

AGM : see website for date and details.

See our website and Facebook page for the date of this year's first Club Night. Look forward to fun, frivolity and the odd burst of high art as we perform for each other.

Wednesdays 10:15am-12: Come join our regular fun social backstage group: sew, build, paint, create! Torbay Theatre.

Discover what theatre can do for your child at Love Drama/VoiceWorks! We just love drama and performance, and watching our young actors flower into confidence. Phone Jacqué Mandeno: 473-5454.

Revive/improve/polish your French with Lynette's French Theatre classes for teens and adults: Lynette: 478-7911/0210-294-0630.

Later: July-Holidays play; December Musical, *The Snow Queen*.

[www.torbaytheatre.com](http://www.torbaytheatre.com)  
Facebook page / ph 473-5454



Three of the nominees for this year's ACTT awards in *A Taste of Honey*



Violet Beaugardie becomes a blueberry in *Charlie and the Chocolate Factory*

## WishyWashy Ltd

Exterior Cleaning, Waterblasting & Roofs

Housewashing  
Waterblasting  
Roof - moss & lichen  
Graham Banks  
Ph: (09) 4730059

©0800SLPRINT

## Let the scenery unravel with Twilight Travel

### Southern Wanderer Rail & Road Tour 14 days 16th - 29th August 2019

An adventure by rail & road around the South Island is a great way to discover the history of our early settlers and the grand scenic beauty of the South. Flying to Christchurch, join our privately chartered railcar - the Silverfern. Travel the Midland line through the Alps to Greymouth and journey the Southern main trunk line from Christchurch to Bluff. Visit Queenstown, Te Anau and Invercargill by motor coach.

Scenic highlights include the Denniston Plateau, Milford Sound and the Taieri Gorge.

**Tours are escorted from Auckland and include home pick up.**

For further information phone Shavourn

Twilight Travel & Tours 0800 999 887  
[info@twilighttravel.co.nz](mailto:info@twilighttravel.co.nz)  
[www.twilighttravel.co.nz](http://www.twilighttravel.co.nz)

# The Okura Pony Lady

At the monthly Torbay Craft Market is the "Okura Pony Lady" Sheila Brown.

Sheila began making the ponies five years ago.

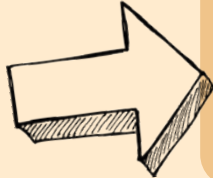
She was clearing out the house of her Mother when she came across a very old Woman's Day pattern for a pony and as she just happened to have a new grand daughter decided to make a pony- and the rest is history!

These sturdy horses come in many patterns and designs.

Last year due to demand she began making unicorns too. If you are interested in a pony contact Sheila on 021 211 3821 for more information.



Have you ever thought about taking your hobby to the next level?



If you enjoy making craft items and love making them but have no outlet for them other than the back of a cupboard then think about having a market stall?

The market is the first Saturday of the month during Spring, Summer and Autumn (too windy in Winter). The cost is only \$10 for a space so you can bring a table or erect a gazebo for that cost.

Interested why not try it once? Email Louisa Chong [louisatc@gmail.com](mailto:louisatc@gmail.com).

## January House Sales Up now that Prices Have Settled.

December may have been crunch time in Auckland - fewer sales, with some vendors holding out, as mentioned last month, briefly causing the market to hold its breath. But although we have a change in flavour - less exotic spice & a little more salt & pepper - buyers appear to be confidently returning to the more settled and realistic property market, either to sell and buy without fear of missing out on a home in between; or to step onto the slightly less scary property ladder, for the first time.

"Acceptance that Auckland is now a buyers' market has set in...", states Peter Thompson, (**Landlords Property News** 8 Feb 2019). We've noticed too, that the majority of current buyers are also likely to be vendors, looking to upsize, downsize or simply move to a preferred location. In some ways, this has had a levelling effect. We're in this together. We're going to be OK.

Call Shane or Jen now for a chat about what colour you're longing to paint your letterbox!!

### JANUARY 2019 SALES: Torbay to Waiake\*

|                  |           |                 |             |
|------------------|-----------|-----------------|-------------|
| Emlyn Place      | \$645,000 | Tempo Place     | \$905,000   |
| Emlyn Place      | \$722,000 | Stredwick Drive | \$930,000   |
| Glenvar Road     | \$739,000 | County Road     | \$970,000   |
| Manuwai Road     | \$757,000 | Long Bay Drive  | \$1,010,000 |
| Holt Avenue      | \$796,000 | Weatherly Road  | \$1,015,000 |
| Sunburst Lane    | \$851,000 | Watea Road      | \$1,065,000 |
| Alexander Avenue | \$860,000 | Waiau Street    | \$1,110,000 |
| Law Street       | \$876,000 | Sharon Road     | \$1,190,000 |

Weatherly Road **\$880,000**

### Median House Price in Torbay for January

## Shane & Jen Anderson

Shane: 0274 827 440    Jen: 0211 77 55 30  
[s.anderson3@barfoot.co.nz](mailto:s.anderson3@barfoot.co.nz)    A/H 473 8338



\*source REINZ

Barfoot & Thompson



# DEEP CREEK WORKERS.

On Wednesday 13th February many willing people turned up at Deep Creek to continue the restoration.

In difficult conditions they fought the weeds.

Well done everyone!

*Photos by Bill Ellis*



You can **count**  
on us every step of  
the way

# Forrest

FUNERAL SERVICES

EAST COAST BAYS | HIBISCUS COAST

## At Forrests we can help you make that time memorable.

- Qualified, professional & caring staff you can count on.
- Two locations: Browns Bay and Orewa, both with on-site chapels and reception facilities.
- Excellent audio visual systems, including web streaming.
- FDANZ Pre-plan & pre-paid options available.
- Forrest monumental, headstone & plaque services.



East Coast Bays. Ph (09) 479 5956 | Hibiscus Coast. Ph (09) 426 7950





## BROWNS BAY BOWLS CLUB - A HIVE OF LOCAL ACTIVITY

In 1943 the club was formed and today still continues to do well. Among some of the activities within the last three months has been

1. 'Have a Go day' for people of all ages to try their hand
2. 75th Anniversary;
3. Cruise Ship bowlers visit

Recapping just a couple - the Anniversary extended over two days in November with bowling events etc concluding with a Dinner/Dance and well over 100 people participated over the two days including many former members with stories about some of the history and about getting started etc. Of particular interest to current day members were the attitudes towards women that existed way back then. Thankfully, that is a thing of the past.

The cruise ship visit in December, was an inaugural event for the club with almost 60 bowlers and supporters from NSW visiting for the day that included a fun bowls event and lunch. The day went so well and new friends and acquaintances made, that the

club is now looking to a reciprocal cruise in the future. It is hoped that more cruise ship visitors will venture to Browns Bay now that the inaugural event was so successful.

A feature of the club is the Bistro which is a friendly meeting place for a meal and drink. Now that the ECB RSA has their new 'Home' at the club, the Bistro serves meals in the evening several days a week. Readers may not be aware that they, and their family, can come along for a meal despite not being members of the club or RSA. Readers can see details on the clubs website [www.brownsbaybowls.org.nz](http://www.brownsbaybowls.org.nz)

The Browns Bay Bowls club continues to be one of the Premier clubs on the North Shore and with outstanding facilities, indoor and out, and pleasant views for dining, it offers a wonderful opportunity for local people to become associated either as playing members (beginners very welcome) or, as Social members. Give Mike (027 4952009) or Jan (478 6114) a call to get more info. Easy as.



## Team Dodds

It takes a team to be successful. Ian, Diane & Kathy are that team.

Thinking of selling in 2019?  
**Call us now.**

Team Dodds achieved a  
**93% Auction Success Rate** for 2018



**IAN & DIANE DODDS**  
 MARKETING CONSULTANTS

P: 09 477 4240 | M: 021 909 067  
 E: [iananddiane.dodds@harcourts.co.nz](mailto:iananddiane.dodds@harcourts.co.nz)

**KATHY WESTMORELAND**  
 MARKETING CONSULTANT

P: 09 477 4208 | M: 021 989 179  
 E: [kathy.westmoreland@harcourts.co.nz](mailto:kathy.westmoreland@harcourts.co.nz)

**Harcourts**  
 Cooper & Co

Cooper & Co (Real Estate) Ltd. Licensed Agent RE/MAX 2008



**LONG BAY 浸信会**  
 282 GLENVAR RD. TORBAY  
**华语主日崇拜：周日 9AM**  
 WWW.LONGBAYBAPTIST.CO.NZ



**LONG BAY 居民协会**  
 WWW.LONGBAY.ORG.NZ



◀ **小区近期活动** ▶

**3月9日 6PM**

小区餐会 (POTLUCK) 旧 PLAYGROUND 含中华文荟演出

**每日 7:30PM**

旧 PLAY GROUND 广场舞 (杨老师) 022-6512 732

**3月29日 6PM**

LONGBAY 公园 PLAYGROUND 旁野餐

常用电话：

LONG BAY 华人群

紧急电话：111  
 BROWNS BAY 警局：09-3530410  
 AUCKLAND TRANSPORT：09-3553553  
 (道路、人行道、草维护、停车)  
 污染专线：09-3773107



# TIME TO HANG UP THE NEEDLES!

For 41 years Annette has been working as a phlebotomist.

She began her nursing career in Wellington Public where she studied general and obstetric nursing.

She has worked in various places but for the last 12 years she has been here in Torbay - first in the Torbay Diagnostic MedLab, part time, and then when that closed she worked for them elsewhere until the Torbay Medical Centre opened their own blood lab and she began working there in a job share with Margaret.

Annette has lived the last 38 years locally in Torbay with husband of 43 years Luke. Luke is now retired. He was in the Navy for 22 years and then worked as a Funeral Director, and now Annette has also decided it is time to retire.

Don't get the idea she will be sitting with her feet up though. Annette has lined up all sorts of projects.

Her first mission is to visit Germany to visit son Matt and his wife and her grandson and grand-daughter. She has another daughter living in Onehunga, Arna, married with two grandsons.

Annette is a passionate op shop shopper and always picks up lots of bargains.

She enjoys renovating furniture and has two projects she wants to start with a restful hobby of patchwork in between.

There is also an attic to clear out too.

Annette has loved working in Torbay as she finds the people so friendly and laid back. The lovely people have made the job so enjoyable.

We wish you a well deserved retirement Annette!



## Want to sell for top dollar?



Successfully selling across the North Shore Bay and Whangaparaoa area over the past 6 years.

Ensure both Kiwi buyers and Chinese buyers alike are introduced to your property, giving you the best chance of maximizing your sale price.

Effective marketing in both traditional, digital and social media to reach your right buyers and sell quickly.

Enthusiastic, highly skilled real estate professional with positive attitude help you make your move successful and stress free.

**Want to sell for top dollar? Please contact me!**

**CALL FOR A FREE MARKET APPRAISAL**

**Susana Perez**

021 182 6329

s.perez@barfoot.co.nz

1054b Beach Road Torbay

www.susanaperez.co.nz

**Barfoot & Thompson**  
SINCE 1925 MREINZ

# FISHING DIRECT NZ - FISHING REPORT



With these bright sunny days, many will have discovered that fishing during the day will mean deeper water is the answer, and it is. The 35m line between Kawau Island and Tiri, and out from Motorora Island is holding good pannies at the moment. The easiest way to be productive when fishing here is to anchor, but you must deploy a berley otherwise it could be a long day.

Berley not only attracts the fish in an otherwise featureless stretch of water, but, more importantly, will hold them there.

Anchovy schools tend to enter the inner reaches of the Hauraki Gulf at this time of the year and will produce a summer work-up season. Eric was amongst a huge work-up last Thursday, east of Tiri and had a lot fun using Engetsu slow-jigs - the new Docan lure being most effective, especially the black ones!

Kingfish are plentiful in all the usual haunts - early morning producing the best action. Live-baiting jack mackerel are proving golden when targeting these amazing sport fish but have been a little tricky to find of late, that's why we use jigs and stickbaits.

Eric has just got back from the Three King Islands, and what a trip he had. He went there with a list of fish to tick off and wasn't disappointed. Kingfish 30+kg is a serious man vs fish event and hauling 35+kg Hapuka up from the depths is serious angling! Well done mate, top fishing.

Anyone thinking of undertaking a trip like this and needing any advice, come catch up with him as he's only too happy to share his adventure (see pics above).

Enjoy your summer fishing.

*Andy, Dave & Eric*

**Fishing Direct, Silverdale**  
Open 7 days

## Tides for Auckland

### MARCH 2019

|                | Time | m   |                 | Time | m   |                 | Time | m   |                 | Time | m   |
|----------------|------|-----|-----------------|------|-----|-----------------|------|-----|-----------------|------|-----|
| <b>1</b><br>Fr | 0415 | 2.9 | <b>9</b><br>Sa  | 0356 | 0.8 | <b>17</b><br>Su | 0420 | 3.0 | <b>25</b><br>Mo | 0516 | 0.5 |
|                | 1017 | 1.1 |                 | 1023 | 3.2 |                 | 1028 | 0.9 |                 | 1142 | 3.5 |
|                | 1630 | 2.8 |                 | 1620 | 0.7 |                 | 1647 | 3.0 |                 | 1744 | 0.5 |
|                | 2244 | 1.0 |                 | 2239 | 3.1 |                 | 2257 | 0.8 |                 |      |     |
| <b>2</b><br>Sa | 0514 | 2.9 | <b>10</b><br>Su | 0432 | 0.8 | <b>18</b><br>Mo | 0526 | 3.1 | <b>26</b><br>Tu | 0009 | 3.4 |
|                | 1115 | 1.1 |                 | 1100 | 3.2 |                 | 1132 | 0.8 |                 | 0605 | 0.6 |
|                | 1729 | 2.8 |                 | 1658 | 0.7 |                 | 1755 | 3.1 |                 | 1230 | 3.3 |
|                | 2343 | 1.0 |                 | 2316 | 3.1 |                 |      |     |                 | 1831 | 0.6 |
| <b>3</b><br>Su | 0610 | 2.9 | <b>11</b><br>Mo | 0510 | 0.8 | <b>19</b><br>Tu | 0001 | 0.7 | <b>27</b><br>We | 0058 | 3.3 |
|                | 1209 | 1.1 |                 | 1138 | 3.1 |                 | 0628 | 3.3 |                 | 0656 | 0.8 |
|                | 1825 | 2.8 |                 | 1737 | 0.7 |                 | 1233 | 0.7 |                 | 1319 | 3.2 |
|                |      |     |                 | 2354 | 3.1 |                 | 1858 | 3.2 |                 | 1919 | 0.8 |
| <b>4</b><br>Mo | 0036 | 1.0 | <b>12</b><br>Tu | 0550 | 0.8 | <b>20</b><br>We | 0100 | 0.5 | <b>28</b><br>Th | 0149 | 3.1 |
|                | 0701 | 3.0 |                 | 1218 | 3.1 |                 | 0726 | 3.4 |                 | 0750 | 0.9 |
|                | 1258 | 1.0 |                 | 1817 | 0.7 |                 | 1331 | 0.5 |                 | 1408 | 3.0 |
|                | 1918 | 2.8 |                 |      |     |                 | 1957 | 3.4 |                 | 2010 | 0.9 |
| <b>5</b><br>Tu | 0123 | 0.9 | <b>13</b><br>We | 0035 | 3.1 | <b>21</b><br>Th | 0156 | 0.4 | <b>29</b><br>Fr | 0243 | 3.0 |
|                | 0747 | 3.0 |                 | 0634 | 0.9 |                 | 0820 | 3.5 |                 | 0846 | 1.0 |
|                | 1343 | 1.0 |                 | 1301 | 3.1 |                 | 1425 | 0.4 |                 | 1500 | 2.9 |
|                | 2005 | 2.9 |                 | 1901 | 0.8 |                 | 2052 | 3.5 |                 | 2107 | 1.0 |
| <b>6</b><br>We | 0205 | 0.9 | <b>14</b><br>Th | 0121 | 3.0 | <b>22</b><br>Fr | 0248 | 0.3 | <b>30</b><br>Sa | 0340 | 2.9 |
|                | 0829 | 3.1 |                 | 0723 | 0.9 |                 | 0913 | 3.6 |                 | 0944 | 1.1 |
|                | 1425 | 0.9 |                 | 1348 | 3.0 |                 | 1518 | 0.3 |                 | 1556 | 2.8 |
|                | 2047 | 3.0 |                 | 1950 | 0.8 |                 | 2143 | 3.6 |                 | 2207 | 1.1 |
| <b>7</b><br>Th | 0244 | 0.8 | <b>15</b><br>Fr | 0214 | 3.0 | <b>23</b><br>Sa | 0338 | 0.3 | <b>31</b><br>Su | 0439 | 2.9 |
|                | 0909 | 3.1 |                 | 0820 | 1.0 |                 | 1003 | 3.6 |                 | 1041 | 1.1 |
|                | 1505 | 0.8 |                 | 1441 | 3.0 |                 | 1608 | 0.3 |                 | 1655 | 2.7 |
|                | 2126 | 3.0 |                 | 2046 | 0.8 |                 | 2233 | 3.6 |                 | 2308 | 1.1 |
| <b>8</b><br>Fr | 0320 | 0.8 | <b>16</b><br>Sa | 0314 | 3.0 | <b>24</b><br>Su | 0427 | 0.4 |                 |      |     |
|                | 0946 | 3.2 |                 | 0922 | 1.0 |                 | 1053 | 3.6 |                 |      |     |
|                | 1543 | 0.8 |                 | 1541 | 3.0 |                 | 1656 | 0.4 |                 |      |     |
|                | 2203 | 3.1 |                 | 2150 | 0.8 |                 | 2321 | 3.5 |                 |      |     |

TIMES LISTED HAVE BEEN ADJUSTED FOR NZ DAYLIGHT TIME AS REQUIRED

### 5 principles

- 1 Understand your numbers
- 2 Build financial freedom
- 3 Protect your assets
- 4 Manage your financials without stress
- 5 Make informed decisions when you need to



09 473 0507

# HINTS TO MAKE TRAVELLING EASIER.

Each day we make journeys, some small, some longer. Each journey we make needs some preparation to make that journey as easy as possible.

- If it is the school run then the check list is
- Check they all have their lunches
- Their homework
- Their sports kit

We know if we haven't remembered these things then it necessitates another trip.

Longer journeys do take more preparation.

You frequently hear of people arriving for a long haul flight and found they have left their passport at home or hadn't realized they needed a visa. These can be very expensive mistakes so it is worth starting your preparation for the trip as early as possible.

For an international trip have you over 6 months left on your passport for the re-entry date?

Do you need a visa? Not just for the country you are visiting but also any stopovers en route.

It is a good idea to change some of your

money into the currency of the country so that you are good to go as soon as you hit the ground.

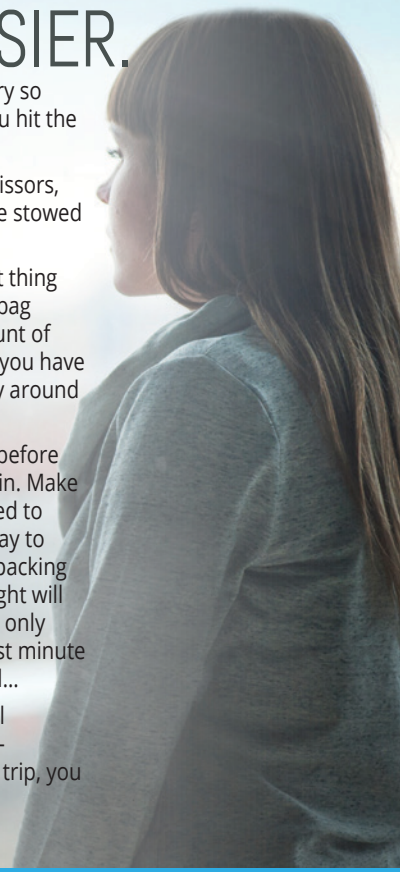
Make sure all sharp object, like nail scissors, are packed in your luggage that will be stowed in the hold.

Try to travel light in the cabin. The last thing you want on a long journey is a large bag at your feet restricting the small amount of space that is allocated to you. Then if you have to change planes lots of items to carry around the airport on the stop over.

Try and put your case out a few days before so you are able to check all the items in. Make sure you have all medications you need to take with you. A check list is a great way to ensure you have everything. Leaving packing until a couple of hours before your flight will often mean something forgotten. The only time I ever packed in a hurry at the last minute I omitted to pack any underwear at all...

And always make sure you have travel insurance. Often ticket prices are non-refundable so if you cannot make the trip, you are stuffed.

Then relax and have a good trip.



## Best Travel Brand Multi Location

helloworld NZ Most Improved Store 2018

Your Local Travel and Cruise Experts



CONNECT WITH US



facebook.com/helloworld Browns Bay



helloworld.co.nz/brownsbay

helloworld Browns Bay

26 Clyde Road

brownsbay@helloworld.co.nz

09 478 4416





Meeting for friendship, worship and Bible teaching  
Sundays at 10.00am

Long Bay Primary School, Ralph Eagles Pl.

Contact Pastor Peter Boyd

P 473 9390 M 021 0367 957

www.shorepres.org.nz

# Chand INDIAN BAR & RESTAURANT

All Mains \$14.00

Mon, Tue, Wed  
(conditions apply)

Open 7 days from 4.30pm

Torbay only now open for lunches  
11.30am - 2.30pm

Lunch Special \$15.00

Torbay 1028 Beach Road  
Ph 09 473 6259

Rothesay Bay 603 Beach Road  
Ph 09 478 1400

# Torbay Historical Society

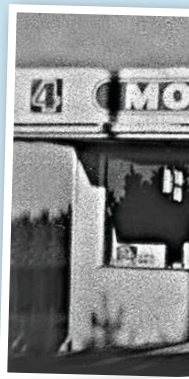
The early settlers of Long Bay/Torbay received their correspondence from the outside world by boat from Auckland, or by personal collection from the Post Office in Queen St. Auckland. By the end of the nineteenth century, the district was home to enough residents to justify the establishment of a Post Office. A small Post Office was established at Glenvar, at the home of Cholmondeley-Smith. It was named Oneroa Post Office and it opened on 19 May 1897 - a tiny wooden building known as a 'dunnikin' of a building and a 'sentry box'. 1930 the name was changed to Torbay Post Office and in 1938 moved to Morgan's Four Square Post Office store (now the 'House of Salvation' op shop) - see the Black and White photo

From the North Shore Times 29-09-84:

"Tenders for a new post office at Torbay will be called shortly. A single-storey building will be erected on a site in Beach Road in the centre of the existing commercial area," the Post-General, Mr. Hunt announced yesterday.

We have heard that when that Post Office was to be closed, there was a sit-in protest by some of the residents. Do you have any details of this or were you involved? The colour photo taken in 1984 shows the Post Office.

To access photos and other collections of yesteryear, go to the Auckland Libraries website - KURA Heritage Collections Online. There is wealth of information which is being added to all the time.



# SPA POOL PRESTIGE POOLS



## SALE NOW ON

OPEN 7 DAYS  
9am - 5pm Mon - Fri  
9am - 4pm Sat & Sun

6/26 Karepiro Drive Whangaparaoa

P 09 947 0013 M 0220 733 713

prestigepoolsnz@gmail.com www.prestigepools.co.nz



For opening hours of the Vaughan Homestead phone 473 6482. Devonshire Teas are also available for groups of 10 or more. The Homestead is also available for hire by small groups. We are always looking for new members. Have you any expertise in cataloguing or would like to help in the garden etc.? Society e-mail for booking information is [torbayhistoricsociety@gmail.com](mailto:torbayhistoricsociety@gmail.com) or Phone 473 9371.

Phone: President: Cathy Currey - 473 9371  
Secretary: Barbara Ellis - 473 6482

## WANTED DELIVERERS!



If you live in Torbay or Long Bay we are looking for deliverers for this magazine. There are 11 a year printed (no January)  
Interested?

Phone Barbara Ellis  
473 6482



Annette Gibson - Beauty Therapist  
☎ 021 624500  
[annette@peonybeauty.co.nz](mailto:annette@peonybeauty.co.nz)  
23 Turutu Place, Long Bay  
[www.peonybeauty.co.nz](http://www.peonybeauty.co.nz)

**LAWN MOWING: Commercial, Domestic and Ride On • STUMP GRINDING**



*Looking after North Shore residents for over 10 years*

Bins - 240 litres  
Bags - 600 litres



FREEPHONE: **0508 262626**

## CATAPULT

PLUMBING - DRAINAGE - GAS FITTING

021 222 5000  
[RIBEAU@CATAPULTPLUMBING.CO.NZ](mailto:RIBEAU@CATAPULTPLUMBING.CO.NZ)  
[WWW.CATAPULTPLUMBING.CO.NZ](http://WWW.CATAPULTPLUMBING.CO.NZ)

FULLY QUALIFIED  
LOCAL TORBAY FAMILY RUN BUSINESS



'don't risk it use my dad'

reece



# TORBAY TREES

## Poetree

I Cut down trees  
cos that's me job.

I come round with  
me saws and dog

I'll never be  
a doc or lawyer.

But I'll prune or cut  
your trees down for ya

**QUALIFIED ARBORIST  
PH MARTIN: 473 7330**

*#Dog has died*

# Torbay Garden

## NEWSLETTER MARCH 2019



January and February weather has been great for holiday-makers and beach-goers, but not so good for the garden and gardeners! While it may be good for fruit ripening etc., without a regular supply of moisture, plants begin to dehydrate and shrivel or go limp. There seems to be no rain on the immediate horizon, so the only solution is to give a good deep watering and then to mulch with anything available; thick layers of moist newspaper topped with grass clippings, prunings, straw, even weeds which will soon dehydrate in the sun!

We began our Garden Club year with a picnic at Long Bay. It was a glorious day and as we had shelter from the sun and a gentle breeze, it was very pleasant. Members enjoyed a lovely shared lunch, some fun quizzes and even a 'pass the parcel' which Noela



## psychotherapy, counselling family therapy

- registered
- qualified
- experienced

Margie Bowman 473 9316

ACC approved • affordable rates

## 5 Star Plumbing Ltd



### 0800 11 11 81

*your loyal local plumber*

mains • hot water cylinders • leaky roofs  
general maintenance • new • drain laying  
concrete work

Michael Mullany mob: 022 630 2460  
fivestarpumbing@xtra.co.nz  
www.5starplumbing.co.nz

©2008/5PRINT

## Inner Wheel Club of East Coast Albany Bays.

We are a group of women who enjoy being involved in the community. Come and enjoy some fellowship, interesting speakers and morning tea.

We meet at the  
Presbyterian Church Hall,  
Mairangi Bay, Hastings  
Road entrance at 10am on  
the second Thursday of the  
month.

Contact Carol on 479 7137





# Club

*I have included a photo of my new favourite David Austen rose 'Lady of Shallot' which I fell in love with when visiting his Nursery and Show Garden in Albrighton, England, last year. It was sad to hear of David's passing, aged 92, in December. What a wonderful legacy he has left us. RIP David Austen.*



refereed with her netball-coaching whistle from yesteryear!

Our next meeting on 6 March is our AGM when we hope to appoint a new



committee member. Ann Rose will be giving another floral demonstration, which proved most informative and entertaining last year.

We have a great line up of speakers and trips already organised for this year, so if you have been thinking about joining for a while, now is the time! We meet on the first Wednesday of the month at 1.30 in the Torbay Community Hall, where we have a wonderful display of exhibits, a trading table, speaker, raffle and a cup of tea to finish. Visitors are welcome.

## *In the Garden in March*

Water, water, water, early morning or evening! Apply potash to the dripline of roses. Plant most spring bulbs; soak anemones and ranunculus in water for a few hours before planting. Alyssum, calendula, pansy, petunia and poppy and marigold can go in now for Autumn colour. Plant basil, beetroot, brassicas, lettuce, rocket, spinach and spring onion.

**President: Hilary Collins Phone: 478 1601**

**Secretary: Georgie Maurice Phone: 473 0404**

## ***End of summer, but excited for fall.***

Now that we are in Autumn, traditionally it is a good time to sell before the cold months set in.

Be sold before winter! Call me if you are thinking of selling.



ANNEMERSON



027 434 7221



[www.annemerson.co.nz](http://www.annemerson.co.nz)

DDI: 09 477 4272

E: [ann.emerson@harcourts.co.nz](mailto:ann.emerson@harcourts.co.nz)

**Harcourts** Cooper & Co

Cooper & Co Real Estate Ltd Licensed REAA 2008

# Step Beyond Studios

Offering excellent classes in ballet and contemporary dance

Progressive and highly regarded – come dance with us



Beginners to Advanced

Principal:  
Marian McDermott

Studio in  
Torbay

www.stepbeyond.co.nz  
Ph 475 9317

## TUITION

**Mathematics  
Chemistry & Physics**



Contact

Gerry Beckingsale M.Sc. Dip. Teach.



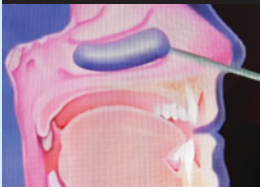
027 296 8100



gerry@gb-consult.co.nz

**Breathe Easier & allow  
natural realignments to  
UPGRADE your SMILE!**

**Neuro-Cranial Restructuring  
aka Cranial-Facial Release**



Reduce symptoms of  
cerebral palsy  
depression  
DNS & vertigo

आसन सुधार -  
बेहतर स्वास्थ्य

**Public Service Announcement:  
You may also be qualified for this  
Free ACC treatment!**

53 Stredwick Drive, Torbay, North Shore 0630  
**Bookings@AtlasChiropractic.co.nz**



## Torbay Friendship Club

The first stroll of 2019 was led on a glorious summer's day on 4 Feb, by Noreen who took the group along Long Bay Beach and up the cliff trail (see photos).

After dealing with business of AGM on 14 March Pamela Shaw will give a 10 minute talk then Immediate Past President Linda will present 20 minutes of "travel time". The outing on 21 March is scheduled for Leigh Marine Laboratory followed by lunch at "The Sawmill".



Following are the activities to be enjoyed during each month :-

On first Tues - a stroll; on first Wed - a coffee morning (10am); on first & third Wed - rummikub (1.30pm); on first Thurs - scrabble; on third Thurs - an outing by bus; on second & fourth Fri - mah-jong; on last Wed - craft group and on last Thurs- casual brunch/lunch.

If you are looking for a club to join but would like to know more, come to a General Meeting on second Thurs of the month at 10am to Torbay Community Hall. We will be pleased to welcome you.

### Contact details:

|                       |               |              |
|-----------------------|---------------|--------------|
| President:            | Linda Harry   | tel 473 7908 |
| Secretary:            | Kenwyn Soares | tel 473 3253 |
| Membership Secretary: | Tony Laird    | tel 448 5726 |

Whether you're buying or looking to sell  
your property and need a successful sale in  
today's changing market - Call Us

We're Local, Professional and Friendly

*Let Our Family Help Your's*



*Mehran*



*Geraldine*



*Andre*

The best real estate  
agency in the world.  
At your service.

[www.tosell.nz](http://www.tosell.nz)  
[g.zareian@barfoot.co.nz](mailto:g.zareian@barfoot.co.nz)

**Call Geraldine Zareian Now**  
**021 184 0312**

Barfoot & Thompson

**BAYLEYS**

**This clifftop screamed opportunity!**

**SOLD**



**1 Gilbert Place, Torbay**

[bayleys.co.nz/1350683](http://bayleys.co.nz/1350683)



**WILLI BARDOHL**

Property and Marketing Consultant

**M** 0211 922 925

**E** [willi.bardohl@bayleys.co.nz](mailto:willi.bardohl@bayleys.co.nz)

Bayleys Real Estate Ltd,

Licensed under the REAA 2008



# Designer home - Modern masterpiece

**NEW LISTING**



**26 Deep Creek Road, Torbay**

[bayleys.co.nz/1330767](https://bayleys.co.nz/1330767)

**THÉRÈSE LESLIE**

Property and Marketing Consultant

M 021 0226 6192

E [therese.leslie@bayleys.co.nz](mailto:therese.leslie@bayleys.co.nz)

Bayleys Real Estate Ltd,

Licensed under the REAA 2008



**JIANG KOU 寇江**

Property and Marketing Consultant

M 021 0879 3257

E [jiang.kou@bayleys.co.nz](mailto:jiang.kou@bayleys.co.nz)

Bayleys Real Estate Ltd,

Licensed under the REAA 2008

# Torbay Pharmacy: The Secret Weapon of Elite Rugby Players is Fish Oils!

The winter sport season is starting to gear up (excuse the pun). If you play a sport, you may be interested in a recent study in the European Journal of Sport Science. They took a group of Super Rugby players and gave some of them low dose fish oils (551mg/day each of DHA and EPA). They found the following beneficial effects:

- Less muscle soreness
- Less fatigue
- Better jump performance.

## What About Ordinary People?

Fish oils are even more important in the general population than in elite rugby players. This is because the short-term controlled stress of rugby training is less damaging than the prolonged and uncontrollable stress that a modern lifestyle dishes up.

If you eat the right fats (like fish oils), your body is more likely to produce a balanced amount of inflammatory and anti-inflammatory immune cells. Many modern diseases are either caused by or made worse by inflammation in the body. Taking fish oils turns down this inflammation, and therefore reduces your chance of getting an inflammatory disease, such as:

- Heart disease
- Arthritis
- Asthma
- Mood and brain disorders
- Skin disorders (like eczema).

There are not many people that would not benefit from taking fish oils.

## How Good Are Fish Oils?

Let me give you a few key benefits of fish oils to put into perspective for you just how powerful they are.

Fish oils may lower blood pressure and reduce your risk of having a heart attack or a stroke. If you do have a heart attack, you are 50% less likely to die from it. This is because fish oils may reduce the likelihood of abnormal heart rhythms. That is a pretty amazing statistic - 50%!

In children, attention span and learning has been shown to improve dramatically with the use of fish oils. There have been studies that show art work produced by young children before and after supplementation with fish oils. The improvement is huge. You would not think that it was the same child who had drawn each picture.

## Quality Warning:

A word of warning about the quality of fish oils. While good fish oils are good for you, bad fish oils are bad for you. You don't need to spend a fortune, but you do have to know what to look for. Ask the team at Torbay Unichem Pharmacy which fish oil is the best for you and your family.

**Torbay Pharmacy**  
Ph 473 9629



# Unichem

## Latest Robotic Technology Now Available at Torbay Unichem Pharmacy

We can now pack your medicines into single dose sachet packs.

No need to have multiple boxes and bottles for your medicines.

Super cool

Super convenient

Super easy to use

Super easy for our pharmacists - thanks to the new robot.

**And all this for FREE!**

Just our way of making your life a little more hassle free.



**Unichem Torbay Pharmacy**

1040 Beach Road, Torbay

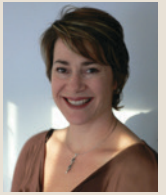
Phone: 473 9629 Fax: 473 0730

Email: info@torbaypharmacy.co.nz

# Tasty Cheese Puffs

From the kitchen of  
Tracey Sunderland

Chef, Food Writer and Food Stylist.  
[www.thegalley.co.nz](http://www.thegalley.co.nz)



*This is a recipe I recently found in a 'school fundraising recipe book', I had forgotten all about these delicious little treats that I remember my mother making when I was a child... they are so quick and easy and ideal to whip up for visitors/ to take on a picnic or to put in school lunches.....*

## Wet mix;

- 1 cup grated tasty cheese,
- 1 egg, lightly beaten (add to a cup measure)
- Enough milk to make up 1 cup when combined with egg
- 2-3 tbsp sliced spring onions/ chives/ parsley \* as you like

Preheat Oven to 200°C.

Mix the wet ingredients together in a medium bowl.

Sift the dry ingredients then add to the wet ingredients and mix lightly until combined. It is quite a wet mix.

Put a couple of tablespoons into greased patty tins or the base of muffins tins.

## Dry mix;

- ½ cup plain flour
- 2 tsp baking powder
- ½ teaspoon salt
- ¼ teaspoon of ground white pepper
- Or large pinch of cayenne pepper

Bake in a hot oven for about 15 minutes, or until they are puffed and lightly golden.

Optional extras are;

Use a mix of special or left over cheese such as smoked cheddar/ gruyere Or add a rasher of finely sliced bacon.



## Monthly Quiz

Answers on Page 35

COURTESY OF  
ROTARY BROWNS BAY  
[brownsbayrotary.co.nz](http://brownsbayrotary.co.nz)

1. What emergency vehicle is a waka turoro?
2. Which is further north – Hamilton or Tauranga?
3. What is the French “La Manche’ known as in English?
4. Who played Lord Melchett in TV's Blackadder?
5. Worldwide what is the most common blood group?
6. New Zealander Maurive Till gained renown for what?
7. What is the world's southernmost palm?
8. A diamond is formed from which element?
9. How many stomachs does a cow have?
10. A string quartet includes violins, viola and what other instrument?

# Torbay Medical

MEDICAL CENTRE

SKIN CLINIC

LABORATORY

PHYSI

## MENINGOCOCCAL DISEASE

Meningococcal disease is a bacterial infection that causes two very serious illnesses: meningitis (an infection of the membranes that cover the brain) and septicaemia (blood poisoning).

Meningococcal disease can cause death or permanent disability, such as deafness.

It can affect anyone – but it's more common in children under the age of 5, teenagers, and young adults. Students in their first year of tertiary education living in student accommodation may also be at higher risk.

It's important to know the signs and symptoms of meningococcal disease because it can develop very quickly. It can be treated with antibiotics, but early treatment is very important.

If you notice any of the symptoms of meningococcal disease or have any other concerns, contact your doctor without delay – or call Healthline free on 0800 611 116 at any hour of the day or night, even if you have already been seen by a health professional.

Meningococcal disease can be difficult to diagnose because it can look like other illnesses, such as the flu.

Symptoms of meningitis can develop suddenly and include:

- a high fever
- headache

- sleepiness
- joint and muscle pains

There can also be some more specific symptoms, such as:

- a stiff neck
- dislike of bright lights
- vomiting
- crying
- refusal to feed (in infants)

a rash consisting of reddish-purple pin-prick spots or bruises

Prevention:

Meningococcal disease bacteria can be spread from person-to-person through secretions and respiratory droplets therefore cover your nose or mouth when you sneeze or cough and wash and dry your hands, avoid sharing eating or drinking utensils, toothbrushes, pacifiers.

Immunisation:

Several vaccines are available which protect against different groups of meningococcal disease – A, C, W135 and Y, and B. These vaccines aren't free, but they're available for private purchase through your medical centre.

**Appointments:**  
Mon – Fri : 8am – 6pm  
Closed on Public Holidays

**Torbay Medical Centre**  
1042 Beach Rd, Torbay 477 9000

Enquire at  
Torbay Medical  
Centre about  
enrolling on  
"Manage my  
Health Portal"



TorbaySkin



## Reversing the damaging effects of the sun

The services we offer can help to reverse the effects of sun damage and improve the appearance and health of your skin.

Dermal needling penetrates to the most active layers of your skin, thereby stimulating the production of healthy collagen. The effects can reverse sun damage, tighten skin, reduce pore size & improve scarring.

In addition to wrinkle relaxing treatments (frown, crows & forehead), we also offer dermal fillers. These can effectively reduce the appearance of facial lines, enhance lips or improve facial contours (cheeks, temples, jawline, chin etc).

Our treatment providers bring with them years of experience & can offer topical anaesthetic to make your treatments more comfortable. Please call and book your obligation free appointment

We look forward to seeing you soon.



Call 477-1111 to book your complimentary Appearance Medicine Consult with Registered Nurse Kate or a Dermal Needling Consult with our Medical Skin Therapist Linda

# Pancakes and Ashes

Intergenerational Service combining Shrove Tuesday and Ash Wednesday

Wednesday 6<sup>th</sup> March  
5:30pm



Anglican Church  Torbay  
*St. Mary by the Sea*

LONG BAY<sup>✦</sup>

# Sections for sale. Great lifestyle included.

**BAYLEYS**

Licensed under the REA Act 2008

**TODD**  
PROPERTY

Purchase a limited release section in Long Bay and enjoy an enviable coastal lifestyle.

Stunning Long Bay beach on your doorstep and a range of fantastic amenities close by at the Village means you'll have everything you need.

Sections range from 459–2,525sqm and many boast spectacular sea views.

**CALL MIKE HOTCHIN TO SECURE YOUR SECTION TODAY  
0800 LONG BAY (0800 566 4229) | [LONGBAY.CO.NZ](http://longbay.co.nz)**

## LONG BAY COLLEGE'S COMMITMENT TO STUDENT CARE

Implementing ways to spread more kindness and care has been a focus at a national level in recent times but Long Bay College is already well ahead of the game, initiating new developments to further enhance student wellbeing.

The school has moved to a six-day rotating timetable and a new day structure to allow more time to focus on the College's core value of 'care'.

This year, students attend weekly 'Atawhai' sessions where they connect with 15 others in their year level, led by a central teacher.



The sessions provide a forum to teach the front end of the New Zealand National Curriculum: values, vision, purpose and principles. There is also a focus on developing students' key competencies.

'Atawhai' which is Maori for 'showing kindness', provides an extra layer of support for students to help them achieve levels of personal excellence in Academia, the Arts, Culture, Sport and Service to others, says Long Bay College Principal, Mr CJ Healey. "We've included an extremely valuable addition to our students' college experience without compromising time for academic learning."

Last year, the College commissioned independent community research. Results revealed the desire for the school to provide greater social support for students. The feedback proved invaluable and is at the heart of the Board of Trustees and Senior Leadership Team's new strategic plan for the College.

"Our community knows our students are extremely well

supported academically, thanks to our students' excellent results and outstanding teaching staff but there was a desire for our school to offer our learners greater access to mentoring and guidance," Mr Healey says. "We are committed to helping our teenagers become the very best version of themselves."

In addition to the Atawhai groups, the College has increased staffing in the support networks available to students.

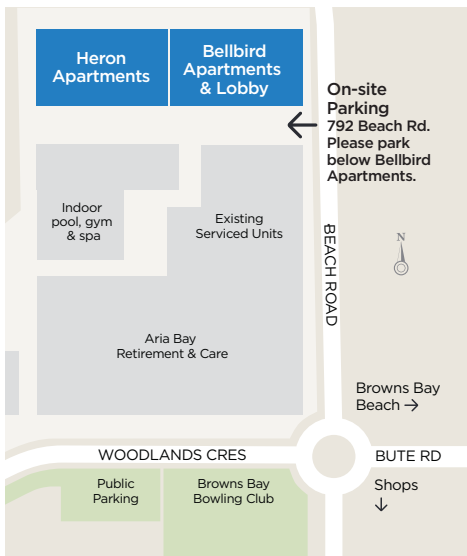
"Our school roll is large but we are confident the new strategy we have implemented ensures we continue to offer students a personalised educational experience. We are committed to improving holistic outcomes for our learners," Mr Healey said.

## STRONG 2018 SCHOLARSHIP RESULTS

Long Bay College would like to congratulate our current and former students as well as teaching staff for the NZQA Scholarships achieved at the end of last year. Scholarships were awarded to students across a wide range of subjects at Long Bay, with 18 of the departments represented at secondary schools' highest academic level of success. Former Year 13 student, Ben Fletcher was awarded an Outstanding Scholarship in Technology. A number of students also achieved multiple scholarships, including Blair McIntosh, the College's 2018 Head Boy and Dux, Brianna Orams, 2018 Head Girl, Kira Corbeau, 2018 Deputy Head Girl and 2018 Prefects Haoze Du, Amanda West and Nicola West.



In the heart of beautiful Browns Bay, a new retirement lifestyle awaits you at Aria Bay village.



Our brand new 2-bedroom north-facing apartments offer contemporary fittings, full kitchen, laundry and private balcony. The basement car park has a storage locker to store your extra items and the convenient lift gives you access to your apartment.

Call Sharon Rabone today on 021 618 913 or 0800 278 432 or email [sales@ariavillages.co.nz](mailto:sales@ariavillages.co.nz)



3-7 Woodlands Crescent, Browns Bay, Auckland.  
[www.ariabay.co.nz](http://www.ariabay.co.nz)



## WAIAKE MEDICAL CENTRE WELCOMES NEW DOCTOR

I am a South African trained GP with 25 years of experience working in General Practice in New Zealand, mostly in West Auckland.

My interests as a GP include treatment of Sports Injuries, and Disease management including Diabetes and Cardiovascular disease. I also enjoy treating and motivating patients with respect to weight loss and mental health issues.

I have 2 teenage children who attend school on the North Shore.

My hobbies include hiking, walking in nature, surfing, swimming, golf, keeping fit and being the best parent I can be. I look forward to joining Dr Andrew Murley and Dr Chris Paltridge at Waiake Medical Centre and being of service to the community.

Waiake Medical welcomes Dr John McGwynne who joins, Dr Andrew Murley and Dr Chris Paltridge giving the Centre a very experienced team, providing a wide range of services to our patients.

### **Surgical:**

- skin surgery
- vasectomies
- radio frequency snoring procedures – very effective
- toe wedge resections
- 

### **Services:**

- Men, Womens and Children health – total care all facets
- Dermatoscopic Skin checks
- Travel Medicine
- Diving and driving medicals
- Immigration
- Ear syringing
- 

Community Service Card Holders fee **\$18.50**

All children under 14 **FREE**



**Come in and meet the TEAM**

For all appointments call us

**WAIAKE MEDICAL CENTRE**

**CNR BEACH & HEBRON ROADS WAIAKE PHONE: 4787660**

# MEALS FOR NEW MUMS

A recent post on the Torbay Facebook page was seen.

It really thrilled my heart as I started this scheme 6-7 years ago now.

I had heard about new mums who because family lived far away had little support at the time of the birth and I thought if we could give them some

ready made meals it could help on one of those difficult days when baby cried all day long and mum was far too tired to cope with putting any sort of a meal together.

I belong to Long Bay Baptist Church and we wanted to work with Plunket to help these new mums.

Once a month up to 200 meals can be cooked to fill a freezer in the Plunket rooms. The current choices are a chicken dish on rice, spaghetti bolognese, salmon pasta bake, ricotta and spinach bake, macaroni cheese and macaroni cheese and ham.

**Carole McMinn**



## The Cutting Room's Super Stars



**Angela Bruce-Smith**

Angela has been working at The Cutting Room Torbay prior to the new ownership. She has been a Trade Certified Ladies Hairdresser, and has been hairdressing and barbering for 27 years. Angela has managed salons, been a tutor and worked in London as a temp, she enjoys creating a style for her clients that is easy for them to look after, and specialises in cutting, including razor and clipper. She likes to do colour work that compliments the cut.

Angela is in the salon Tuesday to Saturday.



**Jennieve Sim**

We welcome Jennieve as our newest senior stylist with 13 years' experience. Jennieve spent 6 years in Malaysia and Singapore before moving to New Zealand where she has been for the last 10 years. She specialises in colours, cuts and styling, extensions, perms (traditional and digital perms), straightening, etc. Jennieve was trained at Pivot Point Academy in Singapore and has competed in colour competitions in Malaysia, Singapore, Taiwan and Japan. Semi-finalist at L'Oréal Colour Trophy in Malaysia and Singapore, and two times finalist in Wella Trend Vision in Taiwan and Japan. Jennieve is fluent in English, Chinese and Malaysian

Jennieve works Tuesday (late night), Wednesday, Friday, Saturday and Sunday.



**Noori Park**

We welcomed Noori to The Cutting Room in August 2018. Noori is one of our senior stylists with over 13 years' experience between Korea, then Melbourne (8 years) where she managed a salon with 12 staff with the past 2 years in New Zealand. She has had training in a top international training academy in London and is efficient in all aspects of hair styling, specialising in colours, cuts and styling, perms (traditional and digital perms), straightening, just to name a few. Noori is fluent in Korean and English

Noori works at the Cutting Room, Torbay, on Saturday, Sunday and Monday.



**The Cutting Room**  
— Beauty & Hair Salon —

Shop 3, 1056 Beach Road Torbay

P 09 473 5241 E thecuttingroom1056@gmail.com  
f thecuttingroomtorbay i thecuttingroom1056

**SELLERS WANTED**

Torbay Plunket &  
Auckland Mama Market

# NEARLY NEW SALE

THE BEST PLACE TO BUY AND SELL NEW AND  
SECONDHAND BABY AND KIDS' STUFF

Raising funds for **Plunket**

**SAT 6 APRIL**

**10AM- 12PM**

**EAST COAST BAYS LEISURE CENTRE**

12 Bute Rd, Browns Bay

**ENTRY BY GOLD COIN DONATION**

[sales@aucklandmamamarket.co.nz](mailto:sales@aucklandmamamarket.co.nz)



[torbayplunketnearlynewsale](https://www.facebook.com/torbayplunketnearlynewsale)

AUCKLAND  
mama market

**Plunket**

# COUNTDOWN TO A SUMMER WEDDING.

No not this summer- next summer.

That is how long it takes to plan and execute a major event - like a wedding. The one thing we all want is for our wedding to be perfect and only by putting in the planning now will that happen.

First decision- what sort of wedding? Do you want a beach wedding or a church wedding? Decide type of wedding and select a venue and then get it booked.

Next must to book is the photographer. Any photographer that is good is booked right up and the same goes for the venue for the reception. You don't have to decide menus at this stage just get the venue booked.

Florist is an important one too. Find one that is prepared to listen to what you want and you feel will supply wonderful flowers on your day.

Six months beforehand you need to be looking for "the dress". When you have decided it can take up to three months to actually get the dress.

The rings. These can take a while to get in correct sizes so don't leave choosing the rings too late.

The license. This has to be sorted at least three weeks before the wedding. If you don't have a license your wedding cannot go ahead.

So make a check list and put "when by" notes at the side of it.

Good luck with the table seating plan for the reception- always a nightmare!

It is worth noting that getting married on a Friday, rather than a Saturday, can work out a lot cheaper.



e. [Paultroake@gmail.com](mailto:Paultroake@gmail.com)

p. 021 24 888 44

w. [paultroakeconstruction.co.nz](http://paultroakeconstruction.co.nz)

## PAUL TROAKE CONSTRUCTION LTD

NewHomes | Renovations | Recladding | Decks

Here at Paul Troake Construction Ltd, we understand that building or renovating your home is one of the biggest investments you can make. So we make it our job to make the process as stress free as possible. With 28+ years in the industry we take pride in being one of the names you can trust to deliver honest, reliable top quality workmanship with service. Based in Torbay Paul lives with his wife and children right in the heart of Torbay Villages. He loves being part of the Torbay Community and being able to offer good quality building with service you can rely on.

We can be proud of our no cow boys rating 99% out of 28 testimonials.







A igreja Ministério Internacional Plenitude de Deus em Auckland representada pelo Pr. Etim Araujo e Pra. Luciene Araujo tem o prazer em informar aos brasileiros que residem em North Shore, que estamos à disposição para iniciarmos grupos de estudo bíblico e de oração, caso tenham preferência podemos iniciar em sua casa. Nossos contatos para eventuais agendamentos são:

Pr. Etim Araujo: 27 507 3347

Pra. Luciene Araujo: 27 507 3346

Nossas reuniões podem ser agendadas para os Sábados das 19:00 as 20:00, estamos à disposição para orarmos por qualquer que seja sua necessidade.

Juntos iremos abençoar sua vida!

Large group exercise classes -  
Women only  
Personal training for men & women  
All ages & levels  
No high impact

### Lynne Scott

Reps registered trainer

30 years experience

Phone 021 204 3280

[www.thebodytonicgroup.com](http://www.thebodytonicgroup.com)



## FORMAT



landscapes

find us



[mhlandscaping@xtra.co.nz](mailto:mhlandscaping@xtra.co.nz)

Local,  
professional  
landscaping  
services.

Call Matt for  
a free quote

**021 599 107**



## HAIR ART

HAIR & MAKEUP

New Client Summer Special

**BALAYAGE OR  
FULL HEAD OF FOILS**

Book in with our Senior Stylist  
Helena + receive a FREE Cut &  
Style + FREE Toner

**Valued at \$295 ONLY \$229**

(Mention this deal when you book)

Shop 4, 61 Stredwick Dr. Torbay, Auckland  
[www.hair-art.co.nz](http://www.hair-art.co.nz) | 09 473 1900



## FOXXY & CO. CELEBRATE THEIR FIRST BIRTHDAY

Foxy celebrated its first birthday on Valentine's Day and made it a special day for all the clients that day. The first client through the door won a blow wave pack Helen Brooking. During the course of the day clients enjoyed bubbles and chocolates served by our attentive waiter Sam.

Everyone enjoyed the pampering and look forward to more to come.



# The Perfect Gift

**For**

- **the proud Nanna**
- **the besotted cat owner**
- **the dog walker**
- **the classic car owner**

All you need to do is send us your high resolution photo as a jpeg or pdf and we will send you 2 high quality printed tea towels

**\$39.99**

(includes posting and packaging)



**Aotearoa** Memories  
new zealand made

Email sales@aotearoamemories.co.nz

**COUNSELLING, PSYCHOTHERAPY & FAMILY THERAPY**  
 - Margie Bowman ..... 473 9316  
**HAIRDRESSER - Hair Art** www.hair-art.co.nz ..... 473 1900

**LAWN MOWING**  
 - Jims Mowing operators in Torbay, Waiake & Torbay Heights ..... 443 8189  
**OSTEOPATH - Linda Caplin** ..... 479 3604  
**WAIAKE MEDICAL CENTRE -** ..... 478 7660

# What's On

**Al-Anon / Al-Ateen** – Support group for family and friends of alcoholics. Visit [www.al.anon.org.nz](http://www.al.anon.org.nz) or phone 379-4871

**Alcoholics Anonymous** – 0800229 6757 [www.aa.org.nz](http://www.aa.org.nz). Join our friendly Tuesday night meeting at 7.30pm St Marys by the Sea Anglican Church if you wish to stop drinking

**Browns Bay Ladies Club** - Retired and still young at heart? Why not join The Browns Bay ladies club. We meet once a month on a Friday morning for trips, speakers and mini groups. Phone Margaret 478 2073 or Pat 479 1696

**Browns Bay Racquets Club** – would love to have more players 55 yrs plus... we play mixed doubles. Friday 9am .. we have lots of fun and fees are low, infact nil at first. Ph: Roy 021 256 2192

**Dementia Social Group** - Runs Monday 10.30am - 2.30pm & Thursday 10am-2pm for people with early to moderate dementia for further information please call Margaret 09 4893176 or 0272258893.

**East Coast Albany Bays Inner Wheel** - normally meet at the Senior Citizens' Hall, Inverness Road, Browns Bay, on the second Wednesday of each month at 7.30pm New Members welcome. Email [ecabmembership@gmail.com](mailto:ecabmembership@gmail.com) or phone Gayle Pratt 473 0149

**East Coast Badminton** – Active Badminton Centre, 44/46 Apollo Drive. Tuesday 5.30pm to 10pm. Don 478 3830

**East Coast Bays Bridge Club** - Welcomes all interested in the upcoming March lessons. Please contact lessons@ecbbridgeclub.co.nz or phone Helene 0272963365

**Exercise Group for senior women** – Thursdays at Long Bay Baptist Church, 282 Glenvar Road, Torbay from 10-11.30am. Free & friendly. Phone Jill 473 1932

**Get up & Active - Women's exercise classes.** All ages & levels. No high impact. Personal training also offered for men & women. Lynne Scott - [www.thebodytonicgroup.com](http://www.thebodytonicgroup.com) - 021 204 3280 [lscott@thebodytonicgroup.com](mailto:lscott@thebodytonicgroup.com)

**North Shore Activity Group** – Welcomes singles/couples 40+. Phone Christina 021 887 696 or [www.meetup.com/north-shore-activity-group](http://www.meetup.com/north-shore-activity-group)

**Play Group** – Drop In - For Parents & Preschoolers. Tues & Thurs 9.30am-11.30am. \$3 per family. St Mary's Church Hall. Deep Creek Road.

**Rotary Browns Bay** - Torbay meets every 1st and 3rd Tuesday of the month at 7am breakfast at the Bays Club in Browns Bay. If you are interested in doing different things in your community ring Murray on 021 631662 or email [m.allison23@xtra.co.nz](mailto:m.allison23@xtra.co.nz) Come for a visit.

**Sewing Connect Group** – Tuesday mornings from 10:30-12:30 at 2/91 Glamorgan Dr, Torbay. No cost. Contact [lyngarrardnz@gmail.com](mailto:lyngarrardnz@gmail.com) & 021689011

**Torbay Tennis Club** - Torbay Tennis Club, situated behind the Community Hall, offers tennis for all ages. All inclusive membership fees. Junior fee includes coaching. Club coach Jason Hart offers exciting programmes. Please visit our website for more information & registration/Open day dates [www.torbaytennis.org.nz](http://www.torbaytennis.org.nz)

**Torbay Indoor Bowling Club** – Are you looking for a New Activity or New to Torbay then come and join this friendly club on Monday 7:00 pm at Torbay Community Hall beginning the First Monday in February. You will be very welcome. Phone Kevin 473-3253 or Janet 473-1621.

**Torbay Walkers** – a group of friendly women meet every Wednesday afternoon at 4pm and walk for one hour. Please come along and join us, at the bus stop in Torbay Centre. For further information phone Irene 473 1159 & Diane 473 1761.

## QUIZ ANSWERS

- 1 A waka turoro is an ambulance.
- 2 Tauranga is further north than Hamilton.
- 3 "La Manche" is known as the English Channel.
- 4 Lord Melchett in Blackadder was played by Stephen Fry.
- 5 The most common blood group is O.
- 6 Maurice Till was an accomplished concert pianist, born in Christchurch and died there in 2011
- 7 The world's most southern palm is the New Zealand Nikau.
- 8 A diamond is formed from the element, carbon.
- 9 A cow has 4 stomachs.
- 10 A string quartet has violins, a viola and a cello.

## Do you want to advertise in Torbay Magazine?

We are always looking for interesting community stories of achievements in sports or arts and achieving milestones in ages and anniversaries.

Contact Carole McMinn  
 473 3259 or email  
[editor@torbay.co.nz](mailto:editor@torbay.co.nz)



# CLASSIFIEDS

## ACCOMMODATION

**Accommodation** – Albany - Browns Bay - Torbay. Short or long term stays. Fully equipped. info@holidaysnz.co.nz 473 5904 / 021 935 854

**Becmar Cottage** – Self contained, short term or holiday accommodation. Sunny, private, close to beach, shops, bus stop. Suit couple becmar9@gmail.com, 09473 9383 or 0274 901 900

**Seaside Cottage** – Self contained 1 bedroom cottage, in half acre quiet garden, pathway to beach. Short or long stay guests welcome. Breakfast hamper provided on arrival. The Bosun's Locker. Waiake Beach. Ph 473 3713 www.holidayhouses.co.nz

**Short term rental available** - One bedroomed apartment in Mairangi Bay. Short stroll to beach and village. Phone Murray 021476445

## BUILDING TRADE

**Andyman Maintenance** - All timber repairs or replacement to decks, fences, doors, windows. UK City and Guilds Qualified 30+ Years Experience. Phone 021 030 1055, harding@slingshot.co.nz

**As Handy As** - For all your general household repairs and renovations, painting and decorating. Including kitchen and bathroom makeovers, tiling and laminate floors. Deck repairs and building. You name it- I'll fix it or build you a new one. Many satisfied clients. Phone Paul 021 253 9905 or 479 1748

**Builder** – Decks, Fences, Alterations. Free quotes. Phone Barry. 413 7133 or 027 280 1038

**Builder** – Renovations to bathrooms, buildings, new decks, fences, paths and driveways. Also gutter cleaning and roof repairs. Phone Cliff 473 6317 or 027 618 5917

**Builder**- Local tradesman, LBP. Specialising in small jobs, decks and renovations. Phone Murray 476 4458 or 021 476 445

**Coast Roofing Ltd** - Long run roofing, new roofing, re roofing and repairs. Local Torbay resident 35 years experience. FREE QUOTES. Contact Matt 027 274 6159

**Electrician** – Regd, Licensed, 34 yrs experience. 28 years owner and resident at Torbay. Available for installations/ additions/ alterations, faults, repairs, power, hot water, lights and cookers etc. Ph George 473 6632 or Mob 027 492 0878

**Electrician** – 24hr service, All work considered, no job too small. All work guaranteed with Electrical Certification, phone Graham anytime 473 0233 or 021 067 6294.

**Fence Brothers** - For all your fencing needs. Fences, decks, gates, automation, steel or timber. FREE QUOTES. Phone Greg 0800 336 232 or 021 605 552

**Gera Glass** - Certified tradesman glazier. showers, mirrors, splashbacks, balustrades, pool fences, broken windows, safety glass, pet doors and more... No job too big or small! FREE quote phone Dylan 022 656 9417 or email geraglass@xtra.co.nz

**Interior exterior repairs & maintenance** eg painting, decks, paving to welding plus...Ph Ian: 021 1842426

**Kitchens** - New or facelifts, laundries, other cabinets... Listed on nocowboys under Groove Kitchens. Phone Garth 021 397 863

**NZ REGISTERED local electrician** - no job too small, senior discounts. Call Mat for a free quote today 021437508.

**Plasterers / Wallboard Stoppers** - Friendly local tradesmen with over 20 years experience. Specialist renovations or small repairs. All work guaranteed. Ph Kaleb 021 0233 5032

**Plastering/Painting** - Male and Female team 20 years experience, no job too small immediate start. Brad Ph 0272 5111 65 or 443 5064

**Plumber** – All work. Ph 473 7787 or 027 263 3217 Coastal Plumbing & Drainage

## SERVICES

**Beauty Consultant** - Margaret Rocard, independent Mary Kay beauty consultant Ph 09 473 9816 or 021 681 010

**Immigration** – Work visas, residency and student visas. Contact Peter at jepwood@xtra.co.nz or 0274 520 794

**Passport Photos** – Torbay Pharmacy. Phone 473 9629

**Photocopying** – Torbay Pharmacy. Phone 473 9629

**Professional housesitting** - with references. Contact Daniel 02102524849.

**Tax Returns & Advice** - Phone Jon 473 8860

**Vision Accounting Solutions Ltd** – Vision Accounting is a Chartered Accountancy firm which prides itself on making the time to offer our clients a friendly listening ear, whilst providing best practice, professional accounting and taxation results. Phone Virginia 09 473 0507.

## HOUSE & GARDEN

**21st Century Cleaning** - Carpets and general cleaning, phone Mike 021 656 885

**Active Tree Care Ltd** – All tree work undertaken qualified arborists & free quotes given. Phone 473 6723 or 027 555 6403

**Arborist** – Pruning, felling, planting. If you are keen you can help with the job to keep the price down and get the trees just how you want them. Phone Martin at Torbay Trees 473 7330

**ASAP Stump Grinding** - Big, small, tight access, bamboo grinding. Phone Mike 021 288 2251.

**Carpet & Upholstery Cleaning** – stain removal, free deodorising. Fly & Insect control. Phone Michael 473 1422 or 0275 739 112

**Floor Cleaning & Polishing** – Phone Michael 4731422 or 0275739112

**Garden Bags And Bins** – Prompt and professional service & competitively priced. Call John, 0508 262 626 or 021745992.

**Handyman** – Interior/exterior repairs and maintenance, Locally based ph 021 184 2426.

# CLASSIFIEDS

**Handyman** - Born and bred in Torbay Martin is a qualified cabinetmaker and experienced professional. Allsorts property services is available for Property maintenance, odd jobs, decks, fences and garden services. Call Martin Bassett 027 452 6515

**Ladybirds Lawn Care** - Call Phillippa for your lawnmowing needs. 0276438888

**Landscaping** - From concept to completion. For practical and creative solutions. Small areas and makeovers a specialty. Phone Peter on 0800 555685. [www.peterfrylandscapes.co.nz](http://www.peterfrylandscapes.co.nz)

**Landscaping** - Format Landscapes, 18 years experience, Dip. Design and build. We undertake all aspects of hard and soft landscaping including decks, paving, fences, retaining walls, planting etc. Small to large projects. Free quote [www.formatlandscapes.co.nz](http://www.formatlandscapes.co.nz) Call Matt 021599107.

**Lawn mowing & Garden Maintenance** - Contact Ian at Grassroots Mowing 021 764 426 or 473 2004 Affordable, Dependable Service [ian@grassrootsmowing.co.nz](mailto:ian@grassrootsmowing.co.nz)

**Lawnmowing and Hedges** - Call Jim's Mowing 09 4438189 for large or small lawns, trimming, rubbish, spray, clean-ups. Guaranteed!

**Premium Garden Solutions** - Phone Shane 021723751 or Email [shane@premiumgardensolutions.co.nz](mailto:shane@premiumgardensolutions.co.nz) Planting and Design, Paving, Hedges and Trees, Garden Maintenance Regulars and One offs, Formative Pruning, Irrigation Installs 25+ Years Experience

**Prestige Mowing** - specialising in quality lawn mowing, hedges and gardening, locally based in the Bays. Phone Steve on 021 2551273.

**Retaining Walls & Fences** - landscaping & garden maintenance. Dale Browne Ph (09) 420 6459 or 027 439 7519 References available.

**Squeaky Clean-ers** - Eco friendly products, Insured, References, Non Franchised, Reasonable Rates. Specializing in Residential / Office cleaning to show-home standard. Call or text Joy now to discuss your options. Ph 021 487 463. [www.squeakycleaner.co.nz](http://www.squeakycleaner.co.nz)

**Stumpgrinding** - Root and bamboo grinding. Also available, Lawnmowing, domestic and commercial. No job too big or small. Prompt and professional service. Free quotes. Call John 0508 262626 or 021745992 [jdpropertyservices.co.nz](http://jdpropertyservices.co.nz)

**Waterblasting / House Chemical Washing** - all roofs, decks, paths, gutters and large concrete areas. No job too difficult. Both hard and soft pressures. Small jobs also welcome. Satisfaction guaranteed. Free quotes. Phone Graham 473 0059

**Waterblasting/Housewashing** - All exterior surfaces cleaned & treated Best service / best price Call Ian (09) 473-0313 or 021-2313788

**Window Cleaning** - All clear windows, great service, competitive prices. Call Scott for a free quote 473 8475 or 021 241 2121

## SIGNS

**SignAddiction** - Shops - Vehicles - Boats - Site Signs & more. Ph 0274 991 744 or 473 6364, [sign.addiction@xtra.co.nz](mailto:sign.addiction@xtra.co.nz)

## TRANSPORT

**Butterflyer Personalised Transport** - Lisa's Mobile: 021-118-2715. [www.butterflyer.co.nz](http://www.butterflyer.co.nz)

**Move with Murphy Ltd** - Ron Murphy Carriers, PO Box 35473, Browns Bay. Phone 444 6825

## TUITION

**Ballet** - Pre-school, grades, advanced and adult classes. Royal Academy of Dance syllabus. [www.diannewallaceballet.co.nz](http://www.diannewallaceballet.co.nz) Dianne Wallace RAD Dip Tchg Phone 027 603 0481 or 473 6992

**Ballet & Contemporary Dance** - Step Beyond Studios. Classes in Torbay. Beginners to advanced. Positive, inspiring & progressive school. Principal Marian McDermott. No exams. Home of acclaimed youth company One Step Beyond. Ph 475 9317, 021 027 01303 [www.stepbeyond.co.nz](http://www.stepbeyond.co.nz)

**Drama, Speech & Communication** - Jacque Mandeno VoiceWorks offers private and group tuition at the Gate Theatre, Torbay Community Hall, 5 years to adult. Everyone deserves a voice Phone 473 5454

**French rusty? Bring it alive!** - French Theatre classes: Gate Theatre (Torbay Community Hall). Adults/Teens. Also Conversation, individual. Phone Lynette 478-7911.

**German tuition** - offered by trained teacher, native speaker, long-term New Zealand resident. Conversation, reading, writing skills. AChildren & adults. Louise Cutten Qualified & Registered teacher. Phone 021 158 1759 or email [louise@mumstudio.co.nz](mailto:louise@mumstudio.co.nz)

**Spanish Lessons** - In Torbay and Browns Bay. Learn Spanish from a native Spanish speaker. Individual or small group lessons. Dynamic and fun too! Contact Ara on 021 0812 4141. [www.northshorepanish.nz](http://www.northshorepanish.nz)

**TUTORING** - One of New Zealand's leading Graphics/Design and Visual Communication teachers, Paul Bourdot, is now available for tutoring in this specialist subject area. All secondary school levels are catered for, Years 9-13 and Scholarship. A catchup programme can be also be provided for first time students in a senior class. For details, visit: [paulbourdot.com](http://paulbourdot.com)

## FOR HIRE

**Awatuna Scout Hall** - at Waiake Beach available for hire for birthday parties, exercise classes. Kitchen facility included. Contact Sharon 021 025 73489

## FOR SALE

**Pre-Loved Goods Sale** - every Saturday 8.30am-midday. St Mary's Hall, Deep Creek Road. Phone Susan 415 0073 or Jenny 444 1221.

## WANTED TO BUY

**Old and Antique Coins** - must be pre-1940. Phone Phillip 021 768 595



# Let our top salesperson help with all your property needs

**FOR SALE**



**50 Caversham Drive** Ref. 769983

**FOR SALE**



**50A Caversham Drive** Ref. 769987

**FOR SALE**



**11 Keel Street** Ref. 769608

**FOR SALE**



**Lot 2/27 Bight Rd** Ref. 761306

**FOR SALE**



**43 Te Oneroa Road** Ref. 767528

**FOR SALE**



**4 Keel Street** Ref. 761170

**SOLD**



**7 Keel Street** Ref. 768438

**SOLD**



**108 Stredwick Drive** Ref. 765715

**NO.1**  
**LILY ZHANG**  
NO. 1 SALES TEAM NORTH SHORE REGION 2018\*

**Barfoot & Thompson**  
Licensed REAA 2008

021 103 5310

DDI 09 215 4206

E [L.zhang2@barfoot.co.nz](mailto:L.zhang2@barfoot.co.nz)

[barfoot.co.nz/L.zhang2](http://barfoot.co.nz/L.zhang2)

[www.Lilyzhang.co.nz](http://www.Lilyzhang.co.nz)



# Barfoot & Thompson Torbay



**Tony Carter**  
Branch Manager  
027 494 6470



**Corrin Hand**  
Property Manager  
0274 319 696



**Kelvin Zuo**  
Property Management  
Assistant 027 809 6687



**Wendy Radcliffe**  
Residential Sales  
021 772 070



**Yan Lin**  
Residential Sales  
021 213 9825



**Tony Zhu**  
Residential Sales  
021 209 0482



**Ronald Venturina**  
Residential Sales  
021 073 1617



**Susana Perez**  
Residential Sales  
021 182 6329



**Shane Rowe**  
Residential Sales  
021 535 639



**Lawrence Hao**  
Residential Sales  
021 358 218



**Amie Bullock**  
Residential Sales  
027 5478 748



**Alina Yang**  
Residential Sales  
021 608 219



**Karin de Leeuw** ARENZ  
Residential Sales  
027 270 2700



**Nicki O'Sullivan**  
Residential Sales  
021 119 8153



**Leo Perwick**  
Residential Sales  
027 224 9527



**Kyra Perwick**  
Associate Salesperson  
027 311 7953



**Kim Jin**  
Residential Sales  
021 395 888



**Covian Wang**  
Associate Salesperson  
021 896 566



**Tina Hao**  
Residential Sales  
027 688 5886



**Eve Huang**  
Associate Salesperson  
021 918 577

**Your local sales and property management specialists.**

## RECRUITING NOW

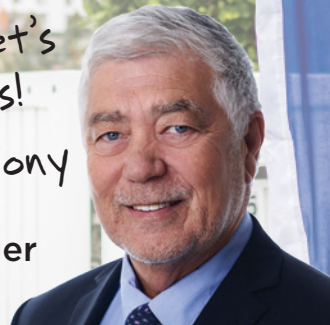
For a rewarding and exciting new career...

Consider a move to a company that offers one of the best earning rates.

*Give me a call now and let's plan your future success!*

*Tony*

**Tony Carter** Branch Manager  
M 027 494 6470



# OPEN HOME

**Barfoot & Thompson**  
Since 1923 MREINZ

Licensed under the REAA 2008

[www.barfoot.co.nz](http://www.barfoot.co.nz)

**Torbay | 09 473 9190**

1054B Beach Road, [torbay@barfoot.co.nz](mailto:torbay@barfoot.co.nz)

**Barfoot & Thompson**  
Licensed REAA 2008 MREINZ

[barfoot.co.nz](http://barfoot.co.nz)