

NOVEMBER 2023

EST 1992

TORBAY

Long Bay Okura Torbay Waiake Lifestyle Magazine

Torbay's New Restaurant *Parallel 23*



Meet John Fox, budget cooking hero & WIN a *Bargain Box*
Scoop! Local Guy McRae launches first music video
Artist Tony McNeight's coming to RAFT!



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Closed Mon 25th December

Re-open Fri 29th December

Parallel 23 Torbay's Newest Restaurant

COVID lockdowns gave people a lot of time to think. It was during that time that brothers Anand and Lakshay, both experienced chefs, and their wives Surbhi and Kira, began researching and planning to open a restaurant together.

Discovering the corner site in the centre of Torbay Village provided the opportunity to turn their plans into a reality. The first hurdle was convincing the landlord that they have what it takes to succeed, and congratulations are due as the empty restaurant was sought after.

Juggling young children and launching into their first hospitality venture – a bar and eatery – is never easy, but between them these two couples make it look easy. They have a confident presence helped by them having family in the restaurant trade who they can draw on.

With *Parallel 23* they wanted to create a place to dine that feels

intimate with an upmarket casual vibe. Starting small allows them to focus on delivering quality meals and service. The Eurocentric menu reflects the chefs' own experiences and tastes. It also enables them to offer a variety of meals so groups with diverse tastes are assured an easy choice. Along with their range of fine wines and excellent cocktails, *Parallel 23* compliments the other dining options available in the area.

After opening in September, *Parallel 23* has already gained a regular following and customer feedback has been great. They're also now offering a takeaway and delivery service. Booking can be done online or by phone and be sure to follow them on Facebook as they look to expand their offerings and include weekly specials.

Parallel 23 Bar & Eatery
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2D Ceramco Pl	\$1,210,000
11 Mizpah Rd	\$1,225,000
33 Kate Sheppard	\$1,226,000
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10 Turutu Pl	\$1,688,000
351 Glenvar Rd	\$1,791,000
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43A Rock Isle Rd	\$1,825,000
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337 Glenvar Rd	\$3,200,000

*Source REINZ

SEPTEMBER MEDIAN = \$1,250,000

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BAYLEYS



Chair's Letter

By Steve Piner, Chairperson
Torbay Business Association

At last, the election is over, well almost. Now we just hurry up and wait to see what our new government will look like.

Hopefully an exemplar of bringing together varied ideas and working across differences for the better good. But then it is politics!

By the time this edition is delivered the TBA will have held the 2023 AGM. We will have formed a new Executive and be gearing up for the lead up to Christmas. There will be a report on the AGM and new officers in the December issue.

Glenvar Road is open and already Long Bay is feeling livelier! And not a moment too soon as we see a swathe of new housing coming onto the market.

We had a car stolen recently from Albany Park 'n Ride. The Police recovered the car and about a week later we were able to pick it up from a tow yard (at our cost - grr). The car had minor but annoying damage. Thankfully, as far as we know

the car wasn't used to hurt anyone or used in a ramraid or other burglary. Albany Park 'n Ride have cameras, but they can't share the footage unless you have a Police report incident number. Here's some steps on what to do if this happens to you.

WHAT TO DO IF YOUR CAR GETS STOLEN

- Report it to the Police. Phone 105 or fill in the form on the NZ Police website. The Police advise that you check your car hasn't been borrowed, towed, or moved first.
- Report it to CarJam, a website for checking vehicles for sale and if they're stolen <https://www.carjam.co.nz/>
- If insured, tell your insurance company.
- If your car was stolen from a monitored parking area, tell the parking company.
- Tell your friends on social media so they can keep an eye out.
- Be wary about scams on social media that offer to locate your car.

Ngā mihi nui ki a koutou katoa



The Fine Print

Submit stories or book in your advert via email:
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John Fox: A Local Hero of Budget Cooking

Amid the rising cost of living, the need for affordable and nutritious meal options has never been greater. The good news is help is at hand. A free e-recipe book, "*Saver Flavour*", offers more than 45 recipes that cost less than \$5 per serve. The book has been created by celebrated cook, Nadia Lim, in conjunction with none other than our very own TikTok influencer *The Contraversial Kiwi*, John Fox. John is a true local hero with a remarkable journey that's taken him from the firefighting world of Wellington to Torbay and TikTok stardom.

HOW LONG HAVE YOU LIVED LOCALLY?

I moved up from Wellington eight years ago to live with my new partner Liz. Combined we have four children. I have a 28-year-old and a 25-year-old, and living with us is Liz's 18-year-old son, and Liz and I have a lively four-year-old. Plus, we have another 18-year-old boarding with us.

WHAT INSPIRED YOU TO GET INTO COOKING?

I was a firefighter in Wellington for 20 years until an injury changed my path. During night shifts, we took turns doing the cooking, and I ended up being the designated chef. That's where I gained experience in cooking for four big burly guys on a budget. During my time as a firefighter, I saw a lot of poverty and the challenging conditions people live in. With the recent rise in the cost of living, I became frustrated seeing the government turning a blind eye to what it was doing to people. I just wanted to help and do my bit.

WE HEAR YOU'VE MADE QUITE AN IMPACT ON TIKTOK?

I initially had TikTok for fun, but when I saw the effects of the cost-of-living crisis on people. I thought, "There's gotta be a better way to educate people," and I had the platform to do it. I've always enjoyed cooking, and I enjoy experimenting with new things and challenging myself to create affordable meals. So I started filming how to cook large meals on a budget. I recently made a potato and chicken recipe for just \$21, and it's gotten 11,000 views so far.

I've now got 43,000 followers, mostly from New Zealand, but also scattered across Australia, the US, and other places. I've had many suppliers approach me to promote their products, but 9 out of 10 times I turn them down because I need to believe in the product. I've tried *Bargain Box*, and I really liked the product so when *Bargain Box* contacted me about Nadia's recipe book idea and they said it was going to be free to download, I was all in.

CAN YOU TELL US MORE ABOUT THE SAVER FLAVOUR?

It's all about giving and helping people get through tough times. All the main meal recipes in it contain at least one to three servings of vegetables and should cost no more than \$5 per serve to re-create at home. There's also lots of practical tips on how to reduce the cost of your weekly food shop.

HOW DO YOU BALANCE FILMING TIKTOK POSTS WITH A FULL-TIME JOB?

It's not easy. We create the posts on weekends with Liz doing the filming, media, and marketing. Both Liz and her sister have expertise in health and nutrition. Liz was a charge nurse



John Fox and Amber Thoresen, My Food Bag Recipe Developer and Chef

at Starship Hospital for 20 years until we had our 4-year-old and my 25-year-old daughter Kaylor also lives in Torbay and is studying to be a dental hygienist. So, trying to remain healthy runs in the family.

FINALLY, ARE YOU ENJOYING LIVING IN TORBAY?

I wasn't that keen on living in Auckland, but I absolutely love it! Torbay is a tight little community. My stepson, Beau, works at Euro Patisserie and he just won his first pie award. The beaches are beautiful and I'm into my fishing when I get time.

You can download *Saver Flavour* at try.bargainbox.co.nz/saver-flavour-cookbook/. And to follow John, either download TikTok, or search online, for *The Contraversial Kiwi*.



WIN A BARGAIN BOX MEAL KIT! 5 nights for 6 people valued at \$207.99!

Email your Top Tip or Tips for Low-Cost Cooking to magazine@torbay.co.nz with your name and phone number. If you don't have email, you can pop your tip ideas in to 8 Tora St, Torbay. Entries close end of November.

T&Cs: Winning entry will be randomly drawn from valid entries, one per person. Winner will be given a code to redeem the prize via the *Bargain Box* website. Selected top tips will be printed in the Torbay Magazine along with your first name or name as supplied.

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What/Where to Recycle

By Michelle Beard, Pumpkins in Trees

Hello Pumpkins!

Weekly I see landfill bags filled with recyclable items. These items will go to a landfill to be entombed for many lifetimes. Not only does this waste resources, but it also fills the land with items that could have been recycled.

Properly recycling these items is the easiest (and free) way to reduce outgoing waste into landfills.

Thankfully In Auckland, we can recycle so much of what we use in the home.

So, what can currently go in your Recycling Bin in Auckland?

- Glass bottles and jars
- Paper and cardboard packaging
- Egg cartons
- Tin, steel and aluminium cans, including empty aerosols
- Plastic bottles from your kitchen, bathroom, and laundry

- Clear plastic food containers
- Pizza boxes (remove any leftover food but grease is fine)
- Newspapers, magazines (including glossy), advertising mail and envelopes
- Aluminium foil. Save enough up to scrunch into a fist-sized ball and pop into your bin.
- Milk and juice cartons, including Tetra Pak® cartons.

OTHER LOCAL RECYCLING DROP-OFF POINTS:

Used garden pots: Drop your plant pots for recycling at Kings Plant Barn, Bunnings and Mitre 10.

Soft plastics: Can be dropped off at Countdown Browns Bay, New World Long Bay and inside Albany Mall (next to New World and Espresso Cafe).

Used Batteries: Take your used batteries to Bunnings in Silverdale.

Polystyrene: Can be taken to Mitre 10 Albany to the white bins inside the landscaping area (past the trade counter).

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Window Cleaning Made Fun

By Marewa Glover

Have you noticed a build-up of mould on the inside of your windows? Mould can trigger allergic reactions and aggravate respiratory conditions. Mould can also damage window frames, sills, and glass over time, leading to structural issues, water leakage, and increased energy costs. Plus, it gives off an unpleasant musty, damp smell.

Removing mould from windows reduces the risk of exposure to harmful spores, reduces the spread of mould to other areas of the home, and cleaning it off can help to maximize natural light intake. But who likes washing windows?

One tool I tried has made window washing easier and less boring. The handheld, cordless, *Karcher KV 4 Vibrating Window Washer* looks a bit like an orbital sander. It comes with washable wiping pads that attach with velcro. You can fill the water reservoir

with soapy or plain water and as you move the machine over the glass you press the squirt button as needed.

The gentle vibrating function helps dislodge the mould and grime, saving you some scrubbing. I still used anti-bacterial spray, a cloth and an old toothbrush for the edges, corners, and any tough bits. But overall, it made window washing feel a lot more satisfying.

The window washer costs about \$140 (from Mitre 10) but it's rechargeable, made of sturdy materials that will last and it should help you stay healthier for several winters to come – as long as you use it.



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November in the Garden



By Veronika McPherson

It's the last month of spring and time to get your summer veggies in now! The soil is warming up and you can direct sow most crops straight into your garden beds. However, the advantage of tray sowing is that you can more easily maintain an even moisture for your seedlings and prevent them from drying out.

TIME TO SOW: Cucumber, zucchini, parsley, pumpkin, beetroot, carrot, melon, corn, basil, dill, coriander, climbing beans and dwarf beans. For flowers, sow cosmos, calendula, borage, cornflower, marigolds, sunflowers, zinnias and phacelia.

TIME TO TRANSPLANT: Capsicum, chilli, aubergine and tomatoes.

GROWING POTATOES IN POTS: Growing your potatoes in a large container or pot could be a good option if you don't have a lot of space. You can also use a bucket or a sack, just make sure to make holes for drainage before planting.

Start by filling the bottom of the container with a 10cm thick layer of soil. Simply lay your sprouted potatoes on the soil 20 cm apart and cover with soil. As your potatoes start growing keep topping up with soil taking care not to cover the leaves. Just put the soil around the plants. This encourages tubers developing along the stems underground. And one of the bonuses of growing them this way is that when they are ready you can simply tip the pot out to pick your potatoes.

MULCH MULCH MULCH: With a possible dry summer on the horizon don't forget to mulch mulch mulch! Mulching could make a world of difference to your garden. The mulch layer protects the soil from the hot summer sun and locks in the moisture. Use pea straw, aged sawdust or, for the cheapest and easiest option, use grass clippings and any green waste that you can find in the garden by simply lay it on the soil around your plants.

Happy Gardening



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Thanks to the Tindall Foundation



By Nanette Randall

The Community Garden at St Mary by the Sea, Anglican Church are pleased to announce that we have received a grant from the Tindall Foundation to progress our plans for the garden. We suffered along with so many others from last summer's deluge and with this grant we plan to build raised beds that have better drainage and make for easier use. The wider community are welcome to visit us behind the church at the top of Deep Creek Rd, Torbay to view our progress. We would also welcome any help at our monthly working bees which are held on the 1st Saturday of the month in 2023 and 2nd Saturday in 2024.

THINNING YOUR SEEDLINGS

If you planted some seedlings last month, it should be time to thin them

out. At about 4 weeks growth you should be seeing the second set of leaves unfurling. Now is the time to remove the thin/straggly looking seedlings and keep the healthier ones. Thinning can also be done to ensure correct plant spacing.

When the plant has 4 sets of true leaves you can transplant it out into a bigger container, pot, or into your garden bed. Remember to water and feed with liquid fertiliser when needed. Seaweed tonic or diluted worm juice can be a great option.



Join St Mary By The Sea Community Garden to learn more and start growing. Dianne (027 313 7116) or Nanette (021 140 4548) would be happy to hear from you. 168 Deep Creek Road, Torbay.

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Sketching with Tony McNeight

Occasionally we are fortunate to welcome professional artists to Raft and in December we will be hosting an exciting workshop on freehand sketching with Tony McNeight. Tony is a well-known graphic designer, travel sketch tutor, and an exhibiting NZ artist.

Get Ready for Christmas

To help you get ready for Christmas, lovely local florist Melanie Stapleton from Celia Fox, will be running a wreath workshop, and our own Helen and Jan have a workshop on how to make a model Christmas village perfect for a festive table centrepiece. If you'd like to make some Christmas gifts, our regular Papercraft and Mixed Media classes will be supplemented with smaller workshops on how to make lovely Christmas crafts.

SHORT ON TIME? We have created some sweet and simple gift ideas that are easy to DIY. We'll even give you the materials and instructions. If you aren't into DIY crafts, we have some colourful locally crafted gifts for sale. You're welcome to pop in to have a look.

One gift idea we have ready for you is a Raft Voucher—what better gift could there be than a class or workshop to spark someone's creativity. And if you would like to get more creative yourself, put "Raft Voucher" on your Santa wish list and leave it lying around for loved ones to see. To buy a Raft Voucher email us or pop in.

NOVEMBER ACTIVITIES.

Our open Tuesday evenings are in full swing giving people who work fulltime the opportunity to get creative. There's some brilliant creativity going on with people sewing, painting, and making jewellery! Our bustling sewing classes have shifted to all day on a Monday, allowing aspiring stitchers and skilled seamstresses alike to come in at a time that suits them. Full classes have also made for great social connections.

WANT TO HELP OUT?

If you have attended any of our classes, you will know that they are run by volunteer tutors who give their time and share their skills with the community at a very reasonable cost. With our arty community growing we are on the hunt for some local heroes to help with classes, book-keeping, and grant writing. If you are looking for a fun, minor job with creativity and great connections, or just want to help, please get in touch. We'd also love to hear from you if you have any suggestions or ideas for workshops or fun projects.

NEEDED: TISSUE PAPER.

We currently need donations of white tissue paper, the kind that comes with new shoes or packaging. If you have any lying around, please consider donating it to Raft for our studio and classes. Thank you to everyone who have already made donations, we couldn't run without you!



Helen and Jan's
Christmas village workshop
25th November
Email for bookings



Melanie Stapleton
Christmas Wreath workshop
2nd December
Email for bookings



Tony McNeight
Sketching and colour workshop
16th December
Email for bookings



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Giving Back..

There have been a lot of challenges in 2023, and we are looking forward to a new plan and new government putting a focus on positive change for the country.

We like to do our little bit to help families in need especially with Christmas just around the corner and would invite you to help us to support this worthy cause. Last year we collaborated with New World Long Bay on their Family2Family initiative which supported the local De Paul House and made a real difference to their families at Christmas. We'd really like your help, so feel free to like and follow us on our Facebook page for further details of this Christmas appeal.

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A Day of Sailing and Friendship

By Delphine Pearson, Torbay Friendship Club

The Torbay Friendship Club visited the Maritime Museum in September and enjoyed a guided tour. Buoyed by the morning's education we then boarded a yacht for a sail on the harbour. This of course, was the highlight of the day. The weather was warm and calm. As we sailed under the bridge, we all debated if the mast would fit under the bridge. Holding our breath, we cleared it with much space to spare. It was a magnificent outing.

Our October speakers included an interesting 10-minute talk by one of our members at the general meeting, then after tea the North Shore Coast Guard joined us. Our meetings are held every 2nd Thursday of a month, and you are welcome to arrive unannounced.



As we head toward Christmas and 2024, the Torbay Friendship Club offers friendship to more and more members. It's wonderful to see so many bright and interesting people coming together and enjoying themselves. Our weekly groups (Scrabble, Mahjong, Morning Coffee, Craft & Rummi) continue to swell. There's always room for more people to join in on enjoying the general chatter, tea, and games being played in between the banter. Whether you have played before or not, we welcome new faces and will teach you.



For more information, please contact Noreen McArthur on 027 271 3524 or Delphine Pearson on 022 072 9813. We look forward to chatting to you.

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GREASE the Musical

Pulling together costumes for *Grease the Musical* set in the 1950s is a delightful journey through the iconic fashion of that era. From the leather jackets and slicked-back hair of the T-Birds to the poodle skirts and saddle shoes of the Pink Ladies, every costume choice transports the audience back to the vibrant days of rock 'n' roll and teenage rebellion. The wardrobe team painstakingly selects period-appropriate fabrics, colours, and accessories to capture the essence of the 1950s. From bobby socks to pompadours, each detail is carefully considered to evoke the nostalgia and energy of this beloved era ensuring that the cast not only looks the part but also embodies the spirit of the time, making the production of *Grease* an unforgettable trip down memory lane.

Tickets are now on sale through the Torbay Theatre website.



Seamstress extraordinaire Valerie Langford altering dresses for the show.



Daughter of the director Billie helping the Backstage Club keep the theatre tidy!



The director Emily Clarkson going through the costume selection.


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How does a weary world rejoice?

Join us this Advent and Christmas season

17th December - 7pm Worship Service for the Weary

If you have had a difficult year, are weary from loss and grief or want a break from a commercial Christmas, join us for a quiet, contemplative service

18th-23rd December - A Weary World Reflects

Take a moment out of the busy season for some reflection. A self-guided series of worship stations inspired by our theme "A weary world rejoices". Open from 10am - 7pm daily.

24th December - 5pm All Age Christingle Service

Join us for pizza and a short service where we will read the Christmas story and make a Christingle. Suitable for all ages. RSVP to dion@stmary.co.nz for catering.

24th December - 9pm Candlelight Service

Carols by Candlelight and Communion. Carols from 9pm with the service beginning at 9:30pm.

25th December - 9am Intergen Communion

A service for all ages that includes communion.

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of life together

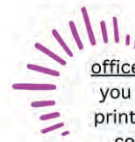
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Family Advent Calendar

We encourage you to place this on your refrigerator. Each day in December complete the daily prompt together as a family. Advent Calendar ideas and graphics from www.asanctifiedart.com and is used with permission

1. Help your grown-ups decorate your home for Christmas.
2. Open your pantry and look for food items you can donate.
3. Watch your favorite Christmas movie with your family.
4. Draw a picture of something that brings you joy.
5. Offer to do something nice for a neighbor.
6. Enjoy your favorite game with your family.
7. Set up a stable or barn for your nativity scene.
8. Add Mary and Joseph to your nativity scene.
9. Write, draw, or act out a story about joy.
10. Encourage a child in the hospital with a Christmas card.
11. Add shepherds to your nativity scene.
12. Record a video and send it to someone you love who lives far away.
13. Yummy! Make Christmas cookies with your grown-ups.
14. Walk around your neighborhood and look at the Christmas lights.
15. Organise your room. Donate any unused items to a shelter.
16. Recycle an item of trash into something new.
17. Learn about how other countries celebrate Christmas.
18. Do an activity that brings you joy.
19. Read a Christmas book with your grown-ups.
20. Embrace your family in a big hug.
21. Jump for joy! Try jumping rope as many times in a row as you can.
22. Offer to help your grown-ups with chores.
23. Invite a new friend to play with you.
24. Christmas Eve! Add baby Jesus to your nativity scene.
25. Enjoy Christmas with your family! Tell each person something you love about them.



Contact office@stmary.co.nz if you would like a free printed nativity set to colour in and use



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The Financial Markets Authority KiwiSaver report for 2023 has just been published. Of the 3.5 million KiwiSaver members, it reports that 41% of members are invested in growth funds; 23% are in balanced funds and another 23% in conservative funds.

When your KiwiSaver goal is for retirement, being invested in a growth fund means that on average over the long term you will have a higher expected return than balanced or conservative funds. However, growth funds aren't for the faint-hearted, and, just as you wouldn't get off a rollercoaster ride at the bottom, it's important to stay invested through all market cycles. Returns don't come in a linear fashion, and investors will be rewarded in the long term.

As a financial adviser, I spend a lot of time educating my clients about the likely investing journey and encouraging them to stay the course during scary markets.

Rachelle Bland

Financial Adviser – Investments

“Returns don't come in a linear fashion”



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How to Fish using a Setline from a Boat



By Nathan Pont

A setline from a boat consists of two floats, two anchors, a few hundred metres of mainline with chimps around a wheel or handline, up to 25 hooks (this is the maximum number of hooks allowed, larger ones to reduce by catch of undersized fish) on a leader which have clips to attach it to the mainline, and a trace holder.

I have found it works best if two people work together to put a setline out, but it also can be done by one person following these steps:

Step 1: Work out where the setline is going to be released. Critical things to consider: a sandy bottom, avoiding getting in the way of other boats, and reviewing your fishfinder to see if there is any fish sign.

Step 2: Bait all 25 hooks. I recommend using mullet, kahawai, or tuna as they stay on the hook longer. Remove one trace at a time then reattach it to the trace holder.

Step 3: Attach the first float to the end of the mainline. This should then be dropped into the ocean while the boat is drifting away.

Step 4: Once the mainline is out around 30–40m, there will be a lop in the mainline. The first anchor should be attached

to this. Once it is attached the anchor should be released into the water.

Step 5: Once the anchor gets to the bottom there starts being crimps on the mainline. The baited hooks can now be clipped on. I recommend going every 2 crimps as it spaces out the hooks.

Step 6: Once the hooks are on and more line is released there will be a second lop to attach the second anchor to. Repeat Step 4.

Step 7: The line will then come to an end. Attach the last float.

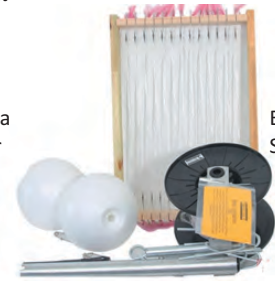
Step 8: Mark the spot on your GPS or use landmarks so you can identify the floats.

Step 9: I typically give the setline 30 minutes. Doing this gives fish long enough to eat the baits but not too long that sharks become interested and under-size fish can be released.

Tight lines until next time.



Example of a Traceholder



Example of a Setline Package

18



TORBAY PLUNKET COMMITTEE MEMBERS NEEDED

If you want to volunteer to be part of the Torbay Plunket Committee we'd love to see some new faces. We're an easy-going group who meet monthly to plan a couple of major fundraising events each year.

If you want to know more, please email torbayplunket@gmail.com



Tides—Nov 2023 (Murrays Bay)

	HIGH	LOW	HIGH	LOW	HIGH
Wed 01	-	04:14 0.3m	10:39 3.4m	16:38 0.6m	23:02 3.2m
Thu 02	-	04:58 0.4m	11:24 3.3m	17:25 0.7m	23:49 3.1m
Fri 03	-	05:42 0.6m	12:10 3.1m	18:14 0.8m	-
Sat 04	00:35 2.9m	06:27 0.7m	12:57 3.0m	19:06 0.9m	-
Sun 05	01:23 2.8m	07:15 0.9m	13:48 2.9m	20:00 1.0m	-
Mon 06	02:13 2.7m	08:08 1.0m	14:42 2.8m	20:56 1.1m	-
Tue 07	03:08 2.6m	09:08 1.1m	15:38 2.7m	21:52 1.1m	-
Wed 08	04:06 2.6m	10:10 1.1m	16:33 2.7m	22:46 1.1m	-
Thu 09	05:04 2.6m	11:07 1.1m	17:23 2.8m	23:35 1.0m	-
Fri 10	05:59 2.7m	11:57 1.0m	18:10 2.8m	-	-
Sat 11	-	00:21 0.9m	06:47 2.8m	12:42 0.9m	18:54 2.9m
Sun 12	-	01:04 0.8m	07:32 2.9m	13:23 0.8m	19:37 2.9m
Mon 13	-	01:46 0.7m	08:13 3.0m	14:04 0.8m	20:19 3.0m
Tue 14	-	02:26 0.6m	08:54 3.1m	14:45 0.7m	21:02 3.1m
Wed 15	-	03:08 0.5m	09:35 3.2m	15:28 0.7m	21:46 3.1m
Thu 16	-	03:50 0.5m	10:18 3.2m	16:13 0.7m	22:32 3.1m
Fri 17	-	04:33 0.5m	11:02 3.2m	17:00 0.7m	23:20 3.1m
Sat 18	-	05:18 0.5m	11:50 3.2m	17:51 0.7m	-
Sun 19	00:09 3.0m	06:07 0.6m	12:42 3.2m	18:46 0.7m	-
Mon 20	01:02 3.0m	07:00 0.7m	13:38 3.1m	19:43 0.8m	-
Tue 21	01:58 2.9m	08:00 0.8m	14:37 3.1m	20:44 0.8m	-
Wed 22	02:59 2.9m	09:05 0.8m	15:38 3.1m	21:45 0.7m	-
Thu 23	04:04 2.9m	10:12 0.8m	16:38 3.1m	22:45 0.7m	-
Fri 24	05:09 3.0m	11:15 0.8m	17:35 3.1m	23:42 0.6m	-
Sat 25	06:10 3.1m	12:13 0.7m	18:31 3.2m	-	-
Sun 26	-	00:38 0.5m	07:06 3.2m	13:06 0.6m	19:24 3.2m
Mon 27	-	01:30 0.5m	07:58 3.3m	13:56 0.6m	20:16 3.2m
Tue 28	-	02:19 0.4m	08:47 3.3m	14:45 0.6m	21:06 3.2m
Wed 29	-	03:06 0.4m	09:33 3.3m	15:31 0.6m	21:54 3.1m
Thu 30	-	03:50 0.5m	10:17 3.3m	16:17 0.7m	22:40 3.1m

Source: MetOcean Solutions

Daylight Saving: Please note that tide times have been corrected for daylight saving time.

Launching Singer-Songwriter Guy McRae

Homeschooled, self-made singer-songwriter Guy McRae launched his first single and music video last month. Born and bred in Torbay, Guy was homeschooled up until the age 14 when he went to Long Bay College. He's always been, as he said "a creative person, artistic by nature" with aspirations to do filmmaking. But he could also draw and paint, and the mix of talents conflicted somewhat with his musical bent. As he entered his 20s, he decided he needed to pick one thing and work on it. His passion for music won and since then he's been writing and producing songs, working with a singing teacher, and building his confidence to perform publicly. "It's been a long journey of getting prepared", he said. So, it's an exciting milestone to finally launch his first single *Hasta La Vista*, a sweet slightly ironic story about him realising he wasn't happy in a relationship, that that was his fault and saying goodbye to somebody. The music video was produced by film producer and friend Lucy Timmins.

Not coming from a music background or having had an introduction to music through school, Guy is in a way self-made. He plays guitar and produces his own songs using a digital audio sound space and keyboard. His influences were early exposure at home to music *Channel 4* on TV, and more recently Guy has been inspired by *The Weeknd* (Abel Tesfaye) a Canadian pop R&B singer-songwriter who's made it big. *The Weeknd* started by releasing his music on YouTube and rose

to stardom on the wave of popularity for retro 80s sounds. *Hasta La Vista* has that throwback 80s sound – singer-songwriter guitarist with electronic backing.

Guy is always striving for great melodies and lyrics following the advice of Quincy Jones who said, "A great song can make the worst singer in the world a star. A bad song can't be saved by the three best singers in the world".

Now with a series of songs lined up for release Guy is ready to get out there. To hear him sing and give him some #torbayterrific support get along to Guy's next gig on 18 November at The Thirsty Dog. It's a gig for originals and Guy has a half hour slot on the program – an opportunity that opened up after his launch at Anthology on K. Rd. And so, it begins...

To listen to Guy's new release follow the QR code below and follow him on Facebook @Guy McRae Music, Instagram @theguymcrae and YouTube at @GuyMcRae



The French are HERE!
 And what better way to celebrate summer than with bubbles!
 Champagne, Methode Traditionnelle or Prosecco, we have you covered with all the options for summer celebrations.



Getting Ready for BBQ Weather

By Nathan Pont

It's nearly BBQ weather. One of the most versatile BBQ's, great for beginners is the Charcoal Kettle BBQ. The Kettle, named after its spherical shape, was started by Weber in 1951. It consists of a lid, cooking grate, charcoal grate, lower chamber, upper and lower venting system, and legs. Some models have a pan to catch the ash.

It's good for learning the different BBQ cooking methods, such as direct cooking (of steaks, sausages, lamb chops); indirect cooking (for ribs, whole chicken, and roasts); and low-and-slow cooking and smoking (for example for cooking fish, large bone-in meats and brisket).

CHOOSING YOUR FUEL

Whether you use charcoal briquettes or lump charcoal depends on the type of cooking you are doing. Lump charcoal typically lights quicker and burns hotter, but it also burns faster. Lump charcoal is best for direct cooking when you want the meat to cook faster. Charcoal briquettes are good for indirect cooking and low-and-slow cooking as they burn

at a lower temperature and last longer. I now only use briquettes and if I am doing direct cooking, I use more briquettes or get more flame running on them.

Whilst I've focused on Weber, there are many different types of BBQs on sale, and they range in price. Feel free to email questions me via magazine@torbay.co.nz if you want advice on which sort to buy.



Example of a kettle BBQ



Example of briquettes and lump charcoal



20



Xmas Hams (*order now*)



Aged Tomahawks



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Sir Peter Blake Torbay Regatta-22 Years!



By Candice Bradshaw

This year's Sir Peter Blake Torbay Regatta **2 – 3 December** marks the 22nd year of New Zealand's largest youth sailing event!

Following the death of Sir Peter Blake in 2001, the Torbay Sailing Club's youth regatta was formally renamed in 2002 with the warm approval of Sir Peter's wife, Lady Pippa Blake. The event honours Sir Peter Blake's contribution to sailing, the environment, and his leadership. He is remembered for saying, "Giving it a try is much better than sitting back and worrying what people might think if we fail."

Supported by New Zealand's yachting community and neighbouring Auckland clubs, the regatta showcases sailors from a diverse range of abilities. Some famous faces will be

present, most notably Jo Aleh, Olympic gold medallist and strategist for Team New Zealand and Yachting NZ's high-performance team—the 49ers! *Steinlager 2*, previously skippered by Peter Blake will be making an honorary appearance. *Steinlager 2* was the only yacht to ever win all six legs of the Whitbread Round the World Race. You won't want to miss seeing this majestic vessel.

Last year, the Torbay Sailing Club proudly achieved Gold level *Clean Regatta* certification from *Sailors for the Sea* – a standard the club looks forward to retaining.

The local community are encouraged to come and be part of this magic event. There'll be a BBQ and lots to see. Please note the road along Waiake Beach, from **Waiake St to Ellangowan Rd will be closed both days.**



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 - Northcross (8am-8pm) - 948 East Coast Road



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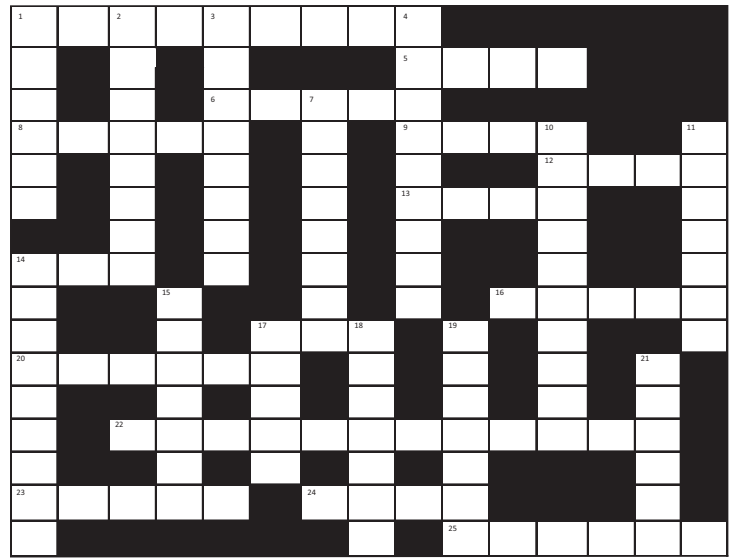
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Sudoku

4	3					7		
			6				4	8
	2		7				5	9
7	8					9	3	2
9	6							
2	5			9			7	
1		2			7			3
3	9	6	8	4		5	2	
		5	9	2			1	4

Crossword



ACROSS

- 1 *Torbay Butchers Aged __
- 5 *John Fox The Contraversial __
- 6 Famous syrup
- 8 If you want a __ you had best book ahead
- 9 *Evans have launched the __ Plate
- 12 *Life on the __ with MERC
- 13 __ and holler
- 14 Honey maker
- 16 3 dimensional measure
- 17 Rare and expensive Mercedes Benz
- 20 All good meetings should have a __
- 22 *Guy's first single
- 23 Used to make alcohol
- 24 Anonymous
- 25 Action intended to achieve advantage involving risk

DOWN

- 1 *John Fox has 43k followers on __
- 2 Waterproof layer
- 3 *Long Bay College is looking for __ families
- 4 *Tony McKnight workshop is on __
- 7 *Cover story __ 23
- 10 *JMC are known for their __ workmanship
- 11 *Birds of a Feather have the __ space
- 14 Most important meal of the day
- 15 *St Mary's have received a grant from the __ Foundation
- 17 *Torbay __ Day on Dec 9th
- 18 *Nathan's fishing topic
- 19 A sliver of wood
- 21 *The second meal is ½ price at __ on Wednesday

Answers on page 30.
Answers to clues marked *
can be found in this months
magazine.



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Play, Shop, Learn and Play Some More

Torbay Playcentre, located behind the Torbay Shops next to the Torbay Community Hall, is a community centre run by local parents and caregivers for children aged 0-6 to enjoy educational, stimulating, and fun sessions.

We love play. At Playcentre we believe that play is the central activity of children and through play young children are like little scientists, learning about themselves and their world. At our sessions children play with playdough, make creations in carpentry, sculpting with clay, making volcanoes, gardening, swinging, enjoying endless hours in the sandpit, and just generally getting messy in gloop and paint.

This year, we have been very fortunate to build a relationship with one of our local shopkeepers. Every week, with our little shopping bags, we walk up to see Deep at the Torbay Fruit Shop. He donates a few pieces of fruit and vegetables to each child. We return to our centre and the children cut, chop, blend, juice, bake cakes, make soup, and even sushi with the delicious produce he provides. The children are always so excited to see what they are going to get each week in their kete and they thoroughly enjoy eating what they 'cook'. Thank you so much Torbay Fruit Shop for your generosity!

We also go out exploring in nature at our local parks and reserves. We're often at Long Bay and recently we had a visit from Whitebait Connection who taught us about keeping our waterways clean for our native fish species. The children

were so excited to see some fish and eels in our local streams and to learn about where water comes from. We are looking forward to a sunny term outside enjoying activities together. The current favourite is the water slide!

To find out more about Torbay Playcentre, please book a free visit by emailing us at torbay@playcentre.org.nz or find us on Facebook.



23

Torbay Village Santa Day

**Saturday 9th December | 11am - 1pm
Torbay Village Plaza**

Join us to celebrate Christmas

- ★ Free Photos with Santa
- ★ Kids Lucky Dip, Fruit & Candy Canes
- ★ Spot Prizes for Best Costume
- ★ Plunket Fundraising Sausage Sizzle
 - ★ The Sageman Magician
 - ★ Face painting and more...



Organised by Torbay Business Association



Auckland Council



Glamorgan School's a Winner



Congratulations to Glamorgan School on being one of ten winners in this year's Keep New Zealand Beautiful Wall Worthy Competition, sponsored by Resene. The competition gives youth groups, schools and ECEs across the country the opportunity to paint a mural with an environmental theme or message, to help beautify an area at their school or in their local community.

Glamorgan School's winning mural is titled *Whaia te iti kahurangi* (translated as 'Strive for something of great value'). The original inspiration for the mural came from a quote by Harriet Tubman, the famed American social activist: 'Every great dream begins with a dreamer. Always remember you have within you the strength, the patience and the passion to reach for the stars to change the world.'

"Our mural celebrates our local environment," says artist and Teacher Aide Fiona de L'Isle. "The pohutukawas, kowhai trees and butterflies can all be found on our school grounds. Waiake is our local beach and is where the children learn about our coastal environment. The caterpillar – as it transforms into a beautiful butterfly – mirrors the journey each child at our school takes and how they too can make small changes to reach for the stars and change the world," says Ms de L'Isle.

The painting was designed, completed and assembled in the school's swimming pool changing rooms to keep it out of the weather, and was installed just prior to the school's 50th Jubilee celebrations. It can be seen on the walls facing the main playground – an ever-present inspiration for the students.



Life on the Edge November 2023 Ngā Kōrero

Spring in the Natural Environment

Last month our community was blessed by a large pod of *tere hu* (bottlenose dolphins) which stayed in the area. It was amazing to see them from the Centre a couple of times a day for a few days in a row. Considering why leads us to understand a bit more about the complex social structures of delphinids. When pregnant and/or with newborns they form "nursery pods". These nursery pods typically stay closer to shore meaning they can birth and nurse in calmer waters rather than battling the elements further offshore. These activities have high energy demands and as their food sources move closer to shore as the weather warms, being closer to shore means they can fuel themselves.

Looking at our feet in rock pools we can find similar reproduction going in at this time with nudibranchs starting to lay eggs. If you see delicate ribbon spirals in the rock pools, these are likely nudibranch eggs. If you look closely, you can see the individual eggs in the ribbon. The colour of



the eggs often reflects the type of eggs. So, the yellow-coloured spirals are probably laid by a lemon nudibranch (*Dendrodoris citrina*).

Article and Photo by **Yuin Khai Foong** for Sir Peter Blake Marine Education and Recreation Center, Long Bay. merc.org.nz

Torbay School–One Big Happy Whānau!

By Susan Ye

Over the course of the past several years, Torbay School has been witness to a heartwarming trend that has truly highlighted the sense of community and unity with families in our local area. The school has consistently welcomed numerous siblings and cousins from the same family, creating a unique bond that has flourished within our kura. This year's influx of familial connections has been particularly remarkable, with nine cousins from the Sapsworth, Hanvey, Foskett, and McLean families spanning across various year levels, from Year 1 to Year 6, becoming an integral part of the school's vibrant tapestry.

Recognising the significance of this phenomenon, the school seized the opportunity to capture the momentous occasion with a group photograph that included not only the nine cousins but also their doting grandparents, Jane and Maurice Hanvey. The family has been connected with the school for many years, participating in a range of fundraising activities and being part of the PTA.

Each cousin enjoys their own unique journey through Torbay School. The eldest cousin, Hudson, is set to take his next educational adventure at Northcross Intermediate School next year. We wish him all the very best. The youngest of the cousins, Enid, has joined the rest of the cousins mid-way through this year. She has settled nicely into school life.

As Torbay School continues to foster an environment of inclusivity, support, and togetherness, the presence of these nine cousins and their shared experiences is a testament to the enduring bonds and connections that family can create, and we look forward to the continued growth and success of all its students, and where their individual paths may lead them.



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LONG BAY COLLEGE
HOME STAY FAMILY



Come and join our team of Homestay families!

As we prepare to welcome new International Students to our Long Bay College community, we invite you to become a part of our Homestay Host family team. Hosting an International Student is a unique opportunity to open up new experiences for your family and embark on a journey of personal and cultural growth. Welcoming students from all corners of the world can be an incredibly enriching experience, not only for the students but also for the host families. It's a chance to share your culture, create lifelong memories, and forge meaningful connections that transcend borders. Whether you're considering a long-term or short-term hosting arrangement for the 2024 academic year, we have options to suit your availability.

If you have a spare room in your home and are willing to offer a caring and supportive family environment, we encourage you to reach out to our International Accommodation Coordinator, Tian Yang – tyang@lbc.school.nz Tian can provide you with all necessary information, answer any questions you may have, and guide you through the process.

We believe that by joining our Homestay Host family team, you'll not only enrich the lives of the International Students you host but also gain a deeper understanding of different cultures, broaden your horizons, and create lasting bonds with young people from around the world. We look forward to working with you!



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Painter—No job too big or small. 30 yrs experience. Heaps local references. Ph Clive 0274 812 231.

Painter and Decorator—After 36 years in the trade and 25 of those spent in Torbay I am scaling down my work load and able to do smaller jobs at a very fair rate. Free quotes. Ph Darren 0272706728.

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Awatuna Scout Hall—Waiake Beach. Available for birthday parties, exercise classes. Kitchen facility. Ph: Amanda 021 076 7422, awatuna@gmail.com.

Senior Citizens Hall, Torbay—Email torbaycommunityassociation@gmail.com

Torbay Community Hall—Email torbaycommunityassociation@gmail.com

TUITION

Ballet—Pre-school, grades, advanced and adult classes. Royal Academy of Dance syllabus. www.diannewallaceballet.co.nz. Dianne Wallace RAD Dip Tchg. Ph 027 603 0481

EVENTS

Torbay Village Santa Day—Saturday 9 December. Email us if you'd like to contribute to the Torbay Santa Day with a stall, to sing or play music or run an activity for kids. Limited number of gazebos/tables available: theteam@torbay.co.nz.

SUPPORT LOCAL

Advertise with us—you'll be supporting local businesses and community groups.

Our advertising rates are the cheapest and we deliver further.

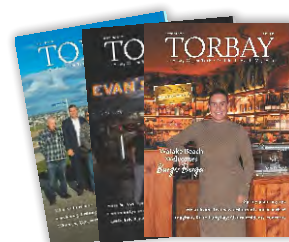
The Classifieds is the **Bible for Trades** in our area.

Classifieds (per 7 words):	\$5	Third page:	\$225
Small:	\$60	Half page:	\$245
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www.torbay.co.nz | To book your advert, email: magazine@torbay.co.nz



What's On Where

AL-ANON FAMILY GROUPS—Support group for family and friends of alcoholics. See: www.al.anon.org.nz or ph: 0508 425 266

ALCOHOLICS ANONYMOUS—0800 229 6757. www.aa.org.nz. Join our friendly **Tuesday** night meeting at 7.30pm St Marys by the Sea Anglican Church if you wish to stop drinking.

AGE CONCERN NORTH SHORE—489 4975

AGE PLUS CHARITABLE TRUST—09 550 3387

ASSOCIATION OF BOOK CRAFTS—027 440 4458

BACKGAMMON CLUB—Backgammon is a very old popular game. Easy to learn, harder to win. Depends on the roll of the dice and your strategy. Join our friendly mixed group on **Wednesday** 12.30-4pm for some fun at Heart of Bays, Inverness room, 2 Glen Road, Browns Bay. Cost \$2. Ph: Linda 021 216 3050 or 476 8311 or just come along.

BAYS CITY JUDO—473 7855

BRAEMAR SCOTTISH COUNTRY DANCE CLUB—Relaxed, friendly group who dance **Tuesday** 7.30pm at St Anne's Hall cnr Glencoe and Beach Rd, Browns Bay. Ph: Yvonne 410 9126

BROWNS BAY LADIES CLUB—Retired and still young at heart? Why not join the Browns Bay Ladies Club. We meet 4th **Friday** of every month. We have a guest speaker and also offer many interesting groups and bus trips. Ph: Christine 475 5426 or Jan 478 9231.

BROWNS BAY RACQUETS CLUB—Would love to have more players 55yrs plus. We play mixed doubles. **Friday** 9am. We have lots of fun and fees are low, in fact nil at first. Ph: Angela Verry 021 121 158 or 479 5094

CITIZENS ADVICE BUREAU—479 2222

DIGITAL SENIORS—FREE COACHING—Need help with your digital device? Bring your phone, tablet or laptop to East Coast Bays Library. Tuesdays 10am-2pm. Ph: 0800 373 646

THE CREATIVE KEYBOARD CLUB—Who have Members in Torbay. We meet at The Community Hall, (behind St Cuthberts Church) 45 Anzac Road, Browns Bay 2.00pm every 2nd **Sunday** of the month and enjoy music from members and guest artists. Includes afternoon tea. Small admission fee. Ph: Marlene 478 3166.

DEEP CREEK RESTORATION SOCIETY—021 366 236

EAST COAST BADMINTON—Active Badminton Centre, 44/46 Apollo Drive. **Tuesday** 5pm-10pm. Ph: Don 473 0703 or 027 497 6242

EAST COAST BAYS BRIDGE CLUB—Learn to play bridge. All ages welcome. Contact: lessons@ecbbridgeclub.co.nz or Helene 027 296 3365

EAST COAST BAYS LIONS—022 047 3266

EAST COAST BAYS RSA—478 8033

EAST COAST FOLK CLUB—8pm first Friday of every month at the Torbay Senior Citizens Hall (behind Torbay shops 37 Watea Rd). \$10 Admission. Casual performers first half with featured guest in the second half. Ph 09 426 3588 r.uhe@xtra.co.nz

EAST COAST BAYS TOASTMASTERS—027 422 3685

ECB WIDOW & WIDOWERS ASSOCIATION—479 6042

FRIENDS OF OKURA BUSH—021 177 5755

FRIENDS OF SHERWOOD—476 7279

HAURAKI FLORAL ART CLUB—Join a fun and friendly group creating artistic designs with flowers and foliage. Free lessons. We meet the second **Wednesday** of every month from 9am. Ph: Jennifer 09 479 5691 or Jo 027 673 8836

LONG BAY OKURA GREAT PARKS SOCIETY—021 424 617

LONG BAY RESIDENT'S ASSOCIATION—Longbayra@gmail.com

LONG BAY VILLAGE MARKET—4th **Sunday** of every month 9am-2pm, Michelle 021 119 8796, Leanne 027 432 3317 (txt is best); longbayvillagemarket@gmail.com

NEIGHBOURHOOD SUPPORT—09 353 0427

NORTH SHORE BRASS ACADEMY—021 281 0405

NORTH SHORE CMA—Companionship and morning activities for seniors. Ph: 489 8954

NORTH SHORE KICKBOXING—021 228 2808

NORTH SHORE WRITERS GROUP—Invitation to all adults who have written, are writing or want to write! Contact Tim 021 224 4533 timowen1968@gmail.com

PLUNKET—838 0981

RAFT STUDIO—Term 4 Weekly Classes:

- **Mondays:** 10am-3pm *Sewing* Beginners classes available by appointment; 7pm-9pm *Have a Yarn* (alternate **Mondays**)
- **Tuesdays:** 9.30am-12.30pm *Papercraft*.
- **Wednesdays:** 10am-1pm *Abstract Acrylics*; 1.30pm-3.30pm Open Studio
- **Thursdays:** 9.30am-12.30pm *Mixed Media*; 1.30pm-4.30pm *Casual Art Group*
- **Fridays:** 10am-12pm *Art for Wellbeing*; 3.30pm-5.30pm *Youth@Raft*

Ph 021 145 2865. For more details see RAFT pg 12.

RESTORE HIBISCUS AND BAYS—Monthly planting days at local reserves. For info ph: 027 290 4826

ROTARY BROWNS BAY—Torbay meets every 1st and 3rd **Tuesday** of the month for a 7am breakfast at the Bays Club in Browns Bay. If you are interested in doing different things in your community, come for a visit. Ph: Paul Mees 021 0257 0993. www.brownsbayrotary.co.nz

RUMMIKUB GROUP—Join our friendly group on **Wednesday** mornings 10am-12 noon in the Council Building in Glen Road, Browns Bay. Ph: Annette 021 061 2199 or just come along.

SALVATION ARMY OP SHOP—473 2150

ST MARY'S COMMUNITY GARDEN, TORBAY—Allotments available to grow your own veges, herbs, flowers. Join a fun sharing group. Ph: Nanette 021 140 4548 or Dianne 027 313 7116.

TORBAY FRIENDSHIP CLUB—A lively and thriving club for retirees. The club meets monthly (except January) on the second **Thursday**, 10.00am at Torbay Village Hall. Activities include great speakers, excursions, coffee mornings and games groups. Annual membership \$25.00, plus joining fee. Call Noreen 027 271 3524. Visit fnzi.nz for info on Friendship Clubs in general.

TORBAY GARDEN CLUB—478 1601

TORBAY HISTORICAL SOCIETY—473 6482

TORBAY INDOOR BOWLING CLUB—Looking for a new activity? Come join this friendly club on **Monday** 6.45pm at Torbay Community Hall. Entrance off Watea Road by the Tennis Courts. All ages welcome. Ph: Janet 473 1621

TORBAY INTERNATIONAL COFFEE GROUP—473 3259

TORBAY SAILING CLUB—948 Beach Rd, Waiake. For information about hiring hall email: hire@torbaysailingclub.org.nz.

TORBAY SENIOR CITIZENS— Email: torbaycommunityassociation@gmail.com

TORBAY STEP BEYOND STUDIOS—022 596 8440

TORBAY TENNIS CLUB—Behind the Community Hall offers tennis for all ages. All inclusive membership fees. Junior fee includes coaching. Club coach Jason Hart offers exciting programmes. For more info or to register see our website for open day dates: www.torbaytennis.org.nz

TORBAY THEATRE—**Backstage Club:** To volunteer for anything backstage or lighting, Wednesdays 10.15am-12, pop in, contact Daphne 473 7494 or see our website (page 15).

TORBAY VILLAGE SANTA DAY—Saturday 9th December, 11am-1pm

TORBAY WALKERS—A group of friendly women meet every **Wednesday** afternoon at 4pm and walk for 1 hour. Please come along and join us at the bus stop in Torbay Village. Ph: Irene 473 1159 or Diane 473 1761.

U3A BROWNS BAY—A group of likeminded people in their 3rd age (retired or semi-retired) who wish to keep their mind active through learning and gaining new skill, meet the first **Tuesday** of the month at Presbyterian Hall, 45 Anzac Rd, Browns Bay. We have amazing speakers and over 30 special interest groups. Annual fee \$30. Ph: Myfanwy van Hoffen 4755741, email: myfanwy@xtra.co.nz or see www.U3ABB.nz

UCAN2 DANCE STUDIO—Ballroom & Latin, & Street Latin dancing free 1hr intro class. No partner required. Wednesday 29th November. One person wins an 8 week course. 23 Tarndale Grove, Albany. For more info see www.ucan2dance.co.nz or ph Marie on 415 5997

Sponsored by



TASMAN SMAIL

Listen to the wind

Listen to the wind
As it passes by your ear
Is it the voice of an old friend
Or did you never stop to hear

Listen to the the wind
As it waltzes through the street
Picking up your skirts to dance
Fallen leaves up to their feet

Listen to the wind
As a dandelion prayer
Is carried to the stars
And buried with soft care

Listen to the wind
As it raced to get home
To play on empty swings
Left to rust alone

Listen to the wind
As it sings without a tune
And chatters at your window
And howls upon the moon

Listen to the wind
As it snuffs out a fire
And steers away a bullet
And lifts our aircraft higher

Listen to the wind
Hammering at your doors
Roaring on midnight rooftops
Refusing to be ignored

Did you listen to the wind
As it tangled in your hair
Does it know your name, did it sing to you
Or was it even ever there

CHURCHES

- Browns Bay Presbyterian Church..... 479 2441
- City Impact Church..... 477 0300
- East Coast Bays Catholic Parish..... 478 4565
- Graceway Baptist Church..... 473 8562
- Long Bay Baptist Church..... 473 2498
- Long Bay Baptist Mainly Music..... 947 3378
- Shore Presbyterian Church..... 022 241 23460
- St. Mary's By The Sea Anglican Church.... 473 8180
- Trinity Methodist Church..... 478 5107

SCHOOLS

- City Impact School..... 477 0302
- City Impact Arts Academy..... 477 0300
- Glamorgan Free Kindy..... 473 5099
- Glamorgan Primary School..... 473 6453
- Long Bay College..... 477 9009
- Long Bay Primary School..... 473 6077
- Northcross Intermediate School..... 477 0167
- Titoki Montessori School..... 473 0362
- Torbay Kindergarten..... 473 9340
- Torbay Play Centre..... 027 880 5413
- Torbay School..... 473 8603

New listing! OKURA



Scan QR code for more information



Diving Platform

Boat Ramp

Little Beach

Jetty

Reserves

55 Okura River Road



Geraldine Zareian
021 184 0312

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YOUR GO TO PROPERTY EXPERTS
In Torbay, Waiake & Long Bay

Did You Know ...

ABOUT

THE LONG BAY BARBER SHOP

The Long Bay community has reaped the rewards of Mustafa's choice to establish a barber shop in the area.

Unlike typical barbers, the Long Bay Barber Shop team goes above and beyond by providing a range of services beyond just haircuts. In addition to haircutting, you can also visit Mustafa and his team for facial waxing and eyebrow threading, making it a one-stop destination for your grooming needs.



*Scan,
watch &
win.*



Contact Us

MATT CORIN
027 777 0737
matt.corin@harcourts.co.nz

MAGGIE GAO
021 518 280
maggie.gao@harcourts.co.nz

WIN 1 OF 2
\$50 VOUCHERS TO SPEND AT
THE BARBERSHOP

SCAN THE QR CODE TO WATCH THE VIDEO
AND ENTER THE DRAW

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