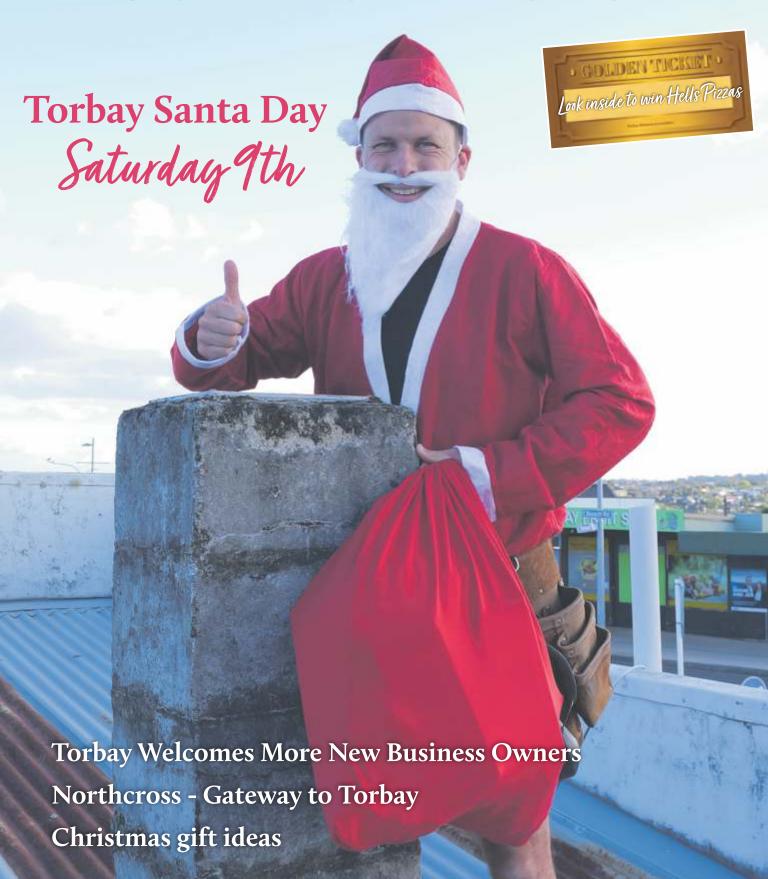
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Like many others in the wider community, the Crèche has had to adapt to the challenges of recent years. But with committed teachers, whānau and tamariki, the Crèche is now looking forward to celebrating its 40th anniversary next year and continuing for another successful 40 years.

If you'd like to find out more about the Crèche's vibrant programme, meet the teachers and discuss ways in which they can support you and your whānau please email admin@ecbccreche.nz or phone 09 479-1241.









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Chair's Letter

By Steve Piner, Chairperson Torbay Business Association

It's a bumper issue this month topping off a bumper year! Many will recognise our cover Santa, good bugger James

from JMC Build. No elves (or photographers) were harmed during this shoot, but the roof, well that's another story! Thanks to Carl Treadwell for the high shot.

At our recent AGM we celebrated the revitalisation of Torbay Village. We also welcomed Anna Ju (pg 34) and Candice Bradshaw to the TBA team, and Ross Ironmonger as our new Treasurer. It has been my privilege to be Chair, and on behalf of Marewa and I, I want to thank the members present for your kind words for us. But as they say it takes a village and we've enjoyed working with some of the Villages' longerstanding business owners (Jo, Deep, Dave, Joga, Sopheap), Victoria Short of the Hibiscus & Bays Local Board, bringing in associate members, and Cathy Coldicutt (Magazine design/layout), Lisa and everyone else who pitches in. This month that's Ethan Fagan of FGN Media who helped with some ad photos. Continuity of the TBA Executive Committee means we can continue with our strategy of developing local businesspeoples skills, and building Torbay, Waiake and Long Bay into a thriving vibrant and desirable place to work, shop and eat. One indicator of the confidence in our area are the new businesses - three new restaurants, a dedicated barber, and seamless change of ownership when someone moves on.

Massive thanks to all our advertisers and delivery peeps. Thanks to them, many varied community groups, schools, and people have been able to share their stories this year. We'll continue to celebrate on Santa Day (pg 27). I look forward to meeting you there and if we don't meet, have a great Christmas/New Year, stay safe and we'll be back in your letterbox in February. *Ngā mihi nui ki a koutou katoa*



The Timeless Beauty of Turkish Mosaic Lamps

Turkish mosaic lamps, evoking the magic of oriental tales, trace their origins back to 4th millennium BC. Crafted from coloured stones instead of paint, initially they adorned the homes of the wealthy. Over time, foreign techniques like Bohemian and Venetian glassblowing melded seamlessly with this tradition. These lamps have graced Middle Eastern and Mediterranean structures for centuries, notably in the Roman and Byzantine eras.

Today, Turkey stands as a beacon of mosaic lamp artistry. Each lamp is painstakingly assembled from small pieces of coloured glass, a testament to craftsmanship. Beyond their aesthetic

charm, mosaic lamps cast enchanting Eastern shades, perfect for homes and gardens. They also serve as soothing nightlights, ideal for relaxation. Turkish mosaic lamps are not just lighting fixtures creating a warm and romantic atmosphere, they're pieces of art. In the contemporary world, mosaic lamps are a trendsetter, adorning homes worldwide from Paris to New York, and now to Torbay.

If you'd like to infuse your home with some charm and an aura of relaxation, or you're looking for a unique Christmas gift, you can purchase genuine handcrafted Turkish lamps from Troy Café Bar & Restaurant 4/1056 Beach Road Torbay.















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6

A Very Warm Welcome to Mo and Kanya!



Torbay's newest business is Absolute Thai Massage, nestled between Torbay Takeaways and Simply Colour and Cuts.

Mo (*left*) first visited our shores in 2018 on a work visa. Providing for her family back home in Thailand was her first priority. Her vision of owning her own business one day finally came to fruition with her

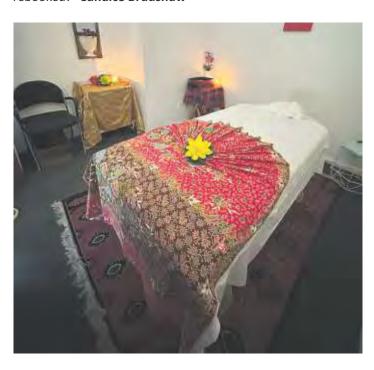
NZ residency being approved last year. Mo is so happy and grateful to be residing in Torbay and is looking forward to being able to look after the community in the days to come.

Mo and Kanya collectively have 29 years of experience in traditional Thai massage. They offer Hot Stone Massage and aromatherapy massage and have gift vouchers available for those 'hard to buy for' loved ones. For the remainder of 2023 there is an opening special discount of up to 10% off all Massages!

"As a busy mum with more work on I don't get much time for self-care or treats, and I like to support local. When I met Mo, I thought, 'Candice, you deserve it!' So, I booked into Absolute Thai Massage, and I had the absolute pleasure of experiencing my first Thai massage with Kanya. I felt very welcome from the moment I was greeted. Throughout the appointment I was asked if I was happy with the pressure

which I liked as in previous places I've found the pressure too much. Kanya found knots I didn't know I had and even managed a click or two in my back.

Absolute Thai Massage, absolute bliss. I've already rebooked!" Candice Bradshaw



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Hailing from Singapore and Malaysia, we've been fortunate to serve diverse clientele and communities which has enriched our skills and creativity throughout the whole 25 years of our journey in the hair industry. I've had the incredible opportunity to showcase my skills at prestigious events like Milan Fashion Week, where I worked backstage on hairdos for some of the world's leading fashion designers. Our journey has also been marked by numerous awards and accolades that recognize our dedication to the craft. My experience also led to me previously serving as the President of the Malaysian Hairdressing Association. Now we're bringing this wealth of knowledge and expertise to serve you.

We want to extend our warmest invitation to all of you. Whether you're looking for a fresh style, a creative transformation, or simply a place to relax and pamper yourself, The Cutting Room K Five Hair Design is here for you. Come visit us, share your stories, and let's create beautiful hair together! Your support means the world to us, and we can't wait to be a part of your hair journey.



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Wrap your Gifts in Fabric this Christmas

By Michelle Beard, Pumpkins in Trees

Hello Pumpkins!

Many people are now more conscious of the waste produced during the festive season. A quick and easy way to help reduce this waste is by switching from single-use wrapping paper, Sellotape, and bows to reusable, beautiful fabric and ribbon.

Moving over to a more sustainable way of wrapping our presents has been going on over the past 6 years in our house. Each year I have been reusing Christmas-themed boxes and fabric, reusing Christmas lolly tins, sourcing second-hand fabric and even reusing the Christmas name tags each year. It has reduced our outgoing Christmas waste and saved us money.

TIPS FOR WRAPPING GIFTS WITH FABRIC

- The best fabric is the one you already

own. An old sheet or duvet cover that is no longer used can make wrapping for larger items. Cut into a manageable size and avoid any worn patches or holes.

- Furoshiki wrap is a traditional Japanese cloth used to wrap and transport food, clothes or gifts. This style of wrapping gifts is mainly used to wrap square and rectangular items and it is fastened by tying the ends together.
- -You can also use fabric wrap to wrap round items too. Simply pull the fabric to the top and fasten it with reusable ribbon or twine.
- An old burlap sack can make a rusticlook fabric wrap underneath the Christmas tree, simply wrap it with a festive reusable ribbon.

Millions of tons of wrapping paper end up in landfills every year. Let's reduce this and start to think about using what we already have and avoid buying unnecessary wrapping waste.

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'A family-owned business and keen supporters of the Torbay community. James & Amanda would love to hear from you.'

In our August issue (see torbay.co.nz/magazine-archive) we wrote about the proposed widening of State Highway 1 from Albany through to Silverdale. Waka Kotahi NZ Transport Agency and Auckland Transport Boards have now approved what will be a significant future programme of work. They have lodged 13 separate Notices of Requirement with Auckland Council to change the Auckland Unitary Plan and alter existing designations to protect specific areas of land that will be needed.

The motorway from Oteha Valley to the Silverdale interchange is to be widened to three lanes northbound and southbound. Additional lanes, such as a bus lane or a managed lane might also be factored in. A cycleway and or shared path between Albany and Orewa is also planned. The Lonely Track Road and Bawden Road bridges will be replaced. There will also need to be improvements to some interchanges and one more added. A lot of vegetation is to be removed.

Properties with land that is now needed have received their letters. Any person or organisation can make a submission on the "Notice of Requirement – Alteration to designations 6751, 6760, 6759, 6761 – State Highway 1 Improvements –

Albany to Ōrewa (NoR 4)" by midnight on the 14 December 2023. For more information and to access the online submission form, see:

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9

December in the Garden



By Veronika McPherson

Gardening is all about giving things a go, learning from mistakes, and letting your garden be your teacher. By observing what works well one season and what failed, you will be able to make adjustments and get a better understanding of your own green space. If your tomatoes got affected

by pests, try spacing them out to prevent the spread to neighbouring plants the next season. If your onions got affected by rust, try growing them in a container filled with fresh soil and compost placed in a sunny spot.

December is a month of rapid growth so ensure you pay attention to watering, weeding, and feeding. Walk through your garden daily to spot bugs and check on moisture levels. Feed tomatoes once a week with liquid seaweed and remember to remove side shoots and stake tall varieties.

MULCH MULCH. Mulching your garden bed can be a game changer and will save you water over the hot summer months. Apply a layer of mulch around vegetable plants to conserve soil moisture. The mulch layer will decompose into your garden bed over time and contribute to the health of your soil by adding organic matter. Often you can use the resources available in your space. Compost, dried leaves, grass-clippings and old plant material work well. To save

yourself time and money, look around your garden to see what can be cut back and used as mulch.

WHAT TO PLANT? Plant seedlings of lettuce, tomato, sweetcorn, beetroot, pumpkin, beans, courgette, capsicum, chilli plants, eggplant, melon, cucumber and gherkin. Plant leafy greens and herbs such as rocket, coriander and basil.

YOUR REASONING FOR GARDENING. There are many reasons for starting a garden. Maybe you want to feed your family more nutritious and organic food. Maybe you want to save some money on the grocery bill. Maybe you want to make your life more beautiful by growing pretty flowers. Maybe you want to slow down the pace of life whilst connecting with nature. Whatever your reason I hope your garden will bring you much happiness and lots of delicious food.

Happy Gardening

Thank you Veronika for your gardening advice over the last two years. We wish you the best for your studies.







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Torbay Community's Spirit is in Very Good Heart

By Noreen McArthur (President), Torbay Community Association

We never know when the phone rings who it will be, especially if you do not have the caller as one of your contacts or recognise the number. This is when we start guessing: is it good news, bad news, a scam, a salesperson, a charity looking for donations? And so the guessing continues with us always hoping it is good news from a family member or a good friend.

I had one such call recently where I had no inkling as to who the caller was. When the person introduced herself I still wasn't sure, but when they advised whom they were calling on behalf of I caught on but still didn't know why she'd be calling me. Well, it was Jo Bowler, leader of the Torbay Tai Chi Group. Jo's group members had chosen to donate \$150 to the Torbay Community Association to assist with the ongoing costs of maintaining the AED (Defibrillator), donated to the Torbay Community some years ago by The Red Cross.

The AED is attached on the right-hand wall by the steps leading into the Torbay Community Hall and is available 24 hours, 7 days a week if needed. Pads and especially batteries are expensive to renew but important to ensure this wonderful equipment is maintained in working order. A donation towards this cost was wonderful news and we'd like to express our heartfelt thanks and appreciation to Jo and her Torbay Tai Chi Group for this very caring and community-minded gesture.



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In Our Element Founders Recognised

Congratulations to locals Alli and Adrian Munt whose charity, In Our Element, was nominated for the Global Finance Excellence in Leadership Award in The Purple Ink Business North Harbour 2023 Business Excellence Awards. The business association nomination recognises Alli and Adrian Munt's business, Newcoat International, for their role in establishing In Our Element, a charity that provides preemployment skills development and work experience for 16-24 year olds with mild intellectual disabilities including ASD, ADHD, acquired brain injury and other neurodiversity or barriers to employment.

Alli is the Director of In Our Element and Adrian is a cofounding Board member. Newcoat International provides the jumping off point for In Our Element trainees. Every Wednesday during school term time, the trainees go to the Rosedale-based business to learn a mix of warehouse skills, office skills, manufacturing, vehicle detailing, and essential workspace skills. Their development is supported by a team of onsite technical support and job coaches.

Throughout 2023, In Our Element has been running a pilot programme for 8 youths which is being evaluated by Dr Katrina Phillips from the University of Auckland. Already In Our Element has seen huge gains in trainee confidence, communication skills, their sense of responsibility and belonging. If you'd like to support this valuable programme

making a difference for vulnerable youth, In Our Element are looking for more local businesses to partner with. Sponsors and donations are also welcome.

For more information check out their Facebook page: In Our Element NZ or visit their website: www.inourelement.org.nz





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New Macrocarpa Garden Beds



By Nanette Randall

On Saturday 11th of November the day dawned fine, sunny and hot. A great beginning for a very successful day at the garden. Cyprus Sawmills had delivered our thick strong macrocarpa kitset timber garden beds. Community garden members as well as local volunteers gathered and worked like Trojans under the hot sun to assemble the raised garden beds. This will enable better drainage of our gardens and make them more user friendly. Hopefully we'll get better yields of produce too.

St Mary by the Sea Community gardeners would welcome

Friends to the garden. If you have a skill to share, we would welcome you. You do not need to have an allotment to join. We always need weed-eaters. We have started a wind break and an orchard – both of these need attention. We have some fun social events too. Phone Nanette 0211404548 or Dianne 0273137116 to get involved.

Our grateful thanks goes to Vicar Rev Dion Blundell and the Vestry for allowing us to use Church land and for their support and encouragement. Thanks also to the Tindall Foundation for their generous grant.







Join St Mary By The Sea Community Garden to learn more and start growing. Dianne (027 313 7116) or Nanette (021 140 4548) would be happy to hear from you. 168 Deep Creek Road, Torbay.



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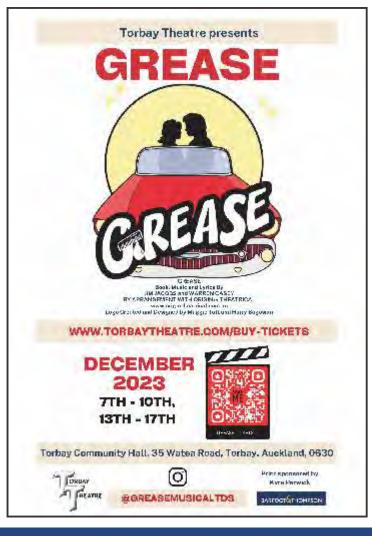
Club Nights at Torbay Theatre

November 11th's club night opened with a powerful bracket of songs from the anti-war musical, "Oh What a Lovely War!". A group of young men in the trenches and patriotic women back home reminded us of the poignancy of the date, the excellent singers doing full justice to the songs, reminding us that the "War to end all wars" still hasn't lived up to its tagline. The fine operatic voices then led the entire audience (some hundred people of all ages) in a simultaneous singing of "Pack up your troubles in your old kit bag" and "It's a Long Way to Tipperary," thus passing on a bit of living history to the many young people present.

A range of skits, songs and dances followed, with much laughter, as well as a tribute

Graham Mandeno and Lynette Wrigley-Brown perform a skit created by Lynette and Colin before his untimely death: "Perkins' Day Off."

to Colin Langford, recently deceased member of our club. Many of the young cast of Grease (on-stage this month) performed a range of items. Special mention must go to Maxwell and Josh for their amazing tap rendition of "Moondance", and the night ended with a teaser from the show looking polished and professional three weeks out from Opening Night.



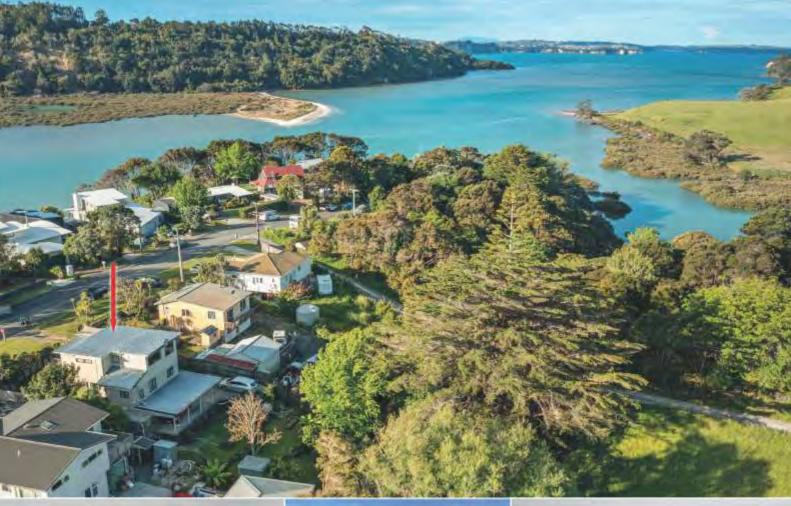




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Northcross – Gateway to Torbay

By Alan Fletcher

When asked for their first thoughts about Northcross, friends, colleagues and family said Northcross had "the best smorgasbord Chinese takeaway in the East Coast Bays", was "a traffic nightmare at 5pm", and one person said "as a child in the 60s, I used to walk up to the Dairy on my own." That dairy is now Northcross Price Cutter pictured below. Above it, she said there was a Doctor's. Others remembered attending club events at the Northcross Community Hall opposite ShoreCare on East Coast Road. Another person remembered that Northcross was "the end of the line of paved roads for North Auckland until the 1970s." Many had stories about sitting at the emergency doctors for hours (now ShoreCare).

The human history of Northcross dates back hundreds of years with both Carlisle Road and East Coast Road roughly following the ancient walking tracks of Māori, who lived in the area for at least the last 600 years. In more recent times, Northcross became a convenience stop for food, drinks, medical services and petrol among locals and people continuing north. The petrol station, originally a Shell full-service station (now 'Z Energy'), has been in continuous operation since the early 1960's.

Northcross Intermediate opened in 1970 and is now the

largest Intermediate school in New Zealand by roll count. Northcross is still a bustling service centre though larger with more shops, more takeaways, a café, After Hours chemist, a childcare centre, and The Pet Doctors. Though Northcross is its own suburb now, for many long-term locals, the Northcross shops are still part of Torbay.



Opening ceremony for Northcross Shell Service Station. Mayor and Mrs Stredwick with service station owner Nobby Clarke, and his son Allen.

| Photo: Auckland Libraries Heritage Collections Ef0495.



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Fishing for Christmas Gifts



By Nathan Pont

FISHING INNOVATORS SUBSCRIPTION BOX

This is one of my favourite Christmas gifts to receive and give. The box includes a range of the latest products from Glowbite. This has included softbaits, kingfish lure, slow pitch lure and micro jigs. I look forward to seeing what's in it because it pushes me to try a different

type of fishing. Also, if one lure isn't working on a given day, I always have backups of different types in my tacklebox. If I need help on how to use something new, Fishing Innovators have video tutorials on how to rig each lure that is in the box and how to fish them. There's also an informative Fishing Innovators Facebook group where I learn a lot from other subscribers. The boxes come out four times a year in time for Summer, Autumn, Winter and Spring and there are four subscription options (see ad below) with a monthly or an annual payment options.

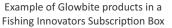
FISH SCALER – This present is different, but I included it because it expands the number of ways that fish can be cooked. The main additional methods are to BBQ or bake the descaled fish whole and smoking fish. Depending on your budget, you can go for one of the many manual fish scalers or an electronic scaler. Check out Google for the options or visit

your local tackle shop.

BATTERY POWERED AERATOR – This is one of the most critical items you can have in your tackle bag if your boat isn't installed with a live bait tank. Battery powered aerators can be taken anywhere you are fishing and then you don't have to rely on an expensive fully fitted system. This has helped me countless times when I've gone out on a live bait mission for Kingfish or John Dory just using a bucket from the boat to hold the livebaits. At around \$40 it's a great investment. See my October column for advice on targeting John Dory.

Tight lines until next time.







Example of a battery powered aerator





World renowned fishing lures designed and made right here for our unique conditions. From as little as \$14.99 per month your subscription box will be delivered to your door 4 times a year.

Participate in design of new lures, access Tips and Tricks video content, exclusive access to Giveaways, competitions and Fishing Innovators Facebook group.

Use our handy QR code, or go to www.fisihinginnovators.co.nz





Tides-Dec 2023

(Murrays Bay)

1 Ides				2		'	iviuii	ays Do	i y <i>j</i>		
		HIG	Н	LO	W	HIG	SH	LO	W	Н	IGH
Fri	01	-		04:33	0.4m	10:50	2.9m	17:03	0.6m	23:13	2.7m
Sat	02	-		05:14	0.5m		2.9m	17:49	0.7m	23:57	2.6m
Sun	03	-		05:57	0.6m	12:16	2.8m	18:35	0.7m	-	
Mon	04	00:40	2.6m	06:41	0.7m	13:02	2.7m	19:23	0.8m	-	
Tue	05	01:26	2.5m	07:29	0.8m	13:49	2.6m	20:12	0.8m	-	
Wed	06	02:14	2.4m	08:21	0.9m	14:38	2.5m	21:02	0.9m	-	
Thu	07	03:06	2.4m	09:18	0.9m	15:28	2.5m	21:53	0.9m	-	
Fri	80	04:03	2.4m	10:16	0.9m	16:18	2.5m	22:44	0.8m	-	
Sat	09	04:59	2.4m	11:10	0.9m	17:08	2.5m	23:34	0.8m	-	
Sun	10	05:53	2.5m	11:59	0.8m	17:57	2.6m	-		-	
Mon	11	-		00:23	0.7m	06:43	2.6m	12:47	0.8m	18:46	2.6m
Tue	12	-		01:10	0.6m	07:30	2.8m	13:33	0.7m	19:35	2.7m
Wed	13	-		01:57	0.5m	08:16	2.9m	14:19	0.6m	20:25	2.8m
Thu	14	-		02:43	0.4m	09:01	3.0m	15:07	0.5m	21:15	2.9m
Fri	15	-		03:29	0.3m	09:48	3.1m	15:56	0.4m	22:05	2.9m
Sat	16	-		04:16	0.2m	10:36	3.1m	16:47	0.4m	22:55	2.9m
Sun	17	-		05:04	0.3m	11:26	3.1m	17:39	0.4m	23:46	2.9m
Mon	18	-		05:54	0.3m	12:17	3.1m	18:33	0.4m	-	
Tue	19	00:38	2.9m	06:47	0.4m	13:11	3.0m	19:28	0.4m	-	
Wed	20	01:33	2.8m	07:44	0.5m	14:07	3.0m	20:24	0.5m	-	
Thu	21	02:31	2.8m	08:46	0.6m	15:04	2.9m	21:22	0.5m	-	
Fri	22	03:32	2.7m	09:50	0.7m	16:02	2.9m	22:20	0.5m	-	
Sat	23	04:36	2.7m	10:53	0.7m	16:59	2.8m	23:19	0.5m	-	
Sun	24	05:37	2.8m	11:52	0.7m	17:56	2.8m	-		-	
Mon	25	-		00:15	0.5m	06:35	2.8m	12:46	0.6m	18:52	2.8m
Tue	26	-		01:09	0.4m	07:28	2.9m	13:38	0.6m	19:45	2.8m
Wed	27	-		01:59	0.4m	08:17	2.9m	14:26	0.6m	20:36	2.8m
Thu	28	-		02:45	0.4m	09:02	2.9m	15:13	0.6m	21:23	2.8m
Fri	29	-		03:29	0.4m	09:46	2.9m	15:58	0.6m	22:08	2.8m
Sat	30	-		04:10	0.5m	10:27	2.9m	16:41	0.7m	22:50	2.7m
Sun	31	-		04:49	0.5m	11:07	2.9m	17:23	0.7m	23:30	2.7m

Source: MetOcean Solutions

Daylight Saving: Please note that tide times have been corrected for daylight saving time.

Keep Calm & Jingle All the Way

By Candice Bradshaw

For some of us Christmas and summer holiday time brings added stress. In the lead up to the annual festivities I think it's almost crucial to practice self-care to be able to better manage stress levels.

Tips for reducing stress this summer:

- Plan ahead to avoid last minute panic buying
- · Take advantage of late-night shopping
- · Upcycle items instead of buying all new gifts
- · Shop local to avoid busy malls
- Delegate tasks instead of doing everything yourself
- Organise to catch up with a friend for coffee at one of our beautiful local beaches
- Take on only what is within your capacity to do
- For a better night's sleep, put your phone/tablet away at least 1 hour before going to bed
- Engage with supportive people

Christmas Day can be a joyous time. It can also be a reminder of people we've lost. Sometimes we also spend time with



family we don't get along with. Unfortunately, sibling rivalry and resentments formed in childhood can last for decades. Avoid criticising anything, no matter how well meaning you think you're being. To avoid awkward silences, stick to topics of common interest to you both. Help keep festivities pleasant by avoiding highly polarised topics. Focus on the positive aspects of the gathering and express gratitude for the opportunity to spend time together. If you feel your anxiety building, go for a walk.

There are plenty of self-care ideas online but if things get a bit much then free call or text 1737 for some support. Trained counsellors are available 24/7.

As we draw a line under this year, I encourage you to remember what's truly important this Christmas, whatever that means for each one of you.

Meri Kirihimete me ngā mihi mō te tau hou! Merry Christmas & greetings for the New Year!

ALTOS
TEQUILA
ANAMARGARITA KUI
TITTOTA NUTALIANA

Special spirits, mountains of champagne and beautiful gift packs to make this summer a very special occasion. Happy holidays from your friendly Long Bay Liquorland team!













The first tour gives you "A Taste of Provence". Over 14 days of warmth, with lots of sunny days, Catherine and Patsy will introduce you to the culture, shopping, food, wine, and sights while visiting beautiful villages in the South of France, such as, Lourmarin, Ménerbes, L'Isle-sur-la-Sorgue, Roussillon, Gordes and Saint-Rémy-de-Provence.

The second and third tours take you "From Normandy to Brittany" around some of the most picturesque coastlines in the North-West of France. You'll get to visit villages like Honfleur, Saint-Malo, and Mont-Saint-Michel and experience staying in carefully chosen charming hotels. Sights will

include the medieval Bayeux Tapestry, Omaha Landing beaches and the Pink Granite Coast in Brittany. There'll also be time for shopping at regional craft, food and antique markets. To find out more, see their ad below.





"Patsy and Catherine gave us a unique and highly personal tour experience. They went way above and beyond what would be expected in a usual small tour and made the whole experience as a group of friends travelling together. Each day held new and interesting things to do and see, and what I will remember strongly is the fun-loving attitude from Catherine and Patsy and the laughter and good times we all shared." Lianne, June 2023.





Guided Tours to France

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22)

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BARFOOT & THOMPSON

Life on the Edge December 2023 Ngā Kōrero

Boaties Called Upon to Identify Caulerpa

Exotic Caulerpa poses a significant threat to Tīkapa Moana te Moananui ā toi/the Hauraki Gulf. While Aotearoa has native Caulerpa (C.articulata and C.brownii), NIWA scientists have confirmed there are two exotic species (C. brachypus and C. taxifolia) in various bays at Aotea/Great Barrier Island, Iris Shoal at Kawau, Onetangi Bay at Waiheke and Ahuahu/Great Mercury Islands.

These exotic species of seaweed can spread rapidly forming vast dense beds on the sea floor where they can smother species such as tipa/scallops, tuangi/cockles and kūtai/mussels along with other species which provide vital food and habitat for the ecosystem.

When it is broken into smaller fragments, water movement spreads it. It can also get stuck to boating equipment which contacts the seafloor such as anchors and fishing gear. Avoiding bottom contact in known infestation sites will not only reduce breaking the seaweed down into fragments but

also means they won't get stuck on gear. Cleaning vessel hulls and gear will also help prevent the spread. MPI are calling on boaties to do this as well as report suspected new sites to 0800 80 99 66 or online at report.mpi.govt.nz. Click on the QR code to watch a video on how to identify caulerpa.

Article by Yuin Khai Foong, Sir Peter Blake Marine Education and Recreation Center, Long Bay. Merc.org.nz





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Dr. Peter Rucastle

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Growing Up in the ECB

By Lina

I love living in the East Coast Bays! Beaches, barbeques, and friendly neighbours! One of my favourite things about living in Torbay is that even though we live in the big city of Auckland, I feel like we live in a small village where everyone knows each other. Whether it's going to the bakery after school, visiting Joga in the diary for my favourite ice cream, maybe even a cheeky watermelon or going to the fish and chip shop, I always feel like everyone is friendly and familiar. I always wonder who I am going to bump into.

With summer coming up, I am looking forward to swimming off the raft in Waiake, visiting the flying fox in Long Bay, and riding my bike around the old Torbay area. Hopefully I also get the chance to go to the MERC holiday programme again, it was so much fun last year, and I finally learnt how to surf! Last Christmas we took my Nana, who came up from Christchurch, to see the glow-worms in Awaruku Bush. She was so surprised we had these little critters hiding away in Torbay.

I catch the bus to and from school every day and I always feel safe, even though the bus isn't always on time. I feel so lucky to be a kid in Torbay, especially as I know a lot of kids don't get to experience the typical Kiwi lifestyle that their parents and grandparents grew up with.







YOUR LOCAL TORBAY AGENT 32 YEARS LOCAL REAL ESTATE EXPERIENCE

I have buyers who have missed out buying two other Torbay homes. If you are thinking of selling or just want to know what your home might be worth in this current market please give me a call.

We can list and sell your home, my last listing selling time in Torbay was 8 days.



BUYERS WAITING CALL ME TO SELL YOUR HOME

Open Home: Your Home Soon

306D Glenvar Road, Torbay ONE LEVEL BRICK & TILE 4 bedrooms, master en-suite Recent renovations done to a very high standard Swimming pool and privacy Buyer enquiry over \$1,500,000 Open homes Sat/Sun 1.00-2.00

Call for Your Private Appointment

9		1	5	6		7	2	
5			7			1	4	6
7					2		5	
9	2			7	1	6		
			5			2		1
	4	6	9			5	8	
		8						
	1	3	4			7		5
6	7	9	2	3		4		8

ACROSS

- 1 *Birds of a Feather Summer vibes & ___ delights
- Holds your pants up
- Cutting Room & Black & Gold deal in
- A word that names something
- 10 * Traditional Japanese cloth used to wrap food, clothes & gifts
- 12 After Covid everyone is scared of the ___
- 16 * __ Sawmill delivered timber to St Mary by The Sea
- 17 * White __ Interiors
- 18 Name given to an icon used to represent a player
- 19 * In Our ___ was started by Newcoat International
- 20 From here to there without stopping
- 23 * __ your garden can be a game changer
- 24 A feeling of listlessness or dissatisfaction
- 27 One less than 12
- 28 A substance, as yeast or baking powder, that causes fermentation and expansion of dough or batter
- 29 * Community ____ outside Torbay Community Hall

DOWN

- Colloquial term for Americans
- * Hair isn't just about looks, its about ___
- From a small __ a mighty Oak grows
- To gear up
- * Absolute __ Massage
- 7 *Turkish __ Lamps
- 11 * One of Nathan's fav gifts, Fishing Innovators __ Box
- 13 * You can get this in France A taste of ___
- 14 Something of value is an ___
- 15 Local Rock __ Road
- 21 __ vera
- 22 * Euro Patisserie won two ___ awards
- 23 What you get when things are damp and humid
- 25 At no time
- 26 Common bloodsucking parasite

Answers to clues marked * can be found in this months magazine.

Answers on page 34.

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on your financial wellbeing and set goals for 2024:

- income, outgoings).
- stop unnecessary spending and create good habits.
- increase the chances of reaching them.

financial planning and investments over the last 25 years. Because we're not affiliated with any large bank or financial institution, we can focus entirely on you, your needs and your financial goals.

Rachelle Bland





Saturday 9th December Ilam - Ipm Torbay Village Plaza

Join us to celebrate Christmas

- ★ Free Photos with Santa
- ★ Kids Lucky Dip, Fruit & Candy Canes
- **★** Spot Prizes for Best Costume
- **★ Plunket Fundraising Sausage Sizzle**
- **★** The Sageman Magician
- ★ Music with Guy McRae(Kiwi singer/songwriter)
- ★ Face painting
- **★** Beaufort & Co. Doughnuts
- **★** Memorial Tree
- ★ Craft & Gift Stalls and more...













'Connecting our community through creativity'

Merry Christmas

As we get nearer and nearer to Christmas it seems that there are never enough days in the week to do everything on our To Do List. The same can be said for Raft. Over the past month it feels like we have been going flat tack. Not just running our normal scheduled classes but also being very much involved with the local community.

We really enjoyed being part of the *Active Ageing Expo Run* by Heart of the Bays at the Leisure Centre. It was an amazing day with a variety of stalls offering information about activities of interest to our senior community. Our stand attracted a huge number of visitors and we have already had visits from several people interested in what Raft has to offer. If you spoke to us on the day, do please pop into the studio to see us in action. We'd love to show you around.

The Light Up The Plaza event in Browns Bay was another opportunity for Raft to display some of our art and craft work at the Mama Market and join in the start of the Christmas festivities. We had our Christmas Raffle prizes on display and tickets are still available from the studio.

By the time you are reading this some of us will be displaying the beautiful Christmas wreaths we have made under the expert guidance of Melanie Stapleton. Melanie ran a wreath making workshop for us a year ago and it was so popular that this year we had to run two classes. Unlike some workshops which use ready-made bases and lots of plastic decoration,

MERRY CHRISTMAS

December 2023
Happy New Year
2024

Melanie uses all natural branches, leaves and embellishments to produce stunning decorations.

The next exciting workshop on Saturday 16th December from 10am to 4pm will be run by Tony McNeight. Tony is a well-known graphic designer, travel sketch tutor, and an exhibiting NZ artist. This workshop is sold out but if you'd like to be on our reserve list please contact us.

It is always good to welcome other artists to Raft to use our space and we would be delighted to hear from any local artists who might like to run classes at Raft and share their skills and expertise. Our studio is easily accessible, has good facilities and parking. Our regular classes run Monday to Friday from 9.30 to 4pm and we have evening sessions on Monday and Tuesday. So, there is still scope to run other workshops or classes in the evening and weekends.

We close for the Christmas holidays on Friday 15th December and will be open again at the beginning of February 2024. All of us at Raft wish you and yours a very happy Christmas and best wishes for a healthy and peaceful new year. How about making your first New Year's Resolution to come and join us and do something creative! We know you will love it if you give it a try.







Torbay School Knitting Club

By Susan Ye

At Torbay School, we have many special events and activities that our students can take part in. Many give them the opportunity to experience activities that they might not have done before. One of these experiences is knitting. Every Tuesday lunchtime and Thursday after school, some of the senior students get to learn how to knit and crochet. The challenges that they tackle can be simple or complex, depending on their skills.

This programme goes back many years. It was first run by Lyn and Vanessa Mitschak. This year, they have started the programme up again. The students have made friendships within the group as well as learnt to knit a range of accessories for themselves and for toys. They are very proud of their achievements, especially when they showcase the products that they have made.

This activity has proven to be a wonderful platform for fostering creativity and promoting mindfulness among our students. Engaging in knitting and crocheting activities has been shown to have therapeutic benefits, helping students to relax, reduce stress, and improve their overall wellbeing.

The knitting club at Torbay School stands as a shining example of how extra-curricular activities can enrich the educational experience. It provides students with a creative outlet, fosters friendships, and imparts valuable life skills. We extend our deepest gratitude to Lyn and Vanessa Mitschak for their unwavering dedication to this programme, making it fun and memorable for our students. We look forward to seeing the continued growth and success of the knitting club.











Torbay School would like to thank our tamariki and their whānau for the wonderful work and support throughout this year. We wish you all a very Merry Christmas and a safe holiday. We look forward to another year of learning and growth



The Class of 2023

Embrace the future for your potential knows no bounds. Congratulations, graduates!



To our 2023 graduates, the time has come for you to spread your wings and soar into new adventures! As you embark on this exciting journey beyond the classroom, we invite you to take a moment to celebrate your achievements and to embrace the bright future that lies ahead.

Your hard work, dedication, and resilience have brought you to this significant milestone, and we couldn't be prouder. Remember the knowledge and values you've

gained during your time at Long Bay College. Embrace challenges, cherish victories, and continue to learn and grow. You, as a fantastic group of young people, have been a credit not only to yourselves but also to your whānau.

Here's to a year filled with achievements, discoveries, and joy! Congratulations to the Class of 2023!



Classifieds

ACCOMMODATION

Accommodation—North Shore. Fully furnished self-contained. Apartments, houses. Ph 021 935 854.

BUILDING & TRADES

Builder—Decks, Bathrooms, Alterations. Free quotes. Ph Barry 027 280 1038.

Builder—Renovations to bathrooms, buildings, new decks, fences, paths and driveways. Ph Cliff 473 6317 or 027 618 5917.

Building and Landscape Maintenance-

General building maintenance, small renovations, handyman work, landscaping, fences, pergolas and more. References available. Ph Dale on 0274397519.

Coast Roofing Ltd—Long run roofing, new roofing, re-roofing and repairs. Local Torbay resident 35 years experience. Free quotes. Ph Matt 027 274 6159.

Electrician—24 hour service, All work considered, no job too small. All work guaranteed with Electrical Certification. Ph Graham 021 067 6294.

Fence Brothers—For all your fencing needs. Fences, decks, gates, automation, steel or timber. Free quotes. Ph 0800 336 232.

Gera Glass—Certified tradesman glazier. showers, mirrors, splashbacks, balustrades, pool fences, broken windows, safety glass, pet doors and more... No job too big or small! Free quotes. Ph Dylan 022 656 9417 or geraglass@xtra.co.nz.

Gutter Cleaning—Your spouting cleared hassle free by a friendly husband & wife team based in Torbay. Before & after photos, free quotes, www.guttergeeks.co.nz for details. Ph Gregg 027 333 5444.

Licensed Builder—www.jhconstruction.co.nz. Is your bathroom in need of a make-over? Bathroom and house renovations. Ph Jamie 021606413 or jamie@jhconstruction.co.nz.

Painter—30+ years experience—Interior and exterior painting, also staining and specialty finishes. Ph Keith 0274 599 909

Painter—No job too big or small. 30 yrs experience. Heaps local references. Ph Clive 0274 812 231.

Painter and Decorator—After 36 years in the trade and 25 of those spent in Torbay I am scaling down my work load and able to do smaller jobs at a very fair rate. Free quotes. Ph Darren 0272706728.

Painter & Decorator—Retired with 50 years' experience. Looking for small jobs in the area. Ph Lionel 027 419 6027.

Plasterer—Interior/exterior, local, 25+yrs experience. Ph Richard 022 199 8673.

Plastering/Painting—Male and female team 20 years experience, no job too small immediate start. Ph Brad 0272 5111 65 or 443 5064.

Plumber—All work. Coastal Plumbing and Drainage. Ph 473 7787 or 027 263 3217.

Property Maintenance—Interior/exterior repairs, painting, plastering etc, just ask Ian on 021 184 2426

Tiler—25 years experience. Certified waterproofing. Free quote. Ph Brent 021 949462.

SERVICES

Butterflyer Personalised Transport www.butterflyertransport.co.nz. Ph Lisa 021 118 2715.

Tax Returns and Advice—Ph Marc 473 8860. Vision Accounting Solutions Ltd—Vision Accounting is a Chartered Accountancy firm which prides itself on making the time to offer our clients a friendly listening ear, whilst providing best practice, professional accounting and taxation results. Ph Virginia 473 0507

HOME & GARDEN

Active Tree Care Ltd—All tree work undertaken qualified arborists. Free quotes. Ph 473 6723 or 027 555 6403.

Carpet and Upholstery Cleaning—Stain removal, free deodorising. Fly and insect control. Ph Michael 473 1422 or 0275 739 112.

Garden Bags and Bins—Prompt and professional service. Competitively priced. Ph John 0508 262 626 or 021 745 992. jdpropertyservices.co.nz

Handyman—Born and bred in Torbay, Martin is a qualified cabinetmaker and experienced professional. Allsorts Property Services is available for property maintenance, odd jobs, decks, fences and garden services. Ph Martin Bassett 027 452 6515.

Landscaping—Format Landscapes, local, over 20 years experience, Diploma in Landscape Design. We undertake all aspects of hard and soft landscaping including decks, paving, fences, retaining walls, planting etc. Small to large projects. Free quotes. Ph Matt 021599 107. www.formatlandscapes.co.nz.

Landscaping—From concept to completion. For practical and creative solutions. Small areas and makeovers a specialty. Ph Peter 0274 394 574.

www.landscapedesignauckland.co.nz
Lawnmowing and Hedges—Ph Jim's Mowing
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trimming, rubbish, spray, clean-ups.
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473 6317 or 027 618 5917 for all your garden
and general rubbish removal needs.

Shaun's Home and Garden Maintenance— Honest & Reliable. Lawns, Sales & Rental tidy ups, Hedges, House washing & much more. 021 1548 886 shaunshgm@gmail.com Squeaky Cleaners—Eco friendly products, Insured, References, Non Franchised, Reasonable Rates. Specialising in Residential / Office cleaning to showhome standard. Call or text Joy now to discuss your options. Ph 021 487 463. squeakycleaner.co.nz

SIGNS

Sign Addiction—Shops - Vehicles - Boats - Site Signs and more. Ph 0274 991 744 or 473 6364 or sign.addiction@xtra.co.nz

FOR HIRE

Awatuna Scout Hall—Waiake Beach. Available for birthday parties, exercise classes. Kitchen facility. Ph: Amanda 021 076 7422, awatuna@gmail.com.

Senior Citizens Hall, Torbay—Email torbaycommunityassociation@gmail.com
Torbay Community Hall—Email torbaycommunityassociation@gmail.com

TUITION

Ballet—Pre-school, grades, advanced and adult classes. Royal Academy of Dance syllabus. www.diannewallaceballet.co.nz. Dianne Wallace RAD Dip Tchg. Ph 027 603 0481

EVENTS

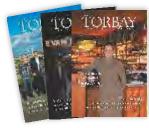
Torbay Village Santa Day—Saturday 9 December. Email us if you'd like to contribute to the Torbay Santa Day with a stall, to sing or play music or run an activity for kids. Limited number of gazebos/tables available: theteam@torbay.co.nz.

SUPPORT LOCAL

Advertise with us—you'll be supporting local businesses and community groups.

Our advertising rates are the cheapest and we deliver further. The Classifieds is the **Bible for Trades** in our area.

Classifieds (per 7 words): \$5 Third page: \$225 Small: \$60 Half page: \$245 Medium: \$120 Full page: (non-prime spot) \$475 Quarter page: \$195 Prices exclude GST. Free design (T&C's apply)



What's On Where

AL-ANON FAMILY GROUPS—Support group for family and friends of alcoholics. See: www.al.anon.org.nz or ph: 0508 425 266

ALCOHOLICS ANONYMOUS—0800 229 6757. www.aa.org.nz. Join our friendly **Tuesday** night meeting at 7.30pm St Marys by the Sea Anglican Church if you wish to stop drinking.

AGE CONCERN NORTH SHORE—489 4975

AGE PLUS CHARITABLE TRUST-09 550 3387

ASSOCIATION OF BOOK CRAFTS—027 440 4458

BACKGAMMON CLUB—Backgammon is a very old popular game. Easy to learn, harder to win. Depends on the roll of the dice and your strategy. Join our friendly mixed group on **Wednesday** 12.30-4pm for some fun at Heart of Bays, Inverness room, 2 Glen Road, Browns Bay. Cost \$2. Ph: Linda 021 216 3050 or 476 8311 or just come along.

BAYS CITY JUDO—473 7855

BRAEMAR SCOTTISH COUNTRY DANCE CLUB—Relaxed, friendly group who dance **Tuesday** 7.30pm at St Anne's Hall cnr Glencoe and Beach Rd, Browns Bay. Ph: Yvonne 410 9126

BROWNS BAY LADIES CLUB—Retired and still young at heart? Why not join the Browns Bay Ladies Club. We meet 4th **Friday** of every month. We have a guest speaker and also offer many interesting groups and bus trips. Ph: Christine 475 5426 or Jan 478 9231.

BROWNS BAY RACQUETS CLUB—Would love to have more players 55yrs plus. We play mixed doubles. **Friday** 9am. We have lots of fun and fees are low, in fact nil at first. Ph: Angela Verry 021 121 158 or 479 5094

CITIZENS ADVICE BUREAU—479 2222

DIGITAL SENIORS—FREE COACHING—Need help with your digital device? Bring your phone, tablet or laptop to East Coast Bays Library. Tuesdays 10am-2pm. Ph: 0800 373 646

THE CREATIVE KEYBOARD CLUB—Who have Members in Torbay. We meet at The Community Hall, (behind St Cuthberts Church) 45 Anzac Road, Browns Bay 2.00pm every 2nd **Sunday** of the month and enjoy music from members and guest artists. Includes afternoon tea. Small admission fee. Ph: Marlene 478 3166.

DEEP CREEK RESTORATION SOCIETY—021 366 236

EAST COAST BADMINTON—Active Badminton Centre, 44/46 Apollo Drive. **Tuesday** 5pm-10pm. Ph: Don 473 0703 or 027 497 6242

EAST COAST BAYS BRIDGE CLUB—Learn to play bridge. All ages welcome. Contact: lessons@ecbbridgeclub.co.nz or Helene 027 296 3365

EAST COAST BAYS LIONS—022 047 3266

EAST COAST BAYS RSA-478 8033

EAST COAST FOLK CLUB—8pm first Friday of every month at the Torbay Senior Citizens Hall (behind Torbay shops 37 Watea Rd). \$10 Admission. Casual performers first half with featured guest in the second half. Ph 09 426 3588 r.uhe@xtra.co.nz

EAST COAST BAYS TOASTMASTERS-027 422 3685

ECB WIDOW & WIDOWERS ASSOCIATION -478 8805

FRIENDS OF OKURA BUSH—021 177 5755

FRIENDS OF SHERWOOD-476 7279

HAURAKI FLORAL ART CLUB—Join a fun and friendly group creating artistic designs with flowers and foliage. Free lessons. We meet the second **Wednesday** of every month from 9am. Ph: Jennifer 09 479 5691 or Jo 027 673 8836

LONG BAY OKURA GREAT PARKS SOCIETY - 021 424 617

LONG BAY RESIDENT'S ASSOCIATION—Longbayra@gmail.com

LONG BAY VILLAGE MARKET—4th Sunday of every month 9am-2pm, Michelle 021 119 8796, Leanne 027 432 3317 (txt is best); longbayvillagemarket@gmail.com

NEIGHBOURHOOD SUPPORT-09 353 0427

NORTH SHORE BRASS ACADEMY - 021 281 0405

NORTH SHORE CMA—Companionship and morning activities for seniors. Ph: 489 8954

NORTH SHORE KICKBOXING-021 228 2808

NORTH SHORE WRITERS GROUP—Invitation to all adults who have written, are writing or want to write! Contact Tim 021 224 4533 www.northshorewriters.co.nz

PLUNKET—838 0981

RAFT STUDIO—CLASSES:

Mondays

10am-3pm *Sewing*. Beginners classes available by appointment; 7pm-9pm *Have a Yarn* (alternate **Mondays**)

Tuesdays

9.30am-12.30pm *Papercraft* 7pm-9pm Open Studio

Wednesdays

10am-1pm *Abstract Acrylics* 1.30pm-3.30pm Open Studio

Thursdays

9.30am-12.30pm *Mixed Media* 1.30pm-4.30pm *Casual Art Group*

Fridays

10am-12pm *Art for Wellbeing* 3.30pm-5.30pm *Youth@Raft*

RAFT STUDIO - WORKSHOPS:

1st and 2nd December: 7pm-9pm Christmas Wreath Workshop **16th December**: 10am-4pm Tony McNeight's Sketching and

Colour Workshop

January: (date to be confirmed) Jewellery Making Workshop

For more details see RAFT page 28 or phone: 021 145 2865

RESTORE HIBISCUS AND BAYS—Monthly planting days at local reserves. For info ph: 027 290 4826

ROTARY BROWNS BAY—Torbay meets every 1st and 3rd **Tuesday** of the month for a 7am breakfast at the Bays Club in Browns Bay. If you are interested in doing different things in your community, come for a visit. Ph: Paul Mees 021 0257 0993. www.brownsbayrotary.co.nz

RUMMIKUB GROUP—Join our friendly group on **Wednesday** mornings 10am-12 noon in the Council Building in Glen Road, Browns Bay. Ph: Annette 021 061 2199 or just come along.

SALVATION ARMY OP SHOP-473 2150

ST MARY'S COMMUNITY GARDEN, TORBAY— Allotments available to grow your own veges, herbs, flowers. Join a fun sharing group. Ph: Nanette 021 140 4548 or Dianne 027 313 7116.

TORBAY FRIENDSHIP CLUB—A lively and thriving club for retirees. The club meets monthly (except January) on the second Thursday, 10.00am at Torbay Village Hall. Activities include great speakers, excursions, coffee mornings and games groups. Annual membership \$25.00, plus joining fee. Call Noreen 027 271 3524. Visit fnzi.nz for info on Friendship Clubs in general.

TORBAY GARDEN CLUB-478 1601

TORBAY HISTORICAL SOCIETY—473 6482

TORBAY INDOOR BOWLING CLUB—Looking for a new activity? Come join this friendly club on **Monday** 6.45pm at Torbay Community Hall. Entrance off Watea Road by the Tennis Courts. All ages welcome. Ph: Janet 473 1621

TORBAY INTERNATIONAL COFFEE GROUP-473 3259

TORBAY SAILING CLUB—948 Beach Rd, Waiake. For information about hiring hall email: hire@torbaysailingclub.org.nz.

TORBAY SENIOR CITIZENS— Email:

torbaycommunityassociation@gmail.com

TORBAY STEP BEYOND STUDIOS-022 596 8440

TORBAY TENNIS CLUB—Behind the Community Hall offers tennis for all ages. All inclusive membership fees. Junior fee includes coaching. Club coach Jason Hart offers exciting programmes. For more info or to register see our website for open day dates: www.torbaytennis.org.nz

TORBAY THEATRE—Backstage Club: To volunteer for anything backstage or lighting, Wednesdays 10.15am-12, pop in, contact Daphne 473 7494 or see our website (page 15).

TORBAY VILLAGE SANTA DAY—Saturday 9th December, 11am-1pm

TORBAY WALKERS—A group of friendly women meet every **Wednesday** afternoon at 4pm and walk for 1 hour. Please come along and join us at the bus stop in Torbay Village. Ph: Irene 473 1159 or Diane 473 1761.

U3A BROWNS BAY—A group of likeminded people in their 3rd age (retired or semi-retired) who wish to keep their mind active through learning and gaining new skill, meet the first **Tuesday** of the month at Presbyterian Hall, 45 Anzac Rd, Browns Bay. We have amazing speakers and over 30 special interest groups. Annual fee \$30. Ph: Myfanwy van Hoffen 4755741, email: myfanwy@xtra.co.nz or see www.U3ABB.nz

UCAN2 DANCE STUDIO—Ballroom and Latin, and Street Latin dancing free 1hr intro class. Beginners 7.30pm; Improvers 8.30pm. No partner required. Date: Tuesday 31 January. One person wins an 8 week course. 23 Tarndale Grove, Albany. For more info see www.ucan2dance.co.nz or phone Marie on 415 5997





17th December - 7pm Worship Service for the Weary

If you have had a difficult year, are weary from loss and grief, or want a break from a commercial Christmas, join us for a quiet, contemplative service

18th-23rd December - A Weary World Reflects

Take a moment out of the busy season for some reflection. A self-guided series of worship stations inspired by our theme "A weary world rejoices". Open from 10am - 7pm daily.

24th December - 5pm All Age Christingle Service

Join us for pizza and a short service where we will read the Christmas story and make a Christingle. Suitable for all ages. RSVP to dion@stmary.co.nz for catering.

24th December - 9pm Candlelight Service

Carols by Candlelight and Communion. Carols from 9pm with, the service beginning at 9:30pm.

25h December - 9am Intergenerational Communion A service for all ages that includes communion.



SCHOOLS

City Impact School	477 0302
City Impact Arts Academy	477 0300
East Coast Bays Community Crèche	479 1241
Glamorgan Free Kindy	473 5099
Glamorgan Primary School	473 6453
Long Bay College	477 9009
Long Bay Primary School	473 6077
Northcross Intermediate School	477 0167
Titoki Montessori School	473 0362
Torbay Kindergarten	473 9340
Torbay Play Centre	880 5413
Torbay School	473 8603
CHURCHES	
Browns Bay Presbyterian Church	479 2441
City Impact Church	477 0300
East Coast Bays Catholic Parish	478 4565
Graceway Baptist Church	473 8562
Long Bay Baptist Church	473 2498
Long Bay Baptist Mainly Music	947 3378
Shore Presbyterian Church 022 2	241 23460
St. Mary's By The Sea Anglican Church	473 8180
Trinity Methodist Church	478 5107



Torbay Business Association Members

BREAKFAST, LUNCH & DINNER

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Birds of a Feather 鹊羽, Long Bay 220 2116
Chand Indian, Torbay 473 6259
Euro Patisserie, Torbay 473 7535
Hells Pizza Northcross 478 6661
Hot Roast Shop, Torbay 473 2134
Parallel 23 Bar & Eatery, Torbay 214 7931
Piatti Italiani, Waiake 478 6936
Scout Café, Torbay473 9070
Sushi Torbay 473 6361
Torbay Bakery and Café 473 6467
Torbay Takeaways473 9229
Troy Restaurant, Torbay 473 1002
GROCERIES
BK's Four Square, Torbay 473 6197
Torbay Village Butchery 473 2014
Liquor Centre Torbay 473 9619
Liquorland Long Bay473 0065
Torbay Dairy473 9721
• •

Torbay Fruit Shop...... 473 9429

HAIR & BEAUTY

TIAIR & DEAOTT
Absolute Thai Massage, Torbay 473 5080
Black & Gold Barbershop 391 4089
Bloom Beauty and Wellness, Long Bay
Foxxy & Co., Torbay 473 2277
Jasmine's Thai Massage 022 247 4753
K Five Design (The Cutting Room), Torbay
473 5241
La Bella Vita Beauty, Torbay 473 0856
Simply Colours & Cuts, Torbay 473 8111
The Cutting Room, Torbay 473 5241
HEALTH SERVICES
Community Laboratory, Torbay 473 1908
Torbay Chinese Acupuncture Centre
473 2278
Torbay Medical Centre 477 9000
Torbay Pharmacy 473 9629 or 473 0730
Torbay Physiotherapy & Hand Clinic
Torbay Skin Clinic 477 1111

HOME & GARDEN SERVICES

Cedar Master Ltd	. 022 690 6650
JMC Build	021 234 383
Premium Garden Solutions	473 3878
or 021 723 751	

REAL ESTATE AGENTS

Barfoot & Thompson Torbay 473 9	9190
Matt & Maggie - Harcourts 027 777 0	0737
Wendy Treadwell - Harcourts021 042	7370

OTHER SERVICES

Acquir	e Financial	.022	107	0106
Dogs B	ody Grooming Parlour		473	1500
RAFT S	itudio	021	145	2865
COREIS	SS Research Centre, Tor	bay	972	2757

OTHER SHOPS

LongDayz—Surf, Skate & Stree	twe	ar,	
Long Bay	027	521	4894

Introducing Anna Ju



We're pleased to announce that Anna Ju has joined the Torbay Business Association to assist with marketing for the Torbay Magazine and promoting the Torbay Business Association.

Anna has been a part of our community for 14 years since she moved to the Torbay office of Barfoot & Thompson in 2009. Anna worked as a real estate agent at Barfoot &

Thompson and Ray White for more than 15 years. She also has a Post Graduate Diploma in Marketing and is fluent in English and Mandarin.

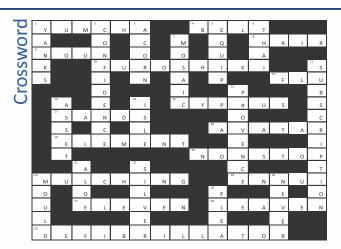
In her spare time, Anna volunteers at the St Mary By the Sea Community Shop. She enjoys what the Bays have to offer, from its natural spots to its local businesses, and she wants to contribute to making the area a better place for everyone.

Away from work, Anna likes travelling, local walks and gardening. We are thankful to Anna for joining us. With her help we are looking forward to better serving our increasingly diverse community.



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